



March 18th, 2026

WIC Client Announcement: Changes in New Mexico WIC Items for April 1st, 2026

This announcement is to notify WIC clients of upcoming changes to the WIC program. In 2024, the USDA issued new rules that limited the amount of added sugar in cereal and yogurt. In addition, the USDA required breakfast cereals to have more iron content. These changes will go into effect on **April 1st, 2026**. The MyWIC App will be updated to reflect these changes on the same day.

Why Are They Being Removed?

It is recommended to decrease and limit intake of added sugars. They make foods unnaturally sweet and increase health risks for illnesses like diabetes, obesity, liver disease and cardiovascular disease. NMWIC prioritizes client choice and variety whenever possible.

Below are the most popular items that will no longer be in program and some alternatives:



All Orig. Go-Gurt 2 oz. Tube

All Original Yoplait 6 oz.

All Oui 5 oz.

Each Flavor

For more information visit NMWIC.org
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