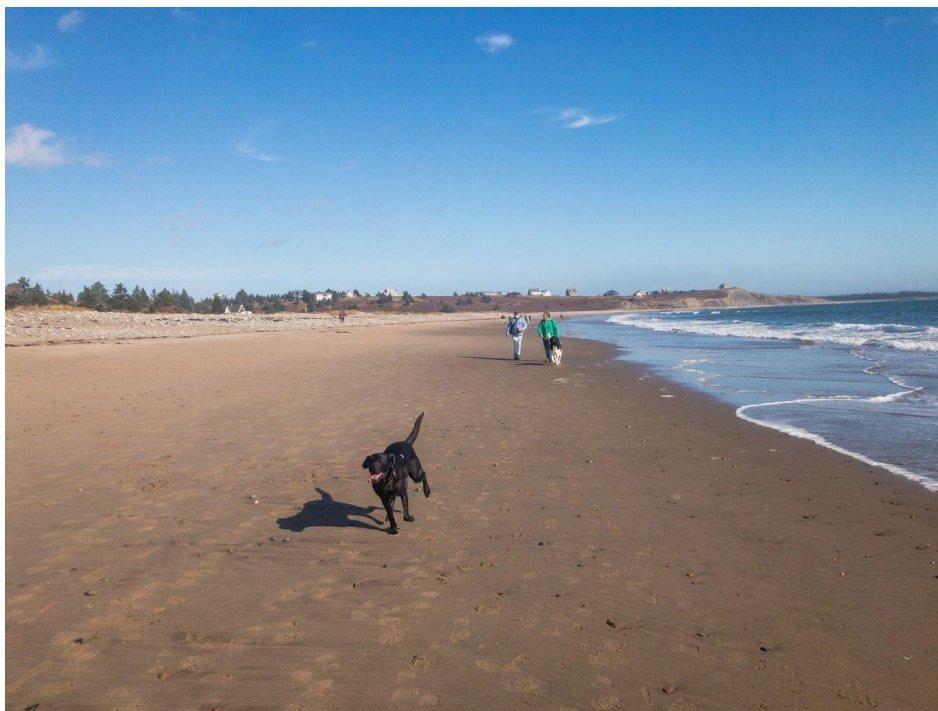


# Gaff Point Trail Day Trip

Beaches, Hiking, Sightseeing, Walking, Walking Day Trips



One of the views on Gaff Point Trail

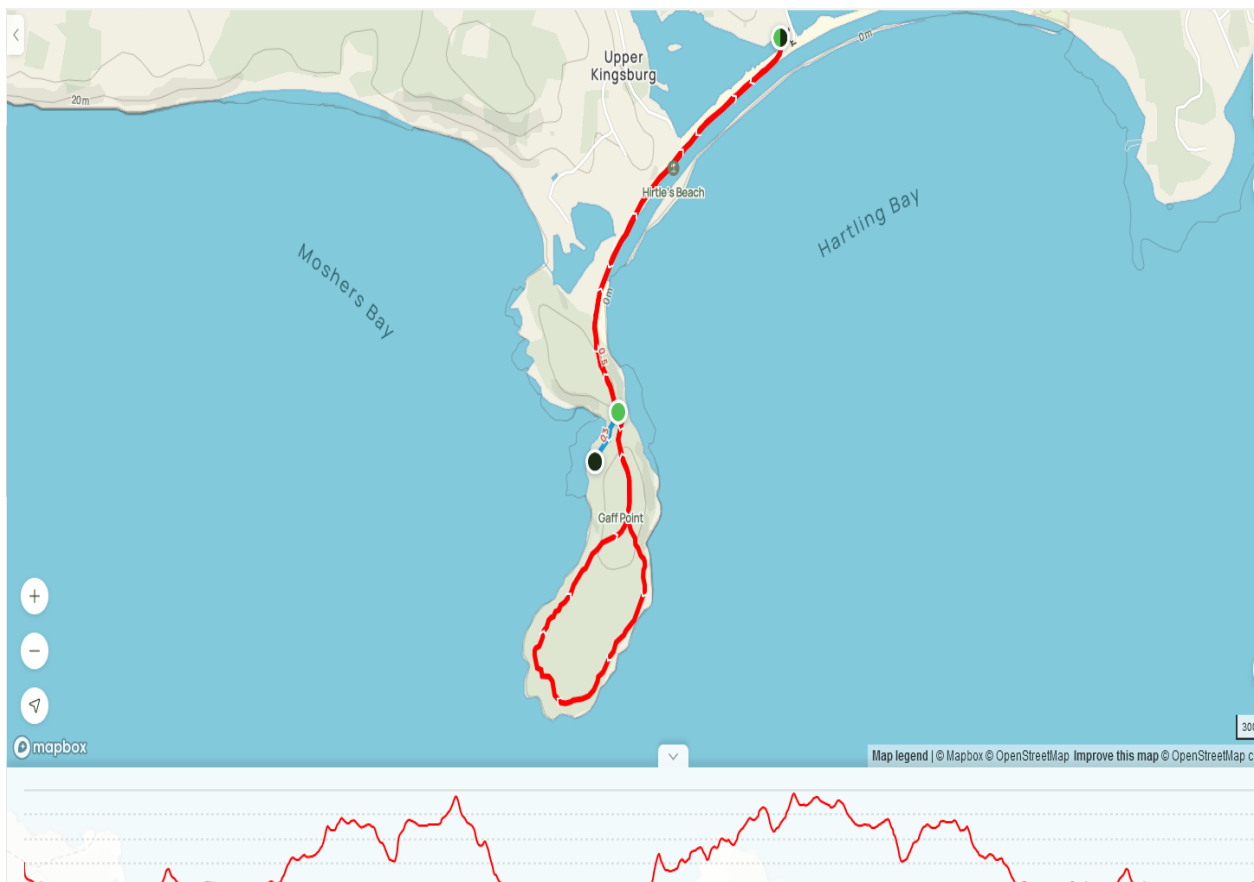


The Start and End of Gaff Point Trail are along Hirtles Beach

Escape to Nova Scotia's nature and explore **Gaff Point Trail** and **Secret Beach** near Riverport. This 6.6-kilometre loop hike with only 70 m elevation gain takes advantage of stunning coastal views by including various types of terrain such as well-worn dirt paths, smooth stones, wooden planks and flat top rocks to trek over along your way!

Whether you're an experienced hiker or just getting into the sport, this trail has something for all skill levels! The trail is moderately challenging but an exceptionally rewarding experience. With breathtaking scenery along the way, it's no wonder that so many visitors make this journey every year! Get ready as your journey begins along **Hirtle's Beach** before venturing further inland through lush forest terrain - perfect for walking, hiking and trail running alike.

