

21 DAYS OF FOCUSED FASTING & PRAYING

MATTHEW 17:20-21

²⁰ So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. ²¹ However, this kind does not go out except by prayer and fasting."

The Period of Fasting & Praying: 20 March 2023 – 9 April 2023

The Purpose of the 21 Days of Fasting & Praying: To grow closer to GOD. To have true communion with our sisters and brothers in Christ. To seek God in all aspects of Kingdom Growth (i.e., giving, serving, worshipping, sacrificing, fellowship, etc.).

The People Who Fast & Pray: All who believe in prayer and fasting and want know God's heart.

Sugarless Sundays

Abstain from food with added sugar.

Prayer of Concentration for Today: Seek God and Draw near to Him.

Read: Matthew 6:33, James 4:8

Meatless Mondays

Abstain from all meats & seafood.

Prayer of Concentration for Today: 2020 Vision & Beyond and Capital Campaign.

Read: Habakkuk 2:2, Matthew 7:7

Takeout-less Tuesdays

Abstain from eating take out & fast food.

Prayer Concentration for Today: Local & national leaders and communities.

Read: Isaiah 64:9, Ephesian 3:14-21

Water Only Wednesdays

Abstain from all beverages except Water.

Prayer of Concentration for Today: Homelessness and Hunger

Read: Isaiah 61:1-11

Thankful Thursdays

Pray at least three times today & spend at least one hour meditation Jesus Christ

Prayer of Concentration for Today: Specific needs and areas of concern for others.

Read: I Thessalonians 5:16-18

Fried-less Fridays

Abstain from all Fried Foods.

Prayer of Concentration for Today: A cheerful giving heart to the building of God's kingdom with your time, talent and treasures.

Read: 2 Chronicles 31:12, Proverbs 21:26

Sandwich-less Saturdays

Abstain from eating Sandwiches.

Prayer of Concentration for Today: Mt. Moriah ministries & families.

Read: Romans 8:26, 1 Thessalonians 1:2, 2 Thessalonians 1:11

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DAILY PRAYER OF CONCENTRATION & SCRIPTURES

SUNDAYS: Seek God and Draw near to Him.

Matthew 6:33 – But seek first the kingdom of God and his righteousness, and all these things will be added to you. (ESV)

James 4:8 – Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world. (NLT)

MONDAYS: 2020 Vision & Beyond and Capital Campaign.

Habakkuk 2:2 – And the LORD answered me: “Write the vision; make it plain on tablets, so he may run who reads it. (ESV)

Matthew 7:7 – Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. (NIV)

TUESDAYS: Local & national Leaders and Communities.

Isaiah 64:9 - Don't be so angry with us, LORD. Please don't remember our sins forever. Look at us, we pray, and see that we are all your people. (NLT)

Ephesian 3:14-21 - ¹⁴For this reason I bow my knees before the Father, ¹⁵from whom every family in heaven and on earth derives its name, ¹⁶that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, ¹⁷so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, ¹⁸may be able to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God. Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, ²¹to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen. (ESV)

WEDNESDAYS: Homelessness and Hunger

Isaiah 61:1-11 – ¹The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; ²to proclaim the year of the LORD's favor, and the day of vengeance of our God; to comfort all who mourn; ³to grant to those who mourn in Zion—to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the LORD, that he may be glorified... ¹⁰I will greatly rejoice in the LORD; my soul shall exult in my God, for he has clothed me with the garments of salvation; he has covered me with the robe of righteousness, as a bridegroom decks himself like a priest with a beautiful headdress, and as a bride adorns herself with her jewels. ¹¹For as the earth brings forth its sprouts, and as a garden causes what is sown in it to sprout up, so the Lord GOD will cause righteousness and praise to sprout up before all the nations.

THURSDAYS: Specific needs and areas of concern for others.

1 Thessalonians 5:16-18 - ¹⁶Rejoice always, ¹⁷pray continually, ¹⁸give thanks in all circumstances; for this is God's will for you in Christ Jesus.

FRIDAYS: A cheerful giving heart to the building of God's Kingdom with your time, talent and treasures.

2 Chronicles 31:12a - Then they faithfully brought in the contributions, tithes and dedicated gifts. (NIV)

Proverbs 21:26 - All day long he craves for more, but the righteous give without sparing. (NIV)

SATURDAYS: Mt. Moriah Ministries & Families.

Romans 8:26 – In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

1 Thessalonians 1:2 – We always thank God for all of you and continually mention you in our prayers. (NIV)

2 Thessalonians 1:11 – With this in mind, we constantly pray for you, that our God may make you worthy of his calling, and that by his power he may bring to fruition your every desire for goodness and your every deed prompted by faith.