

Handpicked Tradition
GRAPEFUL

The Original Hummus Bar

Tahini Orange Blossom



7g
plant
protein

180
calories
per bar

0
added
sugar

Unit UPC	52 -85009-1100-41
Case/20 UPC	52 -85009-11028-7
Box/120 UPC	52 -85009-11039-3
Shelf Life	15 months
Storage	Ambient temperature



Description

A Hummus Bar made with natural chickpeas, flavored with tahini and fragrant orange blossom, and sweetened with Kadamani's grape molasses. Chickpeas are rich in protein, fiber and vitamins K and C, while Tahini is rich in calcium, protein, healthy fats and antioxidants, as well as vitamins B and E.

Ingredients:

Ground Roasted Chickpeas, Grape Molasses, Roasted Almonds, Sesame Paste (Tahini), Orange Blossom Water.

Allergens:

Contains Almonds and Sesame.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
		Total Fat 10g	13%	Total Carbohydrate 19g	7%
		Saturated Fat 1g	5%	Dietary Fiber 4g	14%
		Trans Fat 0g		Total Sugars 6g	
		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
		Sodium 5mg	0%	Protein 7g	
		Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 2.3mg 15% • Potassium 280mg 6%			
		* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

1 serving per container
Serving size 1 bar (55g)
Calories per serving 180

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.1 kg
Gross Wt	1.2 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	7.4 kg
Box net wt	6.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	811 kg

Distributor info

grapful-lb.com

Handpicked Tradition
GRAPEFUL

The Original Hummus Bar

Cardamom Pistachio



12g
plant
protei
n

200
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11021-8
Case/20 UPC	52 -85009-11029-4
Box/120 UPC	52 -85009-11040-9
Shelf Life	15 months
Storage	Ambient temperature



Description

A Hummus Bar made with natural chickpeas, flavored with cardamom, and sweetened with Kadamani's grape molasses. Chickpeas are rich in protein, fiber and vitamins K and C, while Cardamom has anti-inflammatory and anti-bacterial properties.

Ingredients:

Grape Molasses, Ground Roasted Chickpeas, Sesame Paste (Tahini), Roasted Pistachios, Plant-based Protein (Beans, Chickpeas, Peas), Roasted Almonds, Cardamom.

Allergens:

Contains Almonds, Pistachios and Sesame.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
		Total Fat 10g	13%	Total Carbohydrate 16g	6%
1 serving per container		Saturated Fat 1.5g	8%	Dietary Fiber 4g	14%
Serving size 1 bar (55g)		Trans Fat 0g		Total Sugars 5g	
Calories per serving 200		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
		Sodium 55mg	2%	Protein 12g	
Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 1.9mg 10% • Potassium 260mg 6%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.1 kg
Gross Wt	1.2 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	7.4 kg
Box net wt	6.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	811 kg

Distributor info

grapful-lb.com

Handpicked Tradition
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The Original Hummus Bar

Dukkah Beetroot



12g
plant
protein

200
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11022-5
Case/20 UPC	52 -85009-11030-0
Box/120 UPC	52 -85009-11041-6
Shelf Life	15 months
Storage	Ambient temperature



Description

A Hummus Bar made with natural chickpeas, flavored with Dukkah, and sweetened with Kadamani's grape molasses. Chickpeas are rich in protein, fiber and vitamins K and C, while Dukkah contains a combination of healthy seeds and spices with antibacterial properties and rich in antioxidants.

Ingredients:

Grape Molasses, Sesame Paste (Tahini), Ground Roasted Chickpeas, Roasted Almonds, Plant-based Protein (Beans, Chickpeas, Peas), Dukkah Seeds (Pumpkin Seeds, Sunflower Seeds, Spices, Flax Seeds, Sesame Seeds, Salt), Dried Beetroot Powder.