Along with beachfront views at the start of your adventure comes a warning: make sure that your feet are properly prepared. Sturdy shoes are a must as the first and final kilometres of this hike require walking across beach rocks - not suitable for weak ankles or those wearing flip-flops! But don't despair; if it's low tide when starting/ending, you may be able to spend some time soaking in the beauty of an untouched sandy Beach instead.



Map of Gaff Point Trail (red) Secret Beach Trail (blue)

## Rose Bay Store & Bistro to Fuel Up

Before heading to the trailhead at Hirtles Beach, make sure to stop at [Rose Bay Store & Bistro](#) before leaving onto Hirtle Beach Road - there are European delicacies like locally sourced bread or meats on offer here.

After that, it's off to the parking lot that has two outhouses, should they be needed. Low tides are ideal conditions for exploring this local hotspot. This spot is also perfect if you are looking for an outdoor adventure or thrill-seeking storm-watching.



Group of Hikers, including owner Mike and newfie Charlie on the right

## Start Gaff Point Trail at Hirtle's Beach near Kingsburg

With varied landscapes and stunning views, this trail is a great escape no matter the conditions. To beat the crowds on weekend days, go against tradition - try it counter-clockwise for fewer disruptions! Make sure to note your surroundings no matter which direction you choose because every turn brings something new.



