



Pre-Operative Instructions for IV Sedation/ General Anesthesia

1. Do not eat or drink 8 Hours prior to your appointment.

ABSOLUTELY NO water, No liquids, No food of any kind the day of your procedure. If you have anything to eat or drink you will be RESCHEDULED. Eat a light, easily digested meal the night before the operation.

2. Get plenty of rest the night before the Surgery; do not drink any alcoholic beverages the night before procedure.

3. Arrange for a relative or friend to accompany you home after the surgery, minors must be accompanied by a parent or legal guardian. Everyone must have a ride that is required to wait for you inside our office. (No Taxi, Bus or Public Transportation).

4. Wear loose fitting clothing, short sleeved tee shirt (preferably Dark Colored). Do not wear heavy make-up, jewelry, or perfume on the day of the surgery.

5. Remove contact lenses prior to surgery

6. If you have small children at home please be aware that after general anesthesia you can not bend down and pick up anything heavier than a gallon of milk for 48 hours, please make plans accordingly.

7. Personal hygiene is stressed due to antiseptic reasons.

8. If you have kids under the age of 12 years, please do not bring kids with you on the day of surgery. It is difficult for your escort to take care of two people at same time.

For Women Only:

i. If you are or might be, or are trying to become pregnant, you should know that surgery and anesthesia can cause problems during early pregnancy and you should inform your doctor. Please consult with your doctor if you wish to rule out pregnancy before surgery.

ii. If you are given antibiotics after surgery, they may cause oral contraceptives to be less effective. You should use a second method of birth control during each cycle where antibiotics are used.

Artisan Smiles Office Locations: