



**Do you want to face mortality with
less fear and more curiosity,
less euphemism and more reality,
less conformity and more creativity?**

Facilitated by Holly Lux-Sullivan, this is a non-dogmatic opportunity to explore mortality in community through connection, reflection, and conversation.

once a month on Zoom

5/17

**Dying, Death,
& Poetry**

6/21

**Afterlife/
Afterlives**

7/19

**Grief:
Loving & Losing,
Learning & Living**

8/16

**Hospice, Palliative
Care, & End-of-Life
Documents, Oh My!**

9/20

**Death with Dignity:
Medical Aid in Dying**

11/15

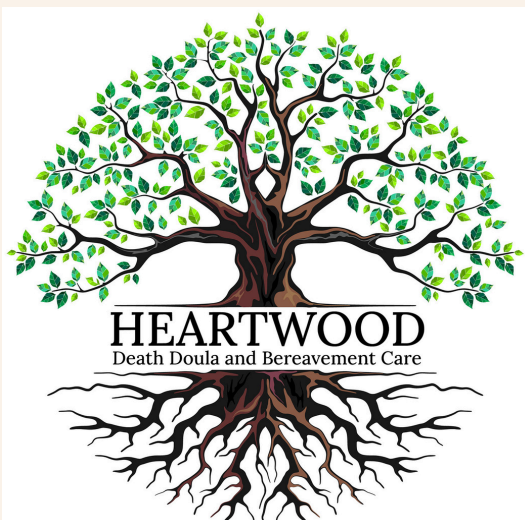
**Writing Your
Own Obituary**

10/18

**Owning
Your
Dying**

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**What to Do with a
Dead Body**



**Learn more at
heartwooddeathdoula.com**