Allergens:

Contains Almonds and Sesame.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
		Total Fat 11g	14%	Total Carbohydrate 15g	5%
1 serving per container		Saturated Fat 1.5g	8%	Dietary Fiber 4g	14%
Serving size 1 bar (55g)		Trans Fat 0g		Total Sugars 4g	
Calories per serving 200		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
		Sodium 65mg	3%	Protein 12g	
Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 2.6mg 15% • Potassium 240mg 6%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.1 kg
Gross Wt	1.2 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	7.4 kg
Box net wt	6.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	811 kg

Distributor info

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Handpicked Tradition
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The Original Hummus Bar

Turmeric Anise Seed



12g
plant
protei

200
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11050-8
Case/20 UPC	52 -85009-11051-5
Box/120 UPC	52 -85009-11052-2
Shelf Life	15 months
Storage	Ambient temperature



Description

A Hummus Bar made with natural chickpeas, flavored with turmeric, and sweetened with Kadamani's grape molasses. Chickpeas are rich in protein, fiber and vitamins K and C, while Turmeric has anti-inflammatory and immune-boosting properties.

Ingredients:

Grape Molasses, Ground Roasted Chickpeas, Sesame Paste (Tahini), Roasted Almonds, Pea Protein, Anise Seeds, Turmeric.

Allergens:

Contains Almonds and Sesame.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
		Total Fat 13g	17%	Total Carbohydrate 14g	5%
		Saturated Fat 1.5g	8%	Dietary Fiber 4g	14%
		Trans Fat 0g		Total Sugars 4g	
		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
		Sodium 10mg	0%	Protein 12g	
		Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 2.9mg 15% • Potassium 160mg 4%			
		* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.1 kg
Gross Wt	1.2 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	7.4 kg
Box net wt	6.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	811 kg

Distributor info

grapful-lb.com

Handpicked Tradition
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The Original Protein Bar

Chocolate Hazelnut



18g
plant
protein

260
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11023-2
Case/20 UPC	52 -85009-11031-7
Box/120 UPC	52 -85009-11042-3
Shelf Life	15 months
Storage	Ambient temperature



Description

A vegan protein bar made with natural pea-protein, flavored with dark chocolate and hazelnut and sweetened with Kadamani's grape molasses. this bar contains 18 grams of plant-based proteins, it's vegan and packed with natural grapes' anti-oxidants. It contains no preservatives no added sugars no emulsifiers or flavors and non GMO.

Ingredients:

Grape Molasses, Plant based Protein (beans, chickpeas, peas), Sesame Paste (tahini), Roasted Hazelnuts, Roasted Almonds, Cocoa Mass, Cocoa Powder (10-12%), Coconut Flakes.

Allergens:

Contains Hazelnuts, Almonds, Sesame and Coconut.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 serving per container		Total Fat 15g	19%	Total Carbohydrate 13g	5%
Serving size 1 bar (65g)		Saturated Fat 2.5g	13%	Dietary Fiber 4g	14%
		Trans Fat 0g		Total Sugars 5g	
Calories per serving 260		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
		Sodium 115mg	5%	Protein 18g	
Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 2.7mg 15% • Potassium 220mg 4%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.3 kg
Gross Wt	1.4 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	8.6 kg
Box net wt	7.8 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	880 kg

Distributor info

grapful-lb.com

Handpicked Tradition
GRAPEFUL

The Original Protein Bar

Peanut Butter



Unit UPC	52 -85009-11024-9
Case/20 UPC	52 -85009-11032-4
Box/120 UPC	52 -85009-11043-0
Shelf Life	15 months
Storage	Ambient temperature



Description

A vegan protein bar made with pea proteins, flavored with all-natural peanut butter and sweetened with Kadamani's grape molasses. this bar contains 20 grams of plant-based proteins, it's vegan and packed with natural grapes' anti-oxidants. It contains no preservatives no added sugars no emulsifiers or flavors and non GMO.

Ingredients:

Grape Molasses, Plant Based Protein (beans, chickpeas, peas), Peanut Butter (100% Roasted Peanuts), Sesame Paste (tahini), Roasted Peanuts, Roasted Almonds.

Allergens:

Contains Almonds, Peanuts and Sesame.



