

**Do you have a SAUNA...  
or want a SAUNA...  
at your 55-plus community or senior center?**

## **Partner with Sauna For Seniors!**

Sauna For Seniors is a nonprofit organization with the mission of expanding awareness of and access to the benefits of heat therapy for senior citizens in the Philadelphia area.

**If you HAVE a sauna at  
your facility**

**Sauna For Seniors hosts FREE  
informational wellness programs  
about the potential benefits of  
heat therapy to promote sauna  
use at your facility**

**If you WANT a sauna at  
your facility**

**Sauna For Seniors will  
DONATE a high-quality  
prefabricated electric  
sauna to your facility**

*For more information or to partner with Sauna For Seniors, please contact:*

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