



# Precision Value Based Management

## A Quick Overview of Our Process

We go into your EMR, or have you send us reports from your EMR, so that we can populate our platform. Then we query what patients need what services as listed below in the red box. They are labeled “Pending” if needed, and “Complete” if the patient has already had the service or services.

The screenshot shows the inCONNECT Portal interface. On the left is a navigation menu with options like Dashboard, Patients, Authorization, Orders, Reports, Refer Patient, Encounters, Assessments, Physical Assessments, Appointments, Tolerance Report, Messages, My Task, Chat, KannaFill © Info, Product Order, Patient Task, Quality Plan, and Care Management. The main area displays a table with three rows of patient data. A red box highlights the assessment status for each patient.

Row	MRN	First Name	Organization	Group	Assessment Status
1	514895	Mary Edelmantest	Training Org	test group	<ul style="list-style-type: none"><li>• Safety Risk : Pending</li><li>• PHQ2 : Pending</li><li>• PHQ9 : Completed</li><li>Submitted By: Mary Edelmantest On 09/09/2020</li><li>• CAGE : Pending</li><li>• Opioid : Pending</li><li>• SOAPP 14 : Pending</li><li>• GAD 7 : Pending</li><li>• DAST 10 : Pending</li><li>• COMM : Pending</li><li>• PEG : Pending</li><li>• GPCOG : Pending</li><li>• Health Risk : Pending</li></ul>
2	610213	sfa safasgfasg	Training Org	test group	<ul style="list-style-type: none"><li>• Safety Risk : Pending</li><li>• PHQ2 : Pending</li><li>• PHQ9 : Pending</li><li>• CAGE : Pending</li><li>• Opioid : Pending</li><li>• SOAPP 14 : Pending</li><li>• GAD 7 : Pending</li><li>• DAST 10 : Pending</li><li>• COMM : Pending</li><li>• PEG : Pending</li><li>• GPCOG : Pending</li><li>• Health Risk : Pending</li></ul>
3	276736	Adam N Testing	Training Org	test group	<ul style="list-style-type: none"><li>• PHQ2 : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• Safety Risk : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• PHQ9 : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• CAGE : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• Opioid : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• SOAPP 14 : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• GAD 7 : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• DAST 10 : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• COMM : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• PEG : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• GPCOG : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li><li>• Health Risk : Completed</li><li>Submitted By: Training Provider On 09/08/2020</li></ul>

Your entire patient population will now be engaged with a link so that they may complete these assessments in the comfort of their own home, via paper or over the phone in a telemedicine call. When the patient clicks on that link, there will be the assessments where their individual medical necessity has been indicated.





## Precision Value Based Management

Next we contact your patients via email and SMS text from your EMR so they know the message is real. This takes them to your personalized Patient Assessments page like the one below. [Click here for this actual page](#)

**PVB PATIENT PORTAL** HOME SERVICES **PATIENT ASSESSMENTS** PATIENT LOGIN FUN ARTICLES MORE ▾

### 2020 PATIENT ASSESSMENT REQUIREMENTS

All Insurance Companies Including Medicare & Medicaid REQUIRE certain assessments annually.

1. There is no cost to the patient, as no deductible or copay is required.
2. These assessments only take about 10 minutes and can be completed on your device at home, in our waiting room, over the phone via telemedicine or in writing on a paper version.
3. Failure to do so will create financial penalties for the physician.
- 4. We need you to complete these ASAP or some access to patient services such as prescription refills and other orders may be delayed.**
5. It is important to yourself and family to stay ahead of potential health risks!
6. Please respond promptly to communications from your Personal Health Coach!



Windows taskbar: 97% battery, 11:43 AM 9/13/2020

After the patient reads this explanation, they will click at the bottom of this page to enter their own [Patient Login](#), similar to this one, personalized for the physician.

MSN | Outlook, Office, Skype, Bi... x Mail - Doug Sparks - Outlook x Mail - Doug Sparks - Outlook x Patient Login | PVB Patient Por x +

https://pvbpatientportal.com/patient-login

**PVB PATIENT PORTAL** HOME SERVICES PATIENT ASSESSMENTS **PATIENT LOGIN** FUN ARTICLES MORE ▾

Welcome

You are about to be directed to your physician's login page to complete the required assessments. Below are the sample options and steps to each method.

**To Enter Directly on Your Device**

To begin, please go to <https://prhix.com/waiting-room/>

1. Enter the account number - XXXXX
2. Select Practice – Practice Name
3. Enter your full name, date of birth in this format – 11/11/1911, gender and hit "SUBMIT"
4. From there you will see "Assessments"
5. Simply click on each one in order and complete and then hit SAVE.
6. Once all are completed (less than 10 minutes) hit SUBMIT and you are done.

**To Download a Paper Version**

MedicalNecisty.png Open file Show all x

Windows taskbar: 97% battery, 12:02 PM 9/13/2020





Here is a sample of the Health Risk Assessment the patient will see online, on paper, or these questions can be asked by an MA on your staff, or our staff.

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Health Risk Assessment (HRA)

1. Physical Activity

In the past 7 days, how many days did you exercise?

\_\_\_\_\_ days

2. Tobacco Use

In the last 30 days, have you used tobacco in any form?

\_\_\_\_\_ Yes

\_\_\_\_\_ No

3. Alcohol Use

In the past 7 days, how many drinks have you had that contain alcohol?

\_\_\_\_\_ Drinks

4. Seat Belt Use

Do you always fasten your seat belt when you are in a car?

\_\_\_\_\_ Yes

\_\_\_\_\_ No

5. Life satisfaction

In the past 2 weeks, how often have you felt down, depressed, or hopeless?

\_\_\_\_\_ Almost all of the time

\_\_\_\_\_ Most of the time

\_\_\_\_\_ Some of the time

\_\_\_\_\_ Almost never

6. Anxiety

In the past 2 weeks, how often have you felt nervous, anxious, or on edge?

\_\_\_\_\_ Almost all of the time

\_\_\_\_\_ Most of the time

\_\_\_\_\_ Some of the time

\_\_\_\_\_ Almost never

7. Stress

How often is stress a problem for you in handling such things such as health, finances, family or social relationships or work?

\_\_\_\_\_ Never or rarely

\_\_\_\_\_ Sometimes

\_\_\_\_\_ Often

\_\_\_\_\_ Always

8. Pain

In the past 7 days, how much pain have you felt?

\_\_\_\_\_ None

\_\_\_\_\_ Some

\_\_\_\_\_ A lot





9. General Health

In general, would you say your health is

- Excellent
- Very good
- Good
- Fair
- Poor

10. Sleep

Each night, how many hours of sleep do you usually get?

Hours

11. Blood Pressure

If your blood pressure was checked within the past year, what was it when it was last checked?

- Low or normal (at or below 120/80)
- Borderline high (120/80 to 139/89)
- High (140/90 or higher)
- Don't know/not sure

12. Cholesterol

If your cholesterol was checked within the past year, what was your total cholesterol when it was last checked?

- Desirable (below 200)
- Borderline high (200–239)
- High (240 or higher)
- Don't know/not sure

13. Blood Glucose

If your glucose was checked, what was your fasting blood glucose (blood sugar) level the last time it was checked?

- Desirable (below 100)
- Borderline high (100–125)
- High (126 or higher)
- Don't know/not sure

14. Hemoglobin A1c level

If diabetic, and if you have had your hemoglobin A1c level checked in the past year, what was it the last time you had it checked?

- Desirable (6 or lower)
- Borderline high (7)
- High (8 or higher)
- Not a Diabetic

15. Overweight/Obesity

What is your height?

Feet     Inches     Weight in pounds





# Precision Value Based Management

Here are the instant results sample you share with the patient. Within these results will be medical necessity found for other assessments, diagnostics or services. When these results are shared is the time to enroll CCM, RPM or other services indicated.

<b>Health Risk Report</b> Generated at 09/08/2020		<b>Organization Name :</b> Woodlands Internists <b>Email id:</b> <del>ihlack@woodlandsinternists.com</del> <b>Contact No:</b> 936-273-2016	
<b>Patient Name:</b> Doug Sparks <b>Address :</b>		<b>Date Of Birth:</b> 06/24/1953 <b>Gender:</b> Male <b>Email Id :</b> doug.sparks@prhix.com	