20g
plant
protei
n

250
calories
per bar

0
added
sugar

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 serving per container Serving size 1 bar (65g)		Total Fat 14g	18%	Total Carbohydrate 11g	4%
		Saturated Fat 2g	10%	Dietary Fiber 3g	11%
		Trans Fat 0g		Total Sugars 5g	
				Includes 0g Added Sugars	0%
Calories per serving	250	Cholesterol 0mg	0%	Protein 20g	
		Sodium 120mg	5%		
Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 2.3mg 15% • Potassium 210mg 4%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.3 kg
Gross Wt	1.4 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	8.6 kg
Box net wt	7.8 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	880 kg

Distributor info

grapful-lb.com

Handpicked Tradition
GRAPEFUL

Energy Bars: Nutty Oat Bar

Cranberry Almond



7g
plant
protein

200
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11003-4
Case/20 UPC	52 -85009-11027-0
Box/120 UPC	52 -85009-11038-6
Shelf Life	15 months
Storage	Ambient temperature



DAIRY
FREE



PALM OIL
FREE



GOOD SOURCE
OF FIBER



NON
GMO

Description

An Oat Bar made with natural oats and sweetened with Kadamani's grape molasses. Oats are a great source of fiber, antioxidants, and minerals, as well as vitamins B1 and B5.

Ingredients:

Grape Molasses, Rolled Oats, Roasted Almonds, Cranberries, Roasted Pumpkin Seeds, Coconut Flakes.

Allergens:

Contains Almonds and Coconut.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 serving per container Serving size 1 bar (55g)		Total Fat 11g	14%	Total Carbohydrate 21g	8%
		Saturated Fat 4g	20%	Dietary Fiber 5g	18%
		Trans Fat 0g		Total Sugars 6g	
		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Calories per serving 200		Sodium 5mg	0%	Protein 7g	
Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 1.9mg 10% • Potassium 230mg 4%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	1.1 kg
Gross Wt	1.2 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	7.4 kg
Box net wt	6.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	811 kg

Distributor info

grapful-lb.com

Handpicked Tradition
GRAPEFUL

Cashew Crispy Bar

Coconut



4
simple
ingredient
s

120
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11002-7
Case/20 UPC	52 -85009-11033-1
Box/120 UPC	52 -85009-11036-2
Shelf Life	15 months
Storage	Ambient temperature



Description

A Cashew Crispy Bar made with natural cashews and sweetened with Kadamani's grape molasses. Cashews are a great source of healthy fats, protein, and antioxidants, along with various nutrients, Iron, Zinc, Calcium, and vitamins A, B2, B1, B6, and E.

Ingredients:

Roasted Cashews, Grape Molasses, Rice Crispies (Wheat Flour, Corn Flour, Malt, Baking Powder), Coconut Flakes.

Allergens:

Contains Wheat, Cashews and Coconut.

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 8g	10%	Total Carbohydrate 10g	4%
1 serving per container	Saturated Fat 3g	15%	Dietary Fiber <1g	3%
Serving size 1 bar (30g)	Trans Fat 0g		Total Sugars 3g	
Calories per serving 120	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 40mg	2%	Protein 3g	
Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 2mg 10% • Potassium 100mg 2%				
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	0.6 kg
Gross Wt	0.7 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	4.4 kg
Box net wt	3.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	500 kg

Distributor info

grapful-lb.com

Handpicked Tradition
GRAPEFUL

Cashew Crispy Bar

Chocolate



4
simple
ingredients

120
calories
per bar

0
added
sugar

Unit UPC	52 -85009-11001-0
Case/20 UPC	52 -85009-11034-8
Box/120 UPC	52 -85009-11037-9
Shelf Life	15 months
Storage	Ambient temperature



Description

A Cashew Crispy Bar made with natural cashews, sweetened with Kadamani's grape molasses, and flavored with dark chocolate. Cashews are a great source of healthy fats, protein, and antioxidants, along with various nutrients, Iron, Zinc, Calcium, and vitamins A, B2, B1, B6, and E.

