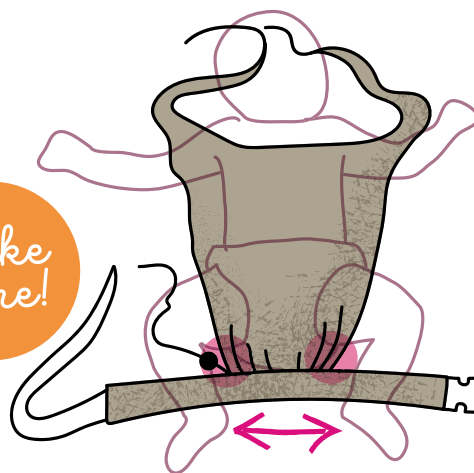


# FRONT OR BACK

You can “aba” your child in front or at the back.  
ABA CROSS recommendation: Carry a baby in front so you can observe it.  
When your child is older and bigger it is more comfortable for you to “aba” at the back.



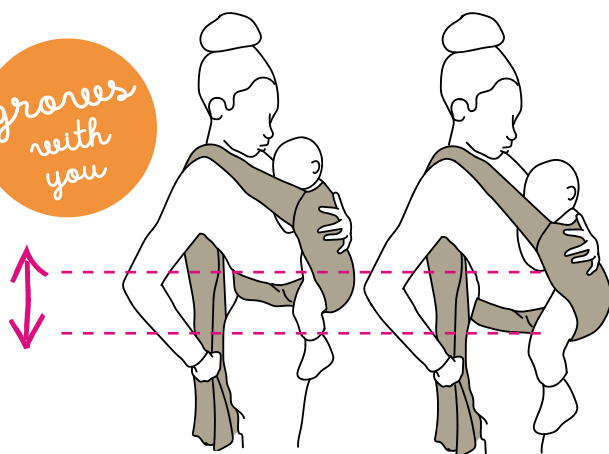
make sure!



## ADJUST THE ABA CROSS TO YOUR CHILD'S SIZE

Adjust the base according to the size of your child. The fabric should cover the child's thighs from knee to knee. You can easily measure this while the child is laying on top of the ABA CROSS. Use the gathering system to stabilise the optimal length. Don't forget to change the adjustment when your child grows.

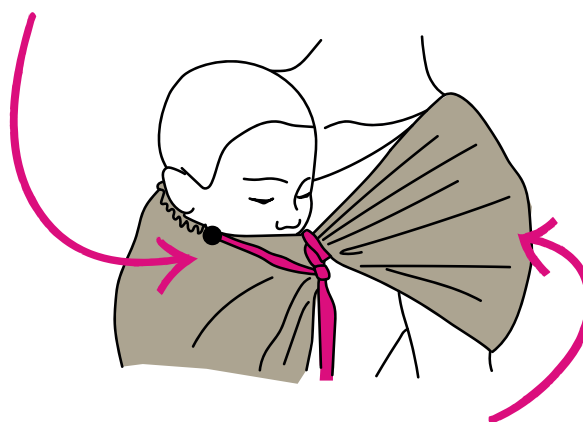
grows with you



## FREE NOSE

The shoulder straps might cover the child's nose, especially when they are falling asleep. Therefore, you can use the gathering strip to tie the shoulder strap or use pegs, clips, etc.

Tips



## STRAPS ON SHOULDERS

Open the straps and cover your entire shoulder for maximum comfort. Take care that the fabric is not too close to your neck.

## POSITION OF THE BELT

It is very important to choose the correct position of the belt. When you carry a small child, the belt should be worn high (more or less at your waist). When your child grows, the belt should move lower towards the hips. The fabric should always reach the child's neck.

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ABA CROSS KIDS CARRIER CC

## CONTACT



## INSTRUCTION BOOKLET

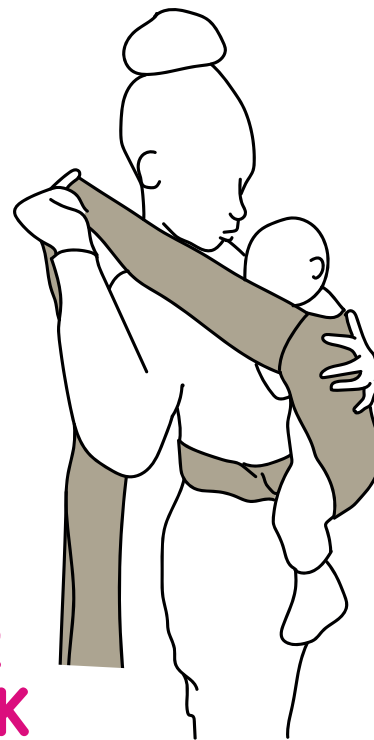
THE THERAPEUTIC WAY OF CARRYING A CHILD

# HOW TO USE THE ABA CROSS

The following instructions show how to carry a child in front. While “aba” at the back, the instruction steps remain the same, just slightly adapted to the opposite direction.



