



Jacqueline's Gems

Week two menu

Key: Vegetarian Lactose Vegan	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Wholemeal Toast, Cereal selection, Fresh Fruit. ALL MEALS AND SNACKS ARE ACCOMPANIED BY EITHER MILK OR WATER				
Am Snack	Sultana & Breadsticks	Savoury bites & Pineapple	Pear & Apple Slices	Oatcake & Strawberries	Mixed Fruit
Lunch	Tomato Hoops on Toast (Lactose Free Butter)	Chicken (salad) Wraps with Savoury bites (Biscoff Biscuit), Sultana and cucumber circles	Tomato Pasta	Ham or Cheese Sandwiches with Lettuce, Soft Crisps (Biscoff Biscuit) and cucumber circles	Cheese & Tomato Pizza & Garlic Bread
Dessert	Yogurt (Apple)	Chocolate Mousse (Orange)	Swiss Roll (Banana)	Short Bread Biscuit (Alpro Caramel Dessert)	Jelly
Pm Snack	Rice Cakes & Cucumber sticks	Banana & Breadsticks	Carrot Sticks & Sultanas	Grapes & Orange	Soft cheese and crackers (Biscoff)
Dinner	Cod or Fishless Fingers chips & pea's	Chicken Tikka Masala (Quorn Chicken Cubes) (Chicken, Rice & Green Beans)	Roast Chicken, Roast Potatoes , Yorkshire Pudding & Mix Vegetables. (Quorn Chicken Fillets)	Cottage Pie & Broccoli (Boiled Rice & Vegetables)	Chicken Noodles Or Vegetable Rice
Dessert	Fairy Cake (Pear Wedges)	Arctic Roll (Orange)	Angel delight (Fruit Slices)	Cheesecake (Apple)	Chocolate Cake & Custard (Fruit Bowl)
All food is subject to change in regards to specific dietary requirements					

Jacqueline's Gems Childcare Services is a trade name of **JACQUELINE'S GEMS CHILDCARE SERVICES LTD** incorporated on 07/02/2014 Registration number 888 2786

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