



INSPIRIT  
MARTIAL ARTS  
LEADERS PROGRAMME

# LEADERSHIP & CORE VALUES PROGRAMME

A Leadership Programme to create tomorrow's leaders, today!

We want to use Martial Arts to really develop our youth giving them skills to be successful in life. Students who join the leadership programme become role models for our younger students. They take responsibility for themselves and others and in doing so develop confidence which transfers into all areas of their life.

**GIVE YOUR CHILD  
CONFIDENCE TO SUCCEED**



# INCREASED CONFIDENCE TO BE SUCCESSFUL IN LIFE

★ **Level 1 – Core Values** All students up to age 12yrs

## Kindness • Perseverance • Respect • Honesty

We introduce our core values and encourage their use in class and at home. We ask parents to inform us when their children exhibit a core value at home so we can reward the student with a Core Values certificate in class!



### Level 2 – Class Assistant Intermediate Grades – Upon application . Enrolment €35

At this level students who enter the programme are coached to become **Junior leaders**. They are supported to develop new skills around coaching other students.

**BENEFITS:** Upon successful completion students will be awarded Class Assistant T-Shirts and a certificate

### Level 3 – Junior Assistant Instructor Pre requisite – Advanced grade (Brown belt plus). Enrolment €65

Students are required to show competency in teaching all beginner grades and demonstrating techniques. They are required to take class warm up and cool downs, pass a theory test, maintain class discipline and represent the club to a high standard at all times.

**BENEFITS:** If successful (with a minimum 1st kyu grade) students will be awarded the status **Junior Assistant Instructor** receiving a certificate and an Instructor Gi.

### Level 4 – Assistant Instructor Pre-Requisite – Must have completed level 3 programme, have achieved 1st dan grade and be representing the club to a high standard at all times

Student will teach a full lesson based on a pre submitted lesson plan. They will show innovation in developing new drills for classes and offer ideas to others. They will be responsible for leading our class assistants and taking an active part in running our Core leadership programme.



**BENEFITS:** 25% discount on uniforms and club branded clothing for themselves.

## THE LIFE SKILLS TO LAST A LIFE TIME



For more information on our Leadership Programme

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