



**Be Well**  
Nourishment  
*Family Nutrition*

# The Unfussy Eater Program:

## How to Raise Confident & Adventurous Eaters!

- Do you dread mealtimes with your picky eater?
- Are you stuck not knowing WHAT to feed your child, but also HOW to feed them?
- End mealtime stress and become confident about helping your child become an Unfussy Eater!

Join my 6-week Online Program that will bring peace to the dinner table and provide you with the tools, strategies and knowledge to feel confident in feeding your child.



### What's Included:



FOOD GUIDES & MEAL PLANS



TARGETED WEEKLY TOPICS



FAMILY-FRIENDLY RECIPE BOOK



MONTHLY COACHING CALLS



BITE-SIZED TOOLS



PRIVATE COMMUNITY SUPPORT

**Plus you get a range of bonus modules & materials valued at over \$500!**

**Register Now: [www.bewellnourishment.com](http://www.bewellnourishment.com)**