




Mother Nature's Humour

A delightful presentation by Catherine McGill to make you smile and find cheer when you're feeling blue....

If you are feeling a bit blue, waiting for the clouds to part, or simply looking for a smile you don't have to look any further than mother nature. Take a few minutes and search for images of these amazing wonders of nature to remind you of all the beauty in the world.

Find and write down, everything in the day that makes you smile, a shared joke, a cat playing, bugs in the garden or a beautiful bloom, then at night before you go to bed, read them out loud, go to sleep with a smile and then again when you wake up, start the day with good memories, start with 5 things, build on it, you will start looking for things that make you smile and turn the frown upside down. Its easy to see the bad, the news, the jerk in the parking lot, look for the smiles, it will change your mindset and your world view.

Orchids are wild and wonderful plants with floral shapes that are truly amazing! Go ahead and look up.....

-  Flying duck orchid
-  Monkey face orchid
-  Laughing bee orchid

Or maybe you'll like the Happy Alien orchid, the Darth Vader orchid, or the Naked Man orchid!!

Looking for some fun? How about the DISCO CACTUS!

Around the world there are plants and trees with colours and beauty to behold.

-  Wisteria Tunnel in Pakistan
-  Eucalyptus Trees in Australia

Magic Dogwood

If you have a plant, or a picture of a plant, that you would like to share and bring a smile to someone's face, we would love to see it!

Email us at info@riverdalehorticultural.ca

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