

Going for the Gold 5K

Age Group Results

5K Run

Race Date
August 25, 2023

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julio Garcia	Slocomb AL	44	299	1	21:42	6:58/K

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brooke Hill	Newton AL	36	247	9	27:38	8:53/K

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Myles Gibson	Iron City GA	57	276	2	21:53	7:02/K

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tiffany Guckenberg	Dothan AL	43	243	17	30:38	9:51/K

Male Grandmasters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Sheehan	Spanish Fort AL	65	277	8	27:22	8:48/K

Female Grandmasters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susan Anderson	Westville FL	61	979	31	37:41	12:07/K

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Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luke Morris	Ashford AL	11	303	30	36:49	11:50/K
2 *	Evan Dunn	Dothan	13	281	32	37:52	12:10/K

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carly Dawsey	Ashford AL	14	302	28	36:45	11:49/K
2 *	Anna Brooke Morris	Ashford AL	14	300	29	36:49	11:50/K

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hagen Seymour	Newton AL	19	258	4	23:00	7:24/K
2 *	D'Undrae Brewer	Dothan AL	17	218	24	33:58	10:55/K
3 *	Caleb Price	Dothan AL	17	297	27	36:43	11:48/K

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ben McDuffie	Dothan AL	24	307	22	33:24	10:44/K
2 *	Drew Cumbie	Dothan AL	23	232	23	33:27	10:45/K
3 *	Chase Woodall	Dothan AL	20	273	37	42:11	13:34/K

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hana Habbard	Hartford AL	21	244	40	45:38	14:40/K
2 *	Colbie Kelley	Slocomb	23	278	41	45:42	14:42/K

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chance Willard	Dothan AL	27	301	13	29:05	9:21/K
2 *	Kevin King	Dothan AL	28	279	21	33:09	10:39/K
3 *	Gabriel Richards	Dothan AL	29	257	34	41:34	13:22/K

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Female 25 to 29

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1 *	Kelsey Heath	Dothan AL	28	306	12	28:29	9:09/K
2 *	Gabrielle Williams	Kinsey AL	25	270	35	41:37	13:23/K

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Scott Spivey	Dothan AL	33	265	3	22:26	7:13/K
2 *	Jordan Heath	Dothan AL	31	305	19	31:39	10:11/K
3 *	Kyle Shiphorst	Headland AL	30	304	25	34:02	10:56/K

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Heather King	Dothan AL	30	280	20	33:08	10:39/K
2 *	Hope Smith	Skipperville AL	32	264	26	35:49	11:31/K
3 *	Krystle Hebert	Ozark AL	32	288	44	49:12	15:49/K

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lee Herring	Malone FL	38	245	6	24:06	7:45/K
2 *	Jeremy Alley	Dothan AL	37	294	7	26:28	8:30/K
3 *	Jeremy Andrews	Hartford AL	36	215	10	28:07	9:02/K

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Julia Brown	Ozark AL	38	298	33	39:15	12:37/K

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jonathan Jennings	Dothan AL	40	290	5	23:38	7:36/K

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Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Priscilla Horne	Dothan AL	44	248	43	49:11	15:49/K

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Will Glover	Dothan AL	48	241	16	30:21	9:45/K

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Paul Jernigan	Bonifay FL	50	308	15	29:59	9:38/K
2 *	Thomas Clack	Dothan AL	51	229	18	31:24	10:06/K

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cindy Burch	Chipley FL	56	220	38	42:38	13:42/K

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Paul Spivey	Dothan AL	63	296	42	45:58	14:47/K

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5K Walk

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Female Overall Winners

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1	Noreen Denney	Cottonwood AL	58	234	1	46:52	15:04/M