



## **Pre-Operative Instructions for Oral Surgery under IV Sedation**

1. **DO NOT EAT OR DRINK 8 HOURS BEFORE YOUR APPOINTMENT**
  - a. ABSOLUTELY NO liquids, including water, and no food of any kind the day of your procedure. If you have anything to eat or drink you will be RESCHEDULED.
  - b. Please eat a light, easily digested meal the night before your surgery.
  - c. Patients taking routine oral medications may take them with a small sip of water.
2. **DO NOT drink any alcoholic beverages** the night before the procedure.
3. **All patients must have a responsible party with them.** You will NOT be discharged without a responsible party. You will NOT be allowed to take an uber, public transport or taxi by yourself. Please arrange for a relative or friend to accompany you home after the surgery.
  - a. All minors (under 18 yrs old) must be accompanied by their **parent or legal guardian.**
4. Please wear loose fitting clothing with sleeves that can be rolled up past the elbow for IV access (preferably Dark Colored). Please wear **closed toe shoes.**
5. **DO NOT smoke** at least 12 hours prior to your surgery. Recreational substances such as CBD, medical Marijuana, and THC should be stopped **72 hours** in advance due to their adverse effects with sedation medications. If we detect recreational substances your case will be STOPPED.
6. **DO NOT wear** heavy make-up, jewelry, open sandals or perfume on the day of the surgery.
7. **Personal items (cell phones, electronics, headphones, wallets, jewelry, etc.) will not be allowed back into the operating room. They must be left with your responsible party/driver or with the front desk staff.**
8. Please remove contact lenses, facial and intra-oral piercings, as well as all acrylic nails and/or nail polish prior to surgery.
9. If you have small children at home please be aware that post general anesthesia you will be unable to pick up anything heavier than 2lbs for 48 hours, please make plans accordingly.
10. Personal hygiene is stressed due to antiseptic reasons.
11. Please **do not** bring any children with you on the day of surgery.
12. If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office as we will need to reschedule your appointment to a later date.
13. For Women Only: If you are, might be, or are trying to become pregnant, you should know that anesthesia may cause problems during early pregnancy and you should inform your doctor. Please consult with your doctor to rule out pregnancy before surgery.
  - a. If you are given antibiotics after surgery, they may cause oral contraceptives to be less effective. You should use a second method of birth control during each cycle where antibiotics are used.