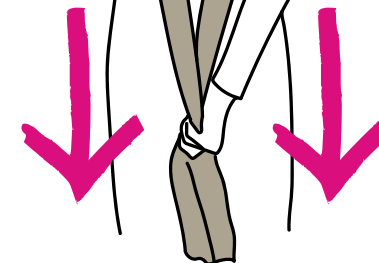
**ABA CROSS**  
*carry love*



## 1. COVER THE BACK

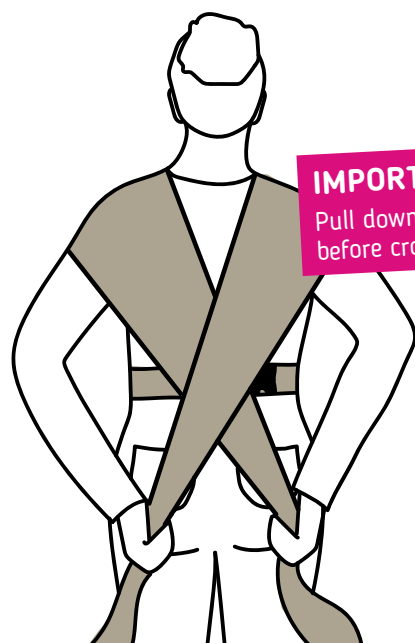
Close the belt tightly (take care of the correct position of the belt). Bring your child to the correct bended position. The child’s head should be next to your heart. Pull the fabric up to cover the child’s back. Take care that the fabric is tight and straight. Move the straps over your shoulders.

**IMPORTANT!**



## 2. PULL DOWN

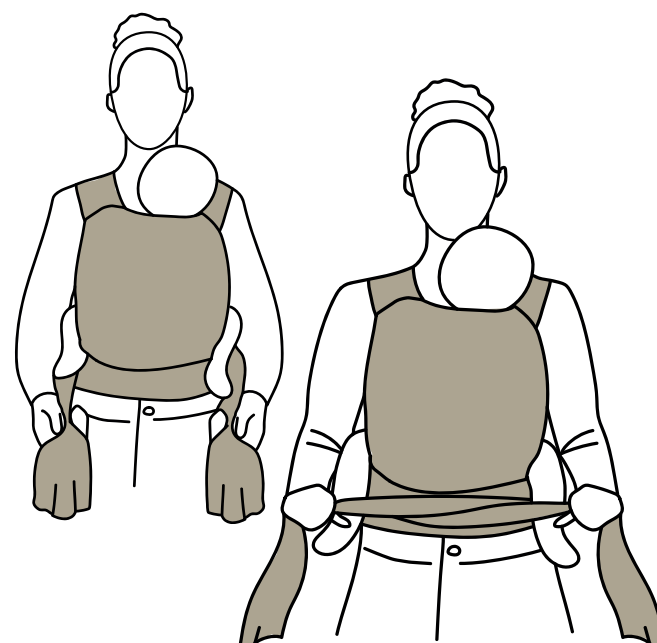
Grab the straps with one hand behind you and **pull down**. You will notice that your child is stabilised now, so you can stop holding it and move with both hands behind you to grab the straps. Don’t lose the stability you got with the pulling as you might have to repeat it.



**IMPORTANT!**  
Pull down (step 2)  
before cross!

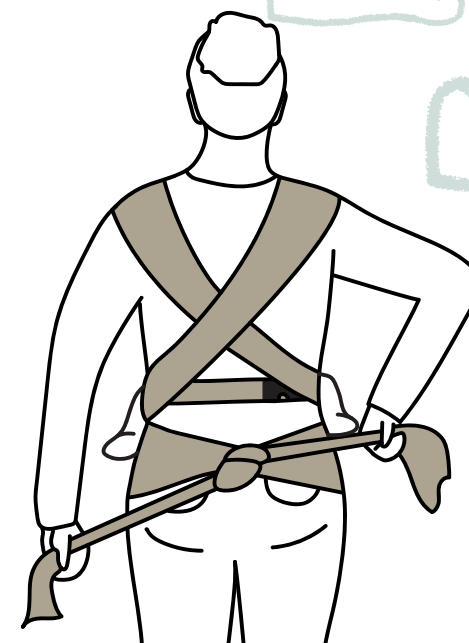
## 3. CROSS STRAPS

It is very important that you first generate the optimal stabilisation while pulling down (**Step 2**) before you cross the straps. Don’t lose the stability while crossing. Hold the straps with tension. Do not pull the straps up and avoid that the cross is moving into your neck area.



## 4. WRAP

Wrap the fabric around your pelvis/hips. Don’t lose the stability you got from previous steps. ABA CROSS tip: When you open the fabric it will cover your hips comfortably.



## 5. DOUBLE TIE

Always end with a double tie to avoid the ABA CROSS coming undone by door handles, siblings, etc.! After you tie you can adjust the straps at your shoulders. Open it to ensure maximum comfort (see additional information at the back of this instruction booklet!).