

Race Date  
August 21, 2024

## Going For the Gold 5K 24

### Age Group Results

#### 5K Run

##### Female Overall Winners

| <u>Place</u> | <u>Name</u>     | <u>City</u>     | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1            | Gabriella Baker | Midland City AL | 18         | 89            | 1              | 20:46       | 6:41/M      |

##### Male Overall Winners

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Michael Meadows | Rehobeth AL | 17         | 62            | 2              | 21:36       | 6:57/M      |

##### Female Masters Winners

| <u>Place</u> | <u>Name</u>   | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Hannah Becker | Headland AL | 41         | 67            | 21             | 27:46       | 8:55/M      |

##### Male Masters Winners

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Julio Garcia | Slocomb AL  | 45         | 107           | 5              | 22:47       | 7:19/M      |

##### Female Grandmasters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Wendy Jones | Ashford AL  | 55         | 72            | 24             | 28:00       | 9:00/M      |

##### Male Grandmasters Winners

| <u>Place</u> | <u>Name</u>   | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Jimmy Russell |             | 60         | 106           | 12             | 24:45       | 7:57/M      |

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### Age Group Results

#### 5K Run

##### Female 14 and Under

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Avery Wilson | Dothan AL   | 14         | 76            | 51             | 34:18       | 11:02/M     |

##### Male 14 and Under

| <u>Place</u> | <u>Name</u>    | <u>City</u>   | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Asher Vann     | Dothan AL     | 12         | 97            | 4              | 22:05       | 7:06/M      |
| 2 *          | Elijah Tabler  | Enterprise AL | 13         | 98            | 10             | 24:30       | 7:53/M      |
| 3 *          | Claud Chambers | Dothan AL     | 12         | 124           | 19             | 27:18       | 8:46/M      |

##### Female 15 to 19

| <u>Place</u> | <u>Name</u>      | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Noel Becker      | Headland AL | 16         | 63            | 14             | 25:31       | 8:12/M      |
| 2 *          | Olivia Abrego    | Slocomb AL  | 15         | 108           | 18             | 26:53       | 8:38/M      |
| 3 *          | Catherine Stuart | Ozark AL    | 19         | 84            | 22             | 27:51       | 8:57/M      |

##### Male 15 to 19

| <u>Place</u> | <u>Name</u>   | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | John Chumney  | Dothan AL   | 18         | 53            | 6              | 23:02       | 7:24/M      |
| 2 *          | Byson Cinfici | Headland AL | 19         | 115           | 7              | 23:17       | 7:29/M      |
| 3 *          | Jack Staworz  |             | 19         | 137           | 27             | 28:21       | 9:07/M      |

##### Female 20 to 24

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Kaitlyn Tindell | Dothan AL   | 22         | 102           | 41             | 31:15       | 10:03/M     |
| 2 *          | Mikayla Craig   | Slocomb AL  | 24         | 45            | 65             | 40:23       | 12:59/M     |

##### Male 20 to 24

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Anthony Barajas | Kinsey AL   | 21         | 73            | 15             | 25:34       | 8:13/M      |
| 2 *          | James Jones     | Dothan AL   | 24         | 139           | 16             | 25:40       | 8:15/M      |
| 3 *          | Mikey Hedgpeth  | Newton AL   | 20         | 79            | 20             | 27:29       | 8:50/M      |

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### Age Group Results

#### 5K Run

##### Female 25 to 29

| <u>Place</u> | <u>Name</u>   | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Kelsey Heath  | Dothan AL   | 29         | 132           | 39             | 30:59       | 9:58/M      |
| 2 *          | Mia Scott     | Dothan AL   | 25         | 70            | 59             | 38:31       | 12:23/M     |
| 3 *          | Tessa Trawick | Dothan AL   | 26         | 68            | 71             | 44:55       | 14:26/M     |

##### Male 25 to 29

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Bobby Belk   | Dothan AL   | 28         | 78            | 33             | 29:55       | 9:37/M      |
| 2 *          | Kevin King   | Dothan AL   | 29         | 94            | 35             | 30:31       | 9:49/M      |
| 3 *          | John Langdon | Taylor AL   | 28         | 91            | 37             | 30:42       | 9:52/M      |

##### Female 30 to 34

| <u>Place</u> | <u>Name</u>      | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Heather King     | Dothan AL   | 31         | 95            | 36             | 30:31       | 9:49/M      |
| 2 *          | Brantlee Willard | Dothan AL   | 30         | 123           | 38             | 30:58       | 9:57/M      |
| 3 *          | Sydney Holley    | Dothan AL   | 30         | 48            | 58             | 38:17       | 12:18/M     |