### Health Score : 14

Health Risk: Low Health Risk

Health Risk	Risk Level	Answer	Description
Physical Activity	Low	7	Physical activity can be defined as any movement of the body that requires energy expenditure. This includes any motion you do through the day excluding sitting still or lying down.
Tobacco Use	Low	No	Tobacco use may be defined as any use of the tobacco plant leaf and its products
Alcohol Use	Low	0	Alcohol use disorder is a pattern of alcohol use that involves problems controlling your drinking, being preoccupied with alcohol, continuing to use alcohol even when it causes problems.
Seat Belt Use	Low	Yes	A seat belt is a vehicle safety device designed to secure the driver or a passenger of a vehicle against harmful movement that may result during a collision or a sudden stop.
Life Satisfaction	Low	Almost never	Life satisfaction is the way in which people show their emotions, feelings and how they feel about their directions and options for the future.
Anxiety	Low	Almost never	Anxiety is a normal and often healthy emotion. However, when a person regularly feels disproportionate levels of anxiety, it might become a medical issue.
Stress	Low	Never or rarely	Stress is the bodys reaction to any change that requires an adjustment or response. The body reacts to these changes with physical, mental, and emotional responses. Stress is a normal part of life. You can experience stress from your environment, your body, and your thoughts.
Perception of General Health	Low	Excellent	Perception of general health refers to the perception of a persons health in general. Health means not only the absence of disease or injury but also physical, mental and social well being.
Blood Pressure	Medium	Borderline high (120/80 to 139/89)	Blood pressure is related to the force and rate of the heartbeat and the diameter and elasticity of the arterial walls.
Cholesterol	Low	Desirable (below 200)	Cholesterol is a type of fat found in your blood. Your liver makes cholesterol for your body. You also can get cholesterol from the foods you eat. Meat, fish, eggs, butter, cheese, and milk all have cholesterol .
Blood Glucose	Low	Desirable (below 100)	The blood glucose level is the amount of glucose in the blood. Glucose is a sugar that comes from the foods we eat, and its also formed and stored inside the body.
Hemoglobin A1c level	Low	Desirable (6 or lower)	The A1C test is a common blood test used to diagnose type 1 and type 2 diabetes and to monitor how well youre managing your diabetes. The A1C test goes by many other names, including glycated hemoglobin, glycosylated hemoglobin, hemoglobin A1C and HbA1c.
Overweight/Obesity(BMI)	Low	23.8	BMI is an screening for weight, for example underweight, normal or healthy weight, overweight, and obesity.





# Precision Value Based Management

Here is another type of results page, this is a GAD-7 or Depression & Anxiety

## Patient Information

**Patient Name:** Doug Sparks  
**Patient Id:**  
**System PID:** 100614  
**Email Id:** doug.sparks@precisionvbm.com  
**Contact No:**  
**Date of Birth:** 06/24/1953  
**Gender:** Male  
**Submitted By:** Self On 09/08/20202020

**Address:**  
**State:**  
**City:**  
**Zipcode:**

## GAD 7

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge?	✓	✗	✗	✗
2. Not being able to stop or control worrying?	✓	✗	✗	✗
3. Worrying too much about different things?	✓	✗	✗	✗
4. Trouble relaxing?	✓	✗	✗	✗
5. Being so restless that it is hard to sit still?	✓	✗	✗	✗
6. Becoming easily annoyed or irritable?	✓	✗	✗	✗
7. Feeling afraid as if something awful might happen?	✓	✗	✗	✗
Score:				0

### Interpretation

- If GAD-7 score is 0-4 then level of anxiety is minimal.
- If GAD-7 score is 5-9 then level of anxiety is mild.
- If GAD-7 score is 10-14 then level of anxiety is moderate.
- If GAD-7 score is 15-21 then level of anxiety is severe.





inCONNECT Portal

Encounter

**Status \***  
Complete

**Date \***  
Date

**Duration of Encounter \***  
6:17 PM

**Select Duration \***  
20 Mins

**End Time**  
6:37 PM

**Upload Scan Documents**  
Choose Files No file chosen

Provider's Signature

**Reason for Visit**  
AWV

**Add CPT Code(s) \***  
G0438

If you do not find CPT Code, please Add CPT Code

**Subjective**  
Subjective

**Plan**  
Plan

**Note**  
Note

**Visit \***  
Initial Medicare Annual Welnes...  
Initial visit new patient  
Established Patient Visit  
Initial Medicare Annual Wellness (HRA, GAD7 and Annual Wellness)  
Commercial Preventive Visit (Preventive and HRA)  
Assessment w/DAST and HRA  
Medicare Annual Wellness (HRA, GAD7 and Annual Wellness) Existing Patient  
Established Patient Behavioral Health exam including Safety Risk and PHQ9 and HRA min 30 minutes

**Add Plan (s)**  
Add Plan(s)

**Type of Contact \***  
Face-to-Face

**Add Medication(s)**  
If you do not find medications, please Add medications

**Diagnosis**

When you share these results with your patients, you simply click within the encounter screen (above) for Face to Face, telemedicine, etc., make any notes you may wish, enter the time and duration, then click on the assessments you just did which will give you the billing codes. Hit "Submit" and you are ready to bill for our assessments as well as your office visit. Leading with technology makes this an amazingly simple process! Thank you!

