PERSONAL-HEALING, EMPOWERMENT & AWARENESS ENERGY TRAINING FOR YOU

All trainings include written instructions and last approx. 2 hours

- **Training 1** Understanding your personal-healing, and awareness. Clearing energies that are not yours. Training in bringing back your own energies, grounding, personal protection, learning about chakras, clearing them, channels, aura, and balance.
- **Training 2** Reading your personal chakra colors, clearing blocks, learning how to clear other energies, giving intent, how to manifest, and other personal energy healings.
- **Training 3** Clearing the chatter in your head, how to find other blocks: pain/discomfort and clearing them. Using other energies to clear chakras and channels. Grounding others, clearing energies from objects and spaces.
- **Training 4** Kundalini energy teaching and use. Using other energies to protect yourself from other energies, energy field healing, aura healing.
- **Training 5** Learning the emotional and physical pressure points, how to clear them, how to use Young Living essentials to enhance the process of clearing and balancing. Chart and written document included.
- **Training 6** Learning how and what crystal to use for personal healing, with a written booklet on crystals and what they do. Introduction to pendulums.
- **Training 7** Meeting and learning to communicate with your personal healing guide, what they do and how to utilize their gifts for your personal healing and growth.
- **Training 8** How to write goals, clear the energy off limiting beliefs, choose words that help create your personal manifestations.
- (I teach trainings in groups of 6 or more, gather your friends and contact me, when you put a class together you will receive your class FREE) ... Continue to HEALING OTHERS TRAINING --click below

HEALING OTHERS: FAMILY, FRIENDS, OTHERS

- All trainings include written instructions and last approximately 2 hours.
- **Training 1** Get to know your healing others guide, learning how to read energies, feel and clear other people's auras, run their energies through chakras, channels and ground them. Practice in class.
- **Training 2** Work with your personal healing others guide, look for cords, where they come from and clear them. Learn how to use Supreme Being energy.
- **Training 3** Use energies to clear emotional, physical, etc. blockage. Practice reading other people's energies. Learn how to remove entities and other energies quickly. Understand what a control being is and how to remove them.
- **Training 4** Get to know your high vibration guide, taking the healings to another level