Race Date
September 01, 2025

### Golden Hour 5K <u>Age Group Results</u>

5K

Male	2 Over	all Wi	inners
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 Place
 Name
 City
 Age
 Bib No
 Overall
 Time
 Pace

 1
 Martin Harris
 Pike Road AL
 46
 8
 1
 19:06
 6:08/M

### Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u> I	<u> Sib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jamie Capezza	Wetumpka AL	38	36	6	22:37	7:16/M

# Golden Hour 5K <u>Age Group Results</u>

5K

Male 5 to 9							
Place Name 1 * Colin Woodbury	<u>City</u> Montgomery AL	<b>Age</b> 7	<b>Bib No</b> 1997	Overall 43	<u>Time</u> 33:28	<b>Pace</b> 10:46/M	
Male 10 to 14							
Place Name 1 * Hurley Scott	<u>City</u> Tallassee AL	<u>Age</u> 14	Bib No 1993	Overall 7	<u>Time</u> 23:49	<b>Pace</b> 7:39/M	
Male 15 to 19							
Place Name 1 * Christopher Robinson	<u>City</u> Montgomery AL	<u>Age</u> 17	<b>Bib No</b> 12	Overall 24	<u>Time</u> 29:09	<b>Pace</b> 9:22/M	
Female 15 to 19							
Place Name 1 * Sydney Robinson	<u>City</u> Montgomery AL	<b>Age</b> 16	<b>Bib No</b> 13	Overall 55	<u>Time</u> 38:29	<b>Pace</b> 12:22/M	
Male 20 to 24							
Place Name 1 * Christian Scott	<u>City</u> Statesboro GA	<b>Age</b> 24	<u>Bib No</u> 27	Overall 58	<u>Time</u> 38:53	<u>Pace</u> 12:30/M	
Female 20 to 24							
Place Name 1 * Katrinnah Darden	<u>City</u> Montgomery AL	<u>Age</u> 22	<u>Bib No</u> 34	Overall 19	<u>Time</u> 26:12	<b>Pace</b> 8:25/M	
Male 25 to 29							
Place Name 1 * Tyler Dixson	<u>City</u> Orange TX	<b>Age</b> 29	Bib No 1969	Overall 4	<u>Time</u> 20:33	<b>Pace</b> 6:36/M	
Female 25 to 29							
Place Name 1 * Haley Bethea	<u>City</u> Wetumpka AL	<u>Age</u> 29	<b>Bib No</b> 1973	Overall 22	<u>Time</u> 28:45	<u>Pace</u> 9:15/M	

# Golden Hour 5K <u>Age Group Results</u>

5K

Male 30 to 34							
Place Name  1 * Dusty Graves	<u>City</u> Dayton OH	<u>Age</u> 33	<u>Bib No</u> 1989	Overall 2	<u>Time</u> 19:32	<u><b>Pace</b></u> 6:17/M	
Female 30 to 34							
Place Name 1 * Shaterra McLean	<u>City</u> Montgomery AL	<u>Age</u> 31	Bib No 6	Overall 35	<u>Time</u> 31:20	<u><b>Pace</b></u> 10:04/M	
Male 35 to 39							
Place Name 1 * Aaron Farris	<u>City</u> Hahira GA	<b>Age</b> 39	<b>Bib No</b> 1960	Overall 3	<u>Time</u> 20:30	<u><b>Pace</b></u> 6:35/M	
Female 35 to 39							
Place Name 1 * Lyndeana Parsons	<u>City</u> Pike Road AL	<b>Age</b> 36	<b>Bib No</b> 1962	Overall 26	<u>Time</u> 29:32	<u>Pace</u> 9:30/M	
Male 40 to 44							
Place Name 1 * Joshua Cochran	<u>City</u> Montgomery AL	<b>Age</b> 40	<u>Bib No</u> 33	Overall 5	<u>Time</u> 22:28	<u>Pace</u> 7:13/M	
Female 40 to 44							
Place Name 1 * Katie Lee	<u>City</u> Tallassee AL	<u>Age</u> 44	<b>Bib No</b> 38	Overall 18	<u>Time</u> 25:58	<u><b>Pace</b></u> 8:21/M	
Female 45 to 49							
Place Name 1 * Stephanie Richardson	<u>City</u> Wetumpka AL	<b>Age</b> 48	<u>Bib No</u> 35	Overall 17	<u>Time</u> 25:57	<u>Pace</u> 8:21/M	
Female 50 to 54							
Place Name 1 * Dawn Parvin	<u>City</u> Jack AL	<u>Age</u> 52	<b>Bib No</b> 1988	Overall 68	<u>Time</u> 48:44	<u>Pace</u> 15:40/M	

# Golden Hour 5K <u>Age Group Results</u>

5K

Male 55 to 59							
Place Name 1 * Shelby Hall	<b>City</b> Jack AL	<b>Age</b> 55	<b>Bib No</b> 1987	Overall 33	<u>Time</u> 30:56	<b>Pace</b> 9:57/M	
Female 55 to 59							
Place Name  1 * Mary Beth Higgins	<u>City</u> Tallassee AL	<b>Age</b> 55	<b>Bib No</b> 37	Overall 32	<u>Time</u> 30:54	<b>Pace</b> 9:56/M	
Male 60 to 64							
Place Name 1 * Bob Lewis	<u>City</u> Montgomery AL	<u>Age</u> 63	<b>Bib No</b> 19	Overall 67	<u>Time</u> 47:16	<u>Pace</u> 15:12/M	
Female 60 to 64							
Place Name 1 * Lee Phipps	<u>City</u> Tallassee AL	<b>Age</b> 62	<u>Bib No</u> 1978	Overall 46	<u>Time</u> 33:58	<u>Pace</u> 10:55/M	
Male 70 and Over							
Place Name	City Montgomony Al			<u>Overall</u>	Time	Pace	
1 * Dave Stever	Montgomery AL	72	1982	54	38:19	12:19/M	