

Run for Your Life 5K

Race Date
April 27, 2019

Overall Finish List

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Gen</u> | <u>Div</u> | <u>Time</u> | <u>Pace</u> | <u>Time Back</u> |
|----------------|-----------------------------|---------------|---------------|------------|------------|------------|-------------|-------------|------------------|
| 1 | Eric Thomas | Adamsville AL | 865 | 41 | M | 5K | 22:25 | 7:12/M | |
| 2 | Obie Carnathan | Birmingham AL | 880 | 26 | M | 5K | 23:24 | 7:31/M | 0:59 |
| 3 | Terry Mills | Bessemer AL | 895 | 36 | M | 5K | 23:25 | 7:32/M | 1:00 |
| 4 | Sylvester Pierson | | 911 | 34 | M | 5K | 25:21 | 8:09/M | 2:56 |
| 5 | Cedric Thomas | | 909 | 45 | M | 5K | 25:27 | 8:11/M | 3:02 |
| 6 | Unknown Partic. 904 | | 904 | | M | 5K | 26:52 | 8:38/M | 4:27 |
| 7 | Alicia Littleton | Calera AL | 856 | 32 | F | 5K | 28:28 | 9:09/M | |
| 8 | Laquita Shepard | | 903 | 37 | F | 5K | 28:44 | 9:14/M | 0:15 |
| 9 | Young Dill | | 935 | 0 | M | 5K | 30:55 | 9:56/M | 8:30 |
| 10 | Victoria Johnson | Birmingham AL | 869 | 35 | F | 5K | 32:23 | 10:25/M | 3:55 |
| 11 | Ashley Pleasant | Birmingham AL | 864 | 33 | F | 5K | 32:27 | 10:26/M | 3:59 |
| 12 | Demetris Hall | Birmingham AL | 897 | 38 | M | 5K | 32:35 | 10:29/M | 10:10 |
| 13 | Chatman Hill | Birmingham AL | 896 | 27 | M | 5K | 32:41 | 10:31/M | 10:16 |
| 14 | Cory Radford | | 907 | 33 | M | 5K | 32:51 | 10:34/M | 10:26 |
| 15 | Devin Glover | | 910 | 35 | M | 5K | 33:07 | 10:39/M | 10:42 |
| 16 | Latonia Todd-Bell | Pelham AL | 876 | 42 | F | 5K | 33:39 | 10:49/M | 5:10 |
| 17 | Marshall Tillman | | 930 | 36 | M | 5K | 33:54 | 10:54/M | 11:29 |
| 18 | Andrea Taylor | Birmingham AL | 870 | 50 | F | 5K | 33:55 | 10:54/M | 5:26 |
| 19 | Riley McWhorter | Leeds AL | 892 | 13 | F | 5KK | 34:48 | 11:11/M | 6:19 |
| 20 | Jon McWhorter | Leeds AL | 885 | 44 | M | 5K | 34:50 | 11:12/M | 12:25 |
| 21 | Annie Hill | Montgomery AL | 884 | 35 | F | 5K | 35:58 | 11:34/M | 7:29 |
| 22 | Victoria Smith | Cottondale AL | 862 | 35 | F | 5K | 36:34 | 11:45/M | 8:05 |
| 23 | Takia Brown | Birmingham AL | 863 | 32 | F | 5K | 38:01 | 12:13/M | 9:32 |
| 24 | Jamori Randle | Trussville AL | 893 | 16 | M | 5KK | 38:05 | 12:15/M | 15:40 |
| 25 | Joseph Clark | Bessemer AL | 902 | 34 | M | 5K | 38:13 | 12:17/M | 15:48 |
| 26 | Tomiko Wright | Birmingham AL | 857 | 47 | F | 5K | 38:13 | 12:17/M | 9:45 |
| 27 | Leonidas Sloan | Dolomite AL | 894 | 36 | M | 5K | 39:54 | 12:50/M | 17:29 |
| 28 | Unknown Partic. 918 | | 918 | | M | 5K | 41:36 | 13:23/M | 19:11 |
| 29 | Malcolm Lockett | Fairfield AL | 849 | 33 | M | 5K | 42:01 | 13:31/M | 19:36 |
| 30 | Natalian Johnson | Calera AL | 878 | 30 | F | 5K | 42:59 | 13:49/M | 14:30 |
| 31 | Montrice Mitchell | Birmingham AL | 882 | 35 | F | 5K | 43:23 | 13:57/M | 14:54 |
| 32 | Tiffany MacLin | Birmingham AL | 873 | 35 | F | 5K | 43:31 | 14:00/M | 15:03 |
| 33 | Velvet King | Fairfield AL | 900 | 34 | F | 5K | 43:33 | 14:00/M | 15:05 |
| 34 | Diandra Woods | Fairfield AL | 899 | 34 | F | 5K | 43:33 | 14:00/M | 15:05 |
| 35 | Yolanda Clark | Helena AL | 901 | 33 | F | 5K | 43:38 | 14:02/M | 15:09 |
| 36 | Jasmine Merlette | Birmingham AL | 867 | 23 | F | 5K | 44:38 | 14:21/M | 16:10 |
| 37 | Javionni Mitchell | | 937 | 0 | M | 5K | 45:50 | 14:44/M | 23:25 |
| 38 | Unknown Partic. 920 | | 920 | | M | 5K | 47:33 | 15:17/M | 25:08 |
| 39 | Unknown Partic. 917 | | 917 | | M | 5K | 47:35 | 15:18/M | 25:10 |
| 40 | Trey Marrow | | 908 | 37 | M | 5K | 47:48 | 15:22/M | 25:23 |
| 41 | Lakeisha Mitchell-Burroughs | Gardendale AL | 854 | 42 | F | 5K | 47:54 | 15:24/M | 19:25 |
| 42 | Misty Ford | Birmingham AL | 855 | 41 | F | 5K | 47:55 | 15:24/M | 19:26 |
| 43 | Jeremy Adams | Birmingham AL | 888 | 34 | M | 5K | 48:02 | 15:27/M | 25:37 |
| 44 | Bobby Gaines | Trussville AL | 887 | 35 | M | 5K | 48:04 | 15:27/M | 25:39 |
| 45 | Yolanda Hall | Birmingham AL | 898 | 38 | F | 5K | 48:09 | 15:29/M | 19:40 |
| 46 | Dylan Bunkley | Birmingham AL | 890 | 12 | M | 5KK | 48:36 | 15:38/M | 26:11 |
| 47 | La'monica Cook | Gardendale AL | 847 | 29 | F | 5K | 49:41 | 15:59/M | 21:13 |

