



## What is MEDICAL Hyperbaric Oxygen Therapy (HBOT)?

Jay West, HT

HBOT is a medical treatment that enhances the body's natural healing process by inhalation of 100% oxygen in a total body chamber, where the atmospheric pressure is increased and controlled. It is used for a wide variety of treatments as part of an overall medical care plan. There are currently 14 FDA approved indications that are covered by insurance. There are many "off-label" conditions that HBOT can and has been used for. These "off-label" conditions are not covered by most insurance.

Hyperbaric oxygen therapy is making a comeback. Just within the past year iconic people have given great testimonials after receiving treatment.

Joe Namath

"My thinking is much clearer," he explains. "Finding the right words has become easier and I remember events with more clarity. One of the really great results is that my sleep has improved; I sleep more soundly and have vivid dreams." With the therapy now completed, Joe maintains that the lasting benefits are both mental and physical. "I now have more energy and strength. I feel great!"

Chuck Norris

"Hyperbaric oxygen therapy is a form of therapy that I am intimately familiar with. It was instrumental in treating my wife, Gena, during her recovery from gadolinium poisoning"

There are 3 types of Monoplace Hyperbaric chambers

1. Mild Hyperbaric Therapy (MHT)
  - Breathing 21% O<sub>2</sub> (normal breathing air)
  - No approved indications
  - No insurance coverage
  - 1.3 Atmospheric pressure (ATA)
  - "Off-label" conditions treated (Primarily Cash)

2. Mild Hyperbaric Oxygen Therapy (mHBOT)
  - Breathing 90%+ O<sub>2</sub> using a mask
  - 1 FDA approved indication (acute mountain sickness.)
  - Primarily Cash
  - 1.3 Atmospheres of pressure (ATA)
  - "Off-label" conditions can be treated
  - Neurological issues (TBI, CTE, Lyme etc.)

3. Medical Hyperbaric Oxygen Therapy (HBOT)
  - Breathing near 100%o2 using a mask
  - 14 FDA approved indications
  - Insurance coverage
  - 1.5 - 3.0 Atmospheres of pressure (ATA)
  - Used in hospitals & Clinics
  - "Off-label Conditions treated (Primarily Cash)

Are you getting the right treatment?

So, to ensure that you are getting true hyperbaric oxygen therapy(HBOT) you would have to of seen a doctor.

Why?

In the state of Virginia once oxygen is being administered over 22% it turns into a medication that must be prescribed by a doctor. If you have had Hyperbaric oxygen therapy and/or seeking it out and there's no doctor giving you a prescription for oxygen, then you are probably not getting real hyperbaric oxygen therapy.