

ACL Standard food package comparison

Fully breastfeeding infants:

Food item	Prior to April 2025	Effective April 2025
Infant cereal - ounces	24	16
*Infant fruits and vegetables - ounces	256	128
Infant meat - ounces	77.5	40

*Infants 6-11 months may receive CVB to substitute half (for \$11 CVB), or all (for \$22 CVB), of jarred fruits and vegetables for fresh, canned, or frozen forms.

Partially and fully formula feeding infants:

Food item	Prior to April 2025	Effective April 2025
Infant cereal - ounces	24	8
*Infant fruits and vegetables - ounces	128	128
Formula (amount and type listed on Family Food Benefits list)		

*Infants 6-11 months may receive CVB to substitute half (for \$11 CVB), or all (for \$22 CVB), of jarred fruits and vegetables for fresh, canned, or frozen forms.

Food Package IV: Children A 12-23mo; B 2yrs-4yrs

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	128	64
***Milk - gallons	3.25	3.25
Breakfast cereal - ounces	36	36
****Eggs - dozen	1	1
Fruits and vegetables - dollar (\$) amount	26	26
Whole grains - ounces	32	24
Fish - ounces	0	6
Legumes (peanut butter, seed butter or beans) - item	1	1
Cheese - ounces	16	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

**Substitution of juice for a \$3 CVB is allowed.

***2 qts (64 oz.) of yogurt may be substituted for 2 qts of milk. Soy-based yogurts and soy-based cheeses as substitution for milk is allowed. Plant-based yogurts and plant-based cheeses meeting specific nutritional requirements are also allowed substitutions.

****Legumes as substitutes for eggs are allowed.

Food Package V.A: Pregnant women

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	4.75	4.75
Breakfast cereal - ounces	36	36
****Eggs - dozen	1	1
*****Fruits and vegetables - dollar (\$) amount	48	48
Whole grains - ounces	16	48
Fish - ounces	0	10
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	16	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

**Substitution of juice for a \$3 CVB is allowed.

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****Legumes as substitutes for eggs are allowed.

*****Received memo from region CVB for pregnant, postpartum increases by \$1 for inflation. Made change effective 1/1/2026

Food Package VII: Pregnant women partially breastfeeding:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	5.25	4.75
Breakfast cereal - ounces	36	36
****Eggs - dozen	1	2
Fruits and vegetables - dollar (\$) amount	52	52
Whole grains - ounces	16	48
Fish - ounces	0	20
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	32	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

**Substitution of juice for a \$3 CVB is allowed.

***2 qts (64 oz.) of yogurt may be substituted for 2 qts of milk. Soy-based yogurts and soy-based cheeses as substitution for milk is allowed. Plant-based yogurts and plant-based cheeses meeting specific nutritional requirements are also allowed substitutions.

****Legumes as substitutes for eggs are allowed.

Food Package VII: Pregnant women fully breastfeeding:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	5.25	5.25
Breakfast cereal - ounces	36	36
****Eggs - dozen	2	2
Fruits and vegetables - dollar (\$) amount	52	52
Whole grains - ounces	16	48
Fish - ounces	30	20
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	32	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

**Substitution of juice for a \$3 CVB is allowed.

***2 qts (64 oz.) of yogurt may be substituted for 2 qts of milk. Soy-based yogurts and soy-based cheeses as substitution for milk is allowed. Plant-based yogurts and plant-based cheeses meeting specific nutritional requirements are also allowed substitutions.

****Legumes as substitutes for eggs are allowed.

Food Package V.B: Pregnant w/ multiples:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	5.25	5.25
Breakfast cereal - ounces	36	36
****Eggs - dozen	2	2
Fruits and vegetables - dollar (\$) amount	52	52
Whole grains - ounces	16	48
Fish - ounces	30	20
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	32	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

**Substitution of juice for a \$3 CVB is allowed.

***2 qts (64 oz.) of yogurt may be substituted for 2 qts of milk. Soy-based yogurts and soy-based cheeses as substitution for milk is allowed. Plant-based yogurts and plant-based cheeses meeting specific nutritional requirements are also allowed substitutions.

****Legumes as substitutes for eggs are allowed.

Food Package VI: Postpartum and some breastfeeding women:

Food item	Current	Effective April 2026 (without milk changes)
**Juice - ounces	96	64
***Milk - gallons	3.25	3.25
Breakfast cereal - ounces	36	36
****Eggs - dozen	1	1
*****Fruits and vegetables - dollar (\$) amount	48	48
Whole grains - ounces	0	48
Fish - ounces	0	10
Legumes (peanut butter, seed butter or beans) - item	1	1
Cheese - ounces	16	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

**Substitution of juice for a \$3 CVB is allowed.

***2 qts (64 oz.) of yogurt may be substituted for 2 qts of milk. Soy-based yogurts and soy-based cheeses as substitution for milk is allowed. Plant-based yogurts and plant-based cheeses meeting specific nutritional requirements are also allowed substitutions.

****Legumes as substitutes for eggs are allowed.

*****Received memo from region CVB for pregnant, postpartum increases by \$1 for inflation. Made change effective 1/1/2026

Food Package VII: Fully breastfeeding woman:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	5.25	5.25
Breakfast cereal - ounces	36	36
****Eggs - dozen	2	2
Fruits and vegetables - dollar (\$) amount	52	52
Whole grains - ounces	16	48
Fish - ounces	30	20
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	32	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

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****Legumes as substitutes for eggs are allowed.

Food Package V.B: Partially breastfeeding woman:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	4.75	4.75
Breakfast cereal - ounces	36	36
****Eggs - dozen	1	1
Fruits and vegetables - dollar (\$) amount	52	52
Whole grains - ounces	16	48
Fish - ounces	0	15
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	16	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

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Food Package VII x1.5: Fully breastfeeding multiples woman:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	240	64
***Milk - gallons	8.50	8.25
Breakfast cereal - ounces	54	54
****Eggs - dozen	3	3
Fruits and vegetables - dollar (\$) amount	78	79.50
Whole grains - ounces	24	72
Fish - ounces	45	30
Legumes (peanut butter, seed butter or beans) - item	3	3
Cheese - ounces	32	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

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****Legumes as substitutes for eggs are allowed.

NOTE: Added 1.50 to allow for 1.5xs juice since we are retiring 48oz bottles and cannot issue ½ a bottle

Food Package VII: Partially breastfeeding multiples woman:

Food item	Prior to April 2026	Effective April 2026 (without milk changes)
**Juice - ounces	144	64
***Milk - gallons	5.25	5.25
Breakfast cereal - ounces	36	36
****Eggs - dozen	2	2
Fruits and vegetables - dollar (\$) amount	52	52
Whole grains - ounces	16	48
Fish - ounces	30	20
Legumes (peanut butter, seed butter or beans) - item	2	2
Cheese - ounces	32	16
Yogurt - ounces	Allowed as substitution	Allowed as substitution

For children and women, 1 pound of cheese may be substituted for 3 quarts of milk; 1 quart of yogurt may be substituted for 1 quart of milk with a maximum of 2 quarts of yogurt that may be substituted for 2 quarts of milk. Women receiving Food Package VII may substitute up to of 2 pounds of cheese for 6 quarts of milk. For children and women in Food Packages IV through VI, no more than 1 pound of cheese may be substituted.

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