

From Chaos to Cooperation

FREE Online Webinar



Thursday 24th September, 8pm-9pm

A FREE webinar for parents who are overwhelmed and exhausted, wondering why something as simple as getting out the door, bath time, or sitting down to dinner turns into a battle every single day.



Hi, I'm Angela - Paediatric Occupational Therapist and Mum

I help families understand their sensory world, so home life feels calmer and more connected..

In this free webinar, you will understand:

- Why transitions are so hard for young children, and what's really going on for them
- How your own state shapes your child's transitions, and what co-regulation looks like in practice
- Simple ways to support your child through transitions, without the resistance
- How to repair after a transition falls apart, so it doesn't set the tone for the rest of the day

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