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|----------------|---------------------|---------------|---------------|------------|------------|------------|-------------|-------------|------------------|
| 48 | Tara Hall | Birmingham AL | 883 | 31 | F | 5K | 49:42 | 15:59/M | 21:13 |
| 49 | Ashley Blevins | | 936 | 31 | F | 5K | 50:00 | 16:05/M | 21:31 |
| 50 | Myles Bunkley | Birmingham AL | 891 | 8 | M | 5KK | 50:24 | 16:12/M | 27:59 |
| 51 | Taurus Bunkley | Birmingham AL | 872 | 42 | M | 5K | 50:27 | 16:13/M | 28:02 |
| 52 | Nichole Bunkley | Birmingham AL | 871 | 35 | F | 5K | 50:27 | 16:13/M | 21:58 |
| 53 | Debra Andrews | | 921 | 58 | F | 5K | 50:37 | 16:17/M | 22:08 |
| 54 | Johnathan Woods | | 912 | 0 | M | 5K | 51:41 | 16:37/M | 29:16 |
| 55 | M Walker | | 986 | 0 | M | 5K | 51:41 | 16:37/M | 29:16 |
| 56 | Anita Watkins | Birmingham AL | 868 | 33 | F | 5K | 51:45 | 16:38/M | 23:17 |
| 57 | Katie Wallace | | 924 | 31 | F | 5K | 52:18 | 16:49/M | 23:49 |
| 58 | Kyra Staples | | 906 | 36 | F | 5K | 53:04 | 17:04/M | 24:35 |
| 59 | Shay Madden | | 926 | 0 | F | 5K | 53:05 | 17:04/M | 24:36 |
| 60 | Tierika Nunn | Birmingham AL | 881 | 34 | F | 5K | 54:12 | 17:26/M | 25:43 |
| 61 | Unknown Partic. 919 | | 919 | | M | 5K | 54:12 | 17:26/M | 31:47 |
| 62 | Unknown Partic. 916 | | 916 | | M | 5K | 54:13 | 17:26/M | 31:48 |
| 63 | Sarah Johnson | Birmingham AL | 860 | 35 | F | 5K | 56:27 | 18:09/M | 27:58 |
| 64 | Unknown Partic. 923 | | 923 | | M | 5K | 56:30 | 18:10/M | 34:05 |
| 65 | Kenny Madden | | 927 | 0 | M | 5K | 56:49 | 18:16/M | 34:24 |
| 66 | Nicole Woods | | 925 | 0 | F | 5K | 56:53 | 18:17/M | 28:24 |
| 67 | Lisa Blackmon | | 928 | 0 | F | 5K | 1:05:43 | 21:08/M | 37:14 |