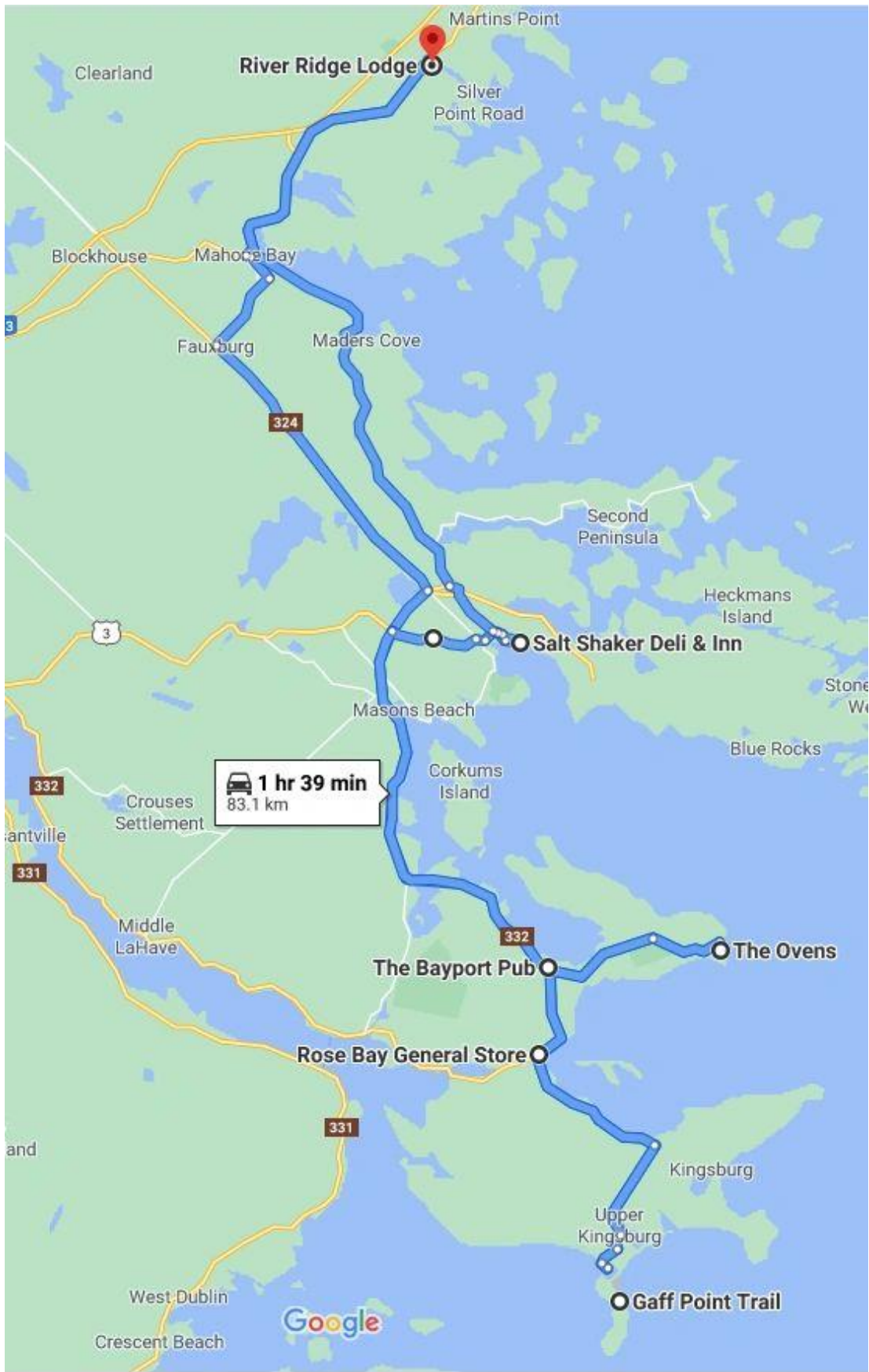
Access to the Secret Beach

## Gaff Point Trail Secret Beach

Take your adventure to the next level and explore **Secret Beach**, accessible only by rappelling down a cliffside. Hirtle's Beach is perfect for relaxing with friends or family after completing this hike - if rappelling isn't everyone's thing! For further exploration, Kingsburg awaits; its stunning shoreline provides plenty of opportunity to take in spectacular scenery while enjoying a leisurely stroll along the coast.

### Options to Refuel after the Hike

Refresh at [Rose Bay Store & Bistro](#) before heading back! For an extra special experience during July or August be sure to reserve a spot at **The Ol' Miner Diner in Ovens Nature Park** where you can enjoy some live music along with delicious food and refreshments. Finally, don't forget about all the culinary delights awaiting amidst Lunenburg's historic cityscape: from **Saltshaker Deli** to **The Knot Pub - our Restaurant page** will make it easy for you to find something just perfect!



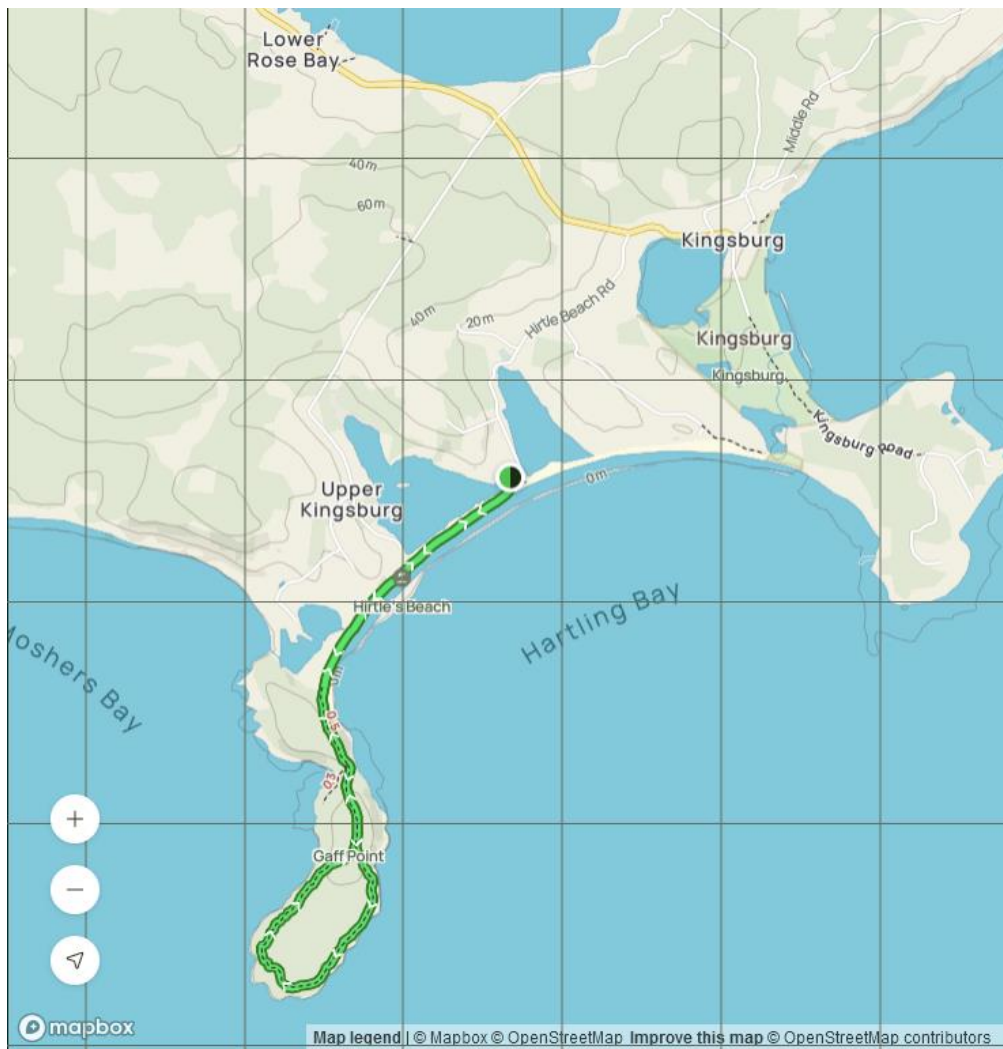
Map of Trip to Gaff Point Trail and back via The Ovens

## Further Explorations to the Ovens Natural Park

For the daring explorer looking to keep their outdoor adventure going, look no further than [Ovens Natural Park](#)! This park is conveniently situated along your route back to Lunenburg and makes for a perfect addition on any extended stay in the area. Unleash your wild side with an unforgettable day trip - there's nothing quite like it!

Adventure seekers and nature lovers alike will find **Ovens Natural Park** a magical experience. Located in Feltzen South, this 190-acre coastal forest reserve is where the Gold Rush happened over 100 years ago. Visitors can hike on incredible trails along cliffs to explore famous sea caves or "Ovens", from which it derives its name. The best time for exploring the park's hidden gems? During high tide!

Reignite your senses with a picnic lunch accompanied by daily live music during July & August at 7:30 pm - don't forget to make reservations as spots tend to fill up quickly. Although an entrance fee is required for access to trails, there's no charge when just eating at their restaurant beside majestic views of the oceanfront scenery.



Another map for better orientation