

Life... One



Musings to Lift Your Spirits, Challenge Your  
Perspective and Make You Laugh Out Loud

at a time

Luc Beaudry

# Life...

## One Word at a Time

*Musings to Lift Your Spirits, Challenge Your  
Perspective and Make You Laugh Out Loud.*

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*Life is...*

## **Astonishing**

Exhibits A-D:

- A. David Hasselhoff still holds the Guinness World Record for *most-watched man on television – ever*.  
*#ryanseacrestmustbedevastated*
- B. The fact that we've made so little progress at managing our apparent need for violence – fine, we've actually regressed; it was an attempt to be positive.
- C. That what we call "justice" is a system where no one has responsibility for uncovering the truth, but rather where rewards are given for playing the game better than the other side.
- D. How much time and energy we devote to talking and worrying about the weather. *#lookoutside*

*What left you scratching your head this week?*

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## **Bliss**

1. Rare and temporary state of sublime happiness, resulting from sex, substance abuse or ignorance. When at least two of the three are combined, the likelihood of future blissful moments is greatly jeopardized.
2. Emotion triggered when your new baby abandons herself to a deep sleep in the comfort of your shoulder. Usually preceded by concert-loud wailing and followed by spray poop.

*When did you last feel blissful?*

*What prompted that feeling?*

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## **Educational**

In much the same way that universities are educational.

Here's what the two have in common:

Learning is mostly self-directed.

It's full of opportunities and resources to be leveraged, or not.

You can make it to the end of both without ever learning much of anything.

Partaking can get very expensive (and parking also).

Sports occupy a stupidly large amount of space and importance.

At the end, both give you (or your next of kin) a certificate.

*Who was your favourite teacher?*

*What impact did they have on you?*

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## **Greed**

A selfish and excessive desire for more of something than is needed.

Motivated by the fear of one day being without, greed is an archaic term and concept.

It was abandoned in the late 20th century, when the richest humans and nations realized that we have sufficient wealth, resources and food to ensure that everyone on the planet can live comfortably.

At that point, this wealth was shared out equally and the pursuit of more for the sake of more was abandoned, en masse.  
*#itsfunnybecauseitshouldbetrue*

*Describe a time you were greedy.*

*How would you approach the same situation today?*

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## **Lessons**

What many humans constantly try to impart to other, usually unsuspecting, humans, as a result of behaviour that displeases them.

Many classic examples can be witnessed while on the highway. Is there a driver going too slow in the fast lane? Simply follow them very, very closely, until they switch lanes; for long distances if necessary. Did someone cut you off? Just pass them, cut them off in turn, and then slow down. Repeat as necessary.

Teaching lessons is educational, fun and essential to helping others achieve our own level of awesomeness.

Don't give up, they'll come around.

*What lessons do you find yourself consistently trying to teach others?  
How's that working out?*



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## **Oneness**

*When experienced as “I am the one”:* state easily attainable if one is blessed with a large ego, a healthy dose of self-delusion, massive insecurity, and a willingness to share all of those things with the world.

*When experienced as “We are all one”:* shared state of connectivity, where the trivial becomes trivial, the meaningful becomes important and the beauty becomes obvious.

*When's the last time you experienced a sense of oneness and communion with a group of people?*

*What created that connection?*

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## **Roller-Coaster**

There *will* be screaming and it *will* be annoying.

You have to be *this* tall to enjoy the good stuff.

When you're pregnant or have a funky heart, you get to watch others having all the fun.

Sometimes your world will turn upside down; it's usually temporary.

Line-ups. Line-ups everywhere.

It's more fun with friends.

*What's the scariest ride you've been on?*

*Who shared that moment with you?*

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**Tough**

A quality desirable when talking about pickup trucks, cell phone cases and condoms; undesirable when it comes to steaks, jujubes and silk pyjamas; outdated when desired in boys and bosses.

*Who's the toughest person you know?*

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**Worthy**

... of being respected, feared, revered, enjoyed, taken with a grain of salt, shared, celebrated, appreciated and lived.

*Would you rather be respected, feared, revered, enjoyed or taken with a grain of salt?*