

Empath Medicine Private-Pay Fee Schedule

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Practice locations: MA, CT, RI, MI, CA, IL | Coming soon: OH, NY, TX | empathmedicine.org/private-pay-fee-schedule

Grandfathered / Transition Rates

Available through August 31, 2026 for established patients and new patients who establish care by August 31, 2026.

Service	Fee
10-minute medication management follow-up	\$75
20-minute medication management follow-up	\$125
30-minute therapy + medication management follow-up	\$175
45-minute therapy + medication management follow-up	\$225
60-minute therapy + medication management follow-up	\$300
60-minute initial consultation	\$350
75-minute child/adolescent initial consultation	\$450
90-minute comprehensive consultation/second opinion or child/adolescent initial consultation	\$600

Administrative & Documentation Fees

Clinical work completed outside scheduled appointment time may carry an additional fee.

Service	Fee
Routine refill/fax request outside of session (72 hours notice)	\$25
Urgent refill/fax request outside of session (24 hours notice)	\$75
Prior authorization or insurance-related medication support	\$50 / 15 min
FMLA, PFML, short-term disability, or leave paperwork	\$250/hr; \$150 min
Worker's compensation paperwork or related documentation	\$250/hr; \$150 min
Emotional Support Animal letter	\$175
Work, school, housing, or testing accommodation letter	\$250/hr; \$150 min
Complex disability, accommodation, legal, or administrative documentation	\$250/hr; \$150 min
Expedited documentation request within 3 business days	+\$150 rush fee
Expedited documentation request within 24 hours	+\$250 rush fee
Returned payment, chargeback, or failed payment requiring follow-up	25% of fee

Standard Private-Pay Rates

For new patients who establish care on or after September 1, 2026.

Service	Fee
10-minute medication management follow-up	\$95
20-minute medication management follow-up	\$175
30-minute therapy + medication management follow-up	\$250
45-minute therapy + medication management follow-up	\$325
60-minute therapy + medication management follow-up	\$400
60-minute initial consultation	\$450
75-minute therapy + medication management follow-up	\$475
75-minute child/adolescent initial consultation	\$500
90-minute therapy + medication management follow-up	\$550
90-minute comprehensive consultation/second opinion or child/adolescent initial consultation	\$600

Cancellation & Missed Appointment Policy

Service	Fee
Cancellation with less than 48 business hours notice	50% of scheduled fee
Cancellation with less than 24 hours notice	Full scheduled fee
Missed appointment / no-show	Full scheduled fee

Superbills: Provided upon request. Reimbursement depends on the patient's insurance plan and is not guaranteed.
Sliding scale: Limited sliding-scale spots may be available for patients with financial need.
Documentation requests: Letters/forms are completed only when clinically appropriate and within the limits of the treating psychiatrist role. Some requests may require a dedicated appointment.
Please note: Rates are subject to change with advance notice. Late-cancellation fees may be waived at clinician discretion in cases such as illness, medical emergency, death of a loved one, or other significant unforeseen circumstances. Because consistent attendance is important for safe and effective care, three or more missed appointments may result in discharge from the practice with appropriate transition support.