

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



TAFFAKUR

THE AWAKENING PROGRAMME

أَفَلَا يَتَفَكَّرُونَ

Afala yatafakkarun

Will they not reflect?

INSPIRED MINDS. EMPOWERED FUTURES.

FOR PARENTS

A space in which our pupils stop and think

Most young people move through life without ever stopping to ask the questions that matter most. Taffakur is the lesson in which your

daughter does stop, and in which thinking becomes a journey of awakening.

Taffakur is rooted in the Qur'anic tradition of reflection and contemplation. It awakens our pupils intellectually, spiritually and civilisationally, not merely academically. It is a distinct part of our curriculum, taught alongside Islamic Studies and Tazkiyah rather than in place of them.

Where those subjects teach and form directly, Taffakur proceeds by enquiry. Understanding is reached through reflection and reasoned dialogue rather than simply received. Our pupils are invited to ask, to wonder, to listen to one another and to look honestly at themselves.



Education is not first the transfer of knowledge, but the awakening of the soul, the intellect and the worldview.

YEARS 7 TO 11

The five year journey

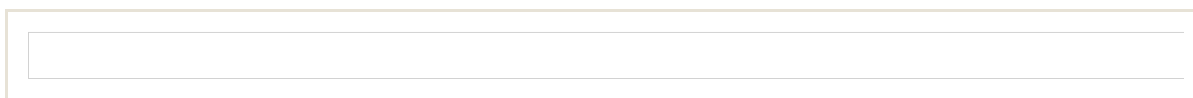
Taffakur runs across the whole of secondary as a single journey. Each year carries its own awakening, building from the self outward to the Creator, to history, to reality and finally to responsibility. The journey moves outward and upward, year by year.

The full year by year detail is set out below, and in our Medium Term Plans, which are available to parents on request.

LONG TERM PLAN

The whole programme on one page

Each year has its own guiding questions, its own key concepts and its own intended outcome. This is the plan our teachers work from.



Scroll sideways to see all five years.

Taffakur Long Term Plan v1.0, June 2026.

THE WEEKLY RHYTHM

Taffakur is taught twice each week

Every week holds two sessions. Monday opens a question. Friday turns that question inward.

MONDAY

Awakening

A question, a story, an observation or a challenge, explored through enquiry and discussion.

FRIDAY

Muhasabah

Reflection, journaling, gratitude, self accountability, goal setting and dua.

MONDAY SESSION

Reflection

A Qur'anic verse, a period of silence, journaling and deep thinking.

MONDAY SESSION

Story

A historical event, a prophetic example or a case study, followed by discussion.

MONDAY SESSION

Observation

An image, a feature of nature, a current event or a short film, followed by reflection.

MONDAY SESSION

Challenge

A single difficult question, explored together through discussion.

HOW AWAKENING HAPPENS

The five modes

Whatever the year and whatever the question, our pupils awaken through five ways of thinking that run throughout the programme.

Reflection

Thinking deeply about a question, an idea or an experience.

Observation

Noticing the signs of Allah in creation, in events and in everyday life.

Discussion

Exploring ideas together through respectful, reasoned dialogue.

Contemplation

Quiet reflection and journaling, often in silence.

Muhasabah

Personal accountability: examining oneself honestly before Allah.

ROOTED IN REVELATION

Will you not reflect? Will you not reason? Will they not deeply contemplate the Qur'an? For people of understanding.

PROGRESS

There are no tests in Taffakur

Taffakur is not assessed through formal examinations, tests or grades. Progress is recognised over time: through reflection journals, through discussion and oracy, and through the growing quality of a pupil's questions and of her honesty with herself.

Teachers know a pupil is progressing when her questions deepen, when she listens more carefully to others, and when she holds herself to account without being asked. Our full approach is set out in the Taffakur Assessment, Monitoring and Evidence Framework.

BY THE END OF YEAR 11

The Ivy House Awakening Graduate

A pupil who has travelled the whole five year journey leaves us with six qualities.

Self aware

She understands herself.

God conscious

She recognises her relationship with Allah.

Historically aware

She understands the lessons of civilisation.

Intellectually awake

She thinks critically and discerns wisely.

Purposeful

She understands why she is here.

Responsible

She seeks to contribute positively to society.

Not merely informed, but thoughtful. Not merely knowledgeable, but wise. Not merely successful, but purposeful.

The Ivy House Secondary School for Girls

Saint Marys Graces Court, 65 Cartwright Street, London E1 8NB

INSPIRED MINDS. EMPOWERED FUTURES.