##### Male 30 to 34

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Andy Wade    | Headland AL | 34         | 54            | 8              | 23:45       | 7:38/M      |
| 2 *          | David Bryant | Headland AL | 34         | 105           | 13             | 25:24       | 8:10/M      |
| 3 *          | James Bryan  | Dothan AL   | 33         | 131           | 32             | 29:25       | 9:27/M      |

##### Female 35 to 39

| <u>Place</u> | <u>Name</u>       | <u>City</u>     | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Ashley Camp       | Midland City AL | 37         | 55            | 46             | 32:30       | 10:27/M     |
| 2 *          | Katherine Trotman | Dothan AL       | 35         | 128           | 55             | 37:33       | 12:04/M     |
| 3 *          | Julia Moss        | Webb AL         | 39         | 42            | 73             | 47:48       | 15:22/M     |

##### Male 35 to 39

| <u>Place</u> | <u>Name</u>  | <u>City</u>     | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Matthew Bass | Enterprise AL   | 39         | 58            | 3              | 21:42       | 6:59/M      |
| 2 *          | Beau Camp    | Midland City AL | 39         | 56            | 9              | 23:57       | 7:42/M      |
| 3 *          | Jeremy Ally  | Dothan AL       | 38         | 109           | 11             | 24:37       | 7:55/M      |

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## Going For the Gold 5K 24

### Age Group Results

#### 5K Run

##### Female 40 to 44

| <u>Place</u> | <u>Name</u>     | <u>City</u>      | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|------------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Leah Tabler     | Enterprise AL    | 41         | 99            | 23             | 27:58       | 8:59/M      |
| 2 *          | Ashley Shingler | Donalsonville GA | 42         | 40            | 31             | 28:49       | 9:16/M      |
| 3 *          | Amanda Simon    | Newton AL        | 41         | 39            | 48             | 33:32       | 10:47/M     |

##### Female 45 to 49

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Rebecca Jewell | Ashford AL  | 45         | 96            | 34             | 30:03       | 9:40/M      |
| 2 *          | Rachel David   | Dothan AL   | 46         | 86            | 42             | 31:16       | 10:03/M     |
| 3 *          | Dana Bonney    | Dothan AL   | 48         | 90            | 45             | 32:29       | 10:26/M     |

##### Male 45 to 49

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Tommy Morris | Ashford AL  | 49         | 120           | 62             | 39:56       | 12:50/M     |

##### Male 50 to 54

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Kyle Laplant | Dothan AL   | 53         | 59            | 28             | 28:26       | 9:08/M      |
| 2 *          | Walter Davis | Newton AL   | 53         | 85            | 50             | 34:10       | 10:59/M     |

##### Female 55 to 59

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Suzel MacCallum | Slocomb AL  | 59         | 101           | 57             | 37:42       | 12:07/M     |
| 2 *          | Rene Jordan     | Bascom FL   | 59         | 61            | 64             | 40:18       | 12:57/M     |
| 3 *          | Lisa Knight     | Ashford AL  | 55         | 104           | 76             | 52:38       | 16:55/M     |

##### Female 60 to 64

| <u>Place</u> | <u>Name</u>   | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Karen Mathews | Dothan AL   | 60         | 126           | 44             | 31:44       | 10:12/M     |

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## Going For the Gold 5K 24

### Age Group Results

#### 5K Run

#### Male 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u>   | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Terry Bass  | Enterprise AL | 64         | 57            | 25             | 28:04       | 9:01/M      |

#### Female 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Mary Willis |             | 67         | 134           | 68             | 41:57       | 13:29/M     |

#### Male 65 to 69

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Mark Sheehan | Dothan AL   | 66         | 113           | 17             | 26:18       | 8:27/M      |

#### Male 70 and Over

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 *          | Preston Willis |             | 77         | 133           | 74             | 49:15       | 15:50/M     |

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## Going For the Gold 5K 24

### Age Group Results

#### 5K Walk

#### Female Overall Winners

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Geraldine Jagel | Hartford AL | 54         | 51            | 1              | 39:43       | 12:46/M     |
| 2            | Reagan Tolbert  | Slocomb AL  | 22         | 129           | 3              | 44:57       | 14:27/M     |
| 3            | Susan Hand      | Webb AL     | 72         | 112           | 4              | 46:59       | 15:06/M     |

#### Male Overall Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1            | Peyton Hall | Dothan AL   | 20         | 130           | 2              | 44:56       | 14:27/M     |
| 2            | Clare Camp  | Dothan AL   | 16         | 118           | 10             | 54:19       | 17:28/M     |