

# TIMETABLE

2023

[www.sspastudios.co.uk](http://www.sspastudios.co.uk)

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ADULT CLASSES		
MONDAY	19.00-20.45	Adults - Hoop
MONDAY	20.00-20.45	Adults - Ballet
TUESDAY	19.15-20.00	Adults - Dance fit
WEDNESDAY	20.15-21.00	Adults - Circuit Training
THURSDAY	19.30-20.15	Adults - Musical Theatre