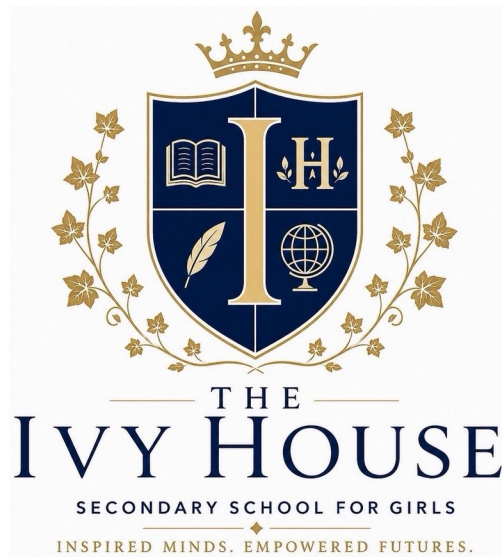




TAFFAKUR

The Awakening Programme

Reflection. Reasoning. Contemplation. Understanding.



Document Control

Item	Detail
Document	Taffakur: The Awakening Programme (Curriculum Framework)
Scope	Whole school (Secondary), Years 7 to 11
Policy owner	Curriculum Lead
Ratified by	The Proprietor
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1 Curriculum Purpose

The aim of Taffakur is not merely thinking, reflection and discussion. The aim is awakening.

Most young people move through life without ever stopping to ask the questions that matter most. Taffakur is the space in which our pupils do stop, and in which thinking becomes a journey of awakening.

The purpose of Taffakur is to awaken our pupils to themselves, to their Creator, to their history, to their reality and to their responsibility. Through reflection, observation, dialogue, contemplation and self accountability, pupils develop the habits of mind that the Qur'an repeatedly calls for.

**To awaken intellectually, spiritually and civilisationally,
not merely academically.**

Taffakur is distinct from Islamic Studies and from Tazkiyah. Where those subjects teach and form directly, Taffakur proceeds by enquiry: pupils are awakened through questions, reflection and reasoned dialogue, so that understanding is reached, not simply received.

2 The Awakening Journey

Taffakur is built as a five year journey. Each year carries its own awakening and its own guiding questions.



Year	Guiding questions
Year 7: Awakening to Self	• Who am I? • Why was I created? • What gives life meaning? • What is success? • What kind of person do I want to become?
Year 8: Awakening to Allah	• Who is Allah? • What do the signs of Allah teach us? • Why does Allah guide humanity? • How should belief shape life? • What does Tawhid mean beyond belief?
Year 9: Awakening to History	• Why do civilisations rise? • Why do civilisations decline? • What happened to the Muslim world? • What lessons does history teach? • How does the past shape the present?
Year 10: Awakening to Reality	• What assumptions shape modern society? • What is progress? • What is secularism? • What is materialism? • Is technology making us wiser? • How do Muslims understand reality?
Year 11: Awakening to Responsibility	• What responsibility do I carry? • What contribution will I make? • What kind of leader do I wish to become? • What legacy will I leave behind? • How should Muslims contribute to society?

The journey moves outward and upward, year by year.

YEAR 7 Self	YEAR 8 Allah	YEAR 9 History	YEAR 10 Reality	YEAR 11 Responsibility
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3 The Five Modes of Awakening

Awakening is reached through five modes, which run throughout the programme.

Mode	Description
Reflection	Thinking deeply about a question, an idea or an experience.



Mode	Description
Observation	Noticing the signs of Allah in creation, in events and in everyday life.
Discussion	Exploring ideas together through respectful, reasoned dialogue.
Contemplation	Quiet reflection and journaling, often in silence.
Muhasabah	Personal accountability: examining oneself honestly before Allah.

4 Weekly Rhythm

Taffakur is taught twice each week. Friday is always a Muhasabah session. Monday is an Awakening session, which rotates through four kinds of lesson so that pupils awaken through different means.

Session	Focus
Monday: Awakening	A question, a story, an observation or a challenge, explored through enquiry and discussion.
Friday: Muhasabah	Reflection, journaling, gratitude, self accountability, goal setting and dua.

The four kinds of Monday Awakening session

Type	What it involves
Reflection	A Qur'anic verse, a period of silence, journaling and deep thinking.
Story	A historical event, a prophetic example or a case study, followed by discussion.
Observation	An image, a feature of nature, a current event or a short film, followed by reflection.
Challenge	A single difficult question explored through discussion, for example: can a person have everything and still be unhappy?

5 Qur'anic Foundation

The programme is rooted in four recurring Qur'anic themes.

التَّفَكُّر
Tafakkur



Will you not reflect?

التَّعَقُّلُ

Ta'aqqul

Will you not reason?

التَّدَبُّرُ

Tadabbur

Will they not deeply contemplate?

أُولُو الْأَلْبَابِ

Ulul Albab

People of understanding.

6 The Ivy House Graduate

By the end of Year 11, a pupil who has travelled the Awakening Journey should be:

Quality	Meaning
Self aware	She understands herself.
God conscious	She recognises her relationship with Allah.
Historically aware	She understands the lessons of civilisation.
Intellectually awake	She thinks critically and discerns wisely.
Purposeful	She understands why she is here.
Responsible	She seeks to contribute positively to society.

At The Ivy House, education is not first the transfer of knowledge but the awakening of the soul, the intellect and the worldview. Taffakur is where that awakening is given a name, a rhythm and a home.