Ingredients:

Roasted Cashews, Grape Molasses, Rice Crispies (Wheat Flour, Corn Flour, Malt, Baking Powder), Coconut Flakes, Cocoa Powder (10-12%).

Allergens:

Contains Wheat, Cashews and Coconut.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 serving per container		Total Fat 8g	10%	Total Carbohydrate 11g	4%
Serving size 1 bar (55g)		Saturated Fat 3g	15%	Dietary Fiber 1g	4%
		Trans Fat 0g		Total Sugars 3g	
Calories per serving 120		Cholesterol 0mg	0%	Includes 0g Added Sugars 0%	
		Sodium 40mg	2%	Protein 3g	
Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 2mg 10% • Potassium 100mg 2%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	0.6 kg
Gross Wt	0.7 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	4.4 kg
Box net wt	3.6 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	500 kg

Handpicked Tradition
GRAPEFUL

Mighty 2 Ingredient Bar

Roasted Peanuts



2
simple
ingredients

7g
plant
protein

0
added
sugar

Unit UPC	52 -85009-11047-8
Case/20 UPC	52 -85009-11048-5
Box/120 UPC	52 -85009-11049-2
Shelf Life	15 months
Storage	Ambient temperature



Description

A simple sweet treat, made with roasted peanuts and sweetened with Kadamani's grape molasses. This guilt-free snack gives you an energy boost and a good dose of protein to keep your heart happy and your cravings satisfied.

Ingredients:

Roasted Peanuts, Grape Molasses.

Allergens:

Contains Peanuts.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
1 serving per container Serving size 1 bar (40g)		Total Fat 14g	18%	Total Carbohydrate 8g	3%
		Saturated Fat 2g	10%	Dietary Fiber 2g	7%
		Trans Fat 0g		Total Sugars 3g	
				Includes 0g Added Sugars	0%
Calories per serving	170	Cholesterol 0mg	0%	Protein 7g	
		Sodium 0mg	0%		
Vitamin D 0mcg 0% • Calcium 240mg 20% • Iron 0.5mg 2% • Potassium 200mg 4%					
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	0.8 kg
Gross Wt	0.9 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	5.6 kg
Box net wt	4.8 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	640 kg

Distributor info

grapful-lb.com

Handpicked Tradition
GRAPEFUL

Mighty 2 Ingredient Bar

Roasted Sesame



2
simple
ingredients

0
added
sugar

Unit UPC	52 -85009-11044-7
Case/20 UPC	52 -85009-11045-4
Box/120 UPC	52 -85009-11046-1
Shelf Life	15 months
Storage	Ambient temperature



Description

A simple sweet treat, made with roasted peanuts and sweetened with Kadamani's grape molasses. This guilt-free snack gives you an energy boost and a good dose of protein to keep your heart happy and your cravings satisfied.

Ingredients:

Roasted Peanuts, Grape Molasses.

Allergens:

Contains Sesame.

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 12g	15%	Total Carbohydrate 9g	3%
1 serving per container Serving size 1 bar (40g)	Saturated Fat 1.5g	8%	Dietary Fiber 4g	14%
	Trans Fat 0g		Total Sugars 3g	
Cholesterol 0mg	0%	Includes 0g Added Sugars		0%
Sodium 0mg	0%	Protein 4g		
Calories per serving 150				
Vitamin D 0mcg 0% • Calcium 240mg 20% • Iron 3.6mg 20% • Potassium 100mg 2%				
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

LOGISTICS DATA



OUTER CASE/20 PACKAGING

Size (l x w x h) cm	27.5 x 15.5 x 6
Net Wt	0.8 kg
Gross Wt	0.9 kg

Box/120 PACKAGING

Size (l x w x h) cm	31.5 x 28.7 x 20
Units/box	120
Box gross wt	5.6 kg
Box net wt	4.8 kg

PALLET

Size (l x w x h) cm	120 x 100 x 190
Type	American
Layers/pallet	8
Boxes/layer	12
Boxes/pallet	96
Gross wt	640 kg

Distributor info

grapful-lb.com