

Essential Eligibility Criteria for Adaptive Climbing through MWVAS

- The climber has a permanent, disabling condition.
- The climber can wear all required safety gear such as an approved harness, approved helmet, mountaineering boots, crampons ice axe (tool), etc., as well as any adaptive equipment deemed necessary by the climbing guides or MWVAS

• The climber can effectively inform staff and volunteers when they are injured or in need assistance; or, the climber must bring a caregiver who is able to communicate with the climber and inform staff and volunteers on their behalf

• The climber does not have uncontrolled disruptive behaviors which can interfere with the safety of themselves or other climbers

• The climber will be able to follow directions independently, or with the assistance of an on-site caregiver.

• The climber can drive themselves to and from the climbing location, or arrange their personal transportation

• The climber is able to perform necessary self-care, including maintaining adequate nutrition and hydration, dressing appropriately for environmental conditions, maintaining personal hygiene, and managing known medical conditions; or, the climber must bring a caregiver who is able to assist adequately with personal needs

• If medication needs to be administered in the event of a seizure and/or any other potential emergent medical condition that requires immediate administration of medication, a guardian or trained caretaker must accompany the individuals to the program.

• The climber must be able to withstand extremes in weather, and prepare adequately for extremes in temperature by wearing and packing in appropriate attire.

• The climber can breathe independently, without any assistance from medical devices and/or trained professionals.

• The climber is willing and able to travel over, variable terrain independently or with the assistance of a caregiver or trained staff and volunteers. Terrain may be rocky, muddy, icy, uphill, downhill, uneven, and/ or with unforeseen obstacles such as downed trees.