

HOW TO BE **CAMERA-READY** ON TEAM PICTURE DAY!

- **Purchase a PREPAY CREDIT** if you want Pick-A-Pose individual pictures taken. (*Do this online at www.vickylongphotography.com/marian. The QR code will also take you there!*)
- **Arrive Camera-Ready and on Time.** Check with your coach on the team's scheduled time.
Arrive camera-ready a few minutes before that time!
- **Bring Your Own** sport balls, gloves, helmets, and any other sport-specific prop you want to include in your Pick-A-Pose and/or Senior Banner picture.
- **Colored Uniforms** are our favorites! If you wear white, make sure you have white undergarments on too. This includes compression shorts!
- **Tuck uniform tops and strings in!** Many poses are cropped just above the knees. Untucked tops, strings, and long shorts can be distracting in these poses.
- **Tame fly-away and stray hairs** on your head, face, and neck areas.
- **Brush and floss your teeth.** Please don't come to the camera after eating a bag of Cheetos or a blue Jolly Rancher. *You get the point...*
- **Tone down the shine.** Blot your face with tissues if you are prone to facial shine. A light application of facial powder works great too!
- **Avoid sparkles** in your make-up. Sparkles can add unflattering random shine.
- **Moisturize** your lips and any skin that will show! Apply lip gloss or chapstick to avoid dry cracked lips in our pictures. A thin coat of lotion smooths dry skin in other areas.
- **DON'T USE Self-Tanners!** These emphasize uneven skin tones EVERY SINGLE TIME!
- **SMILE.**
- **Questions?** Contact Vicky or Kellie at vlbrphotography@gmail.com or 815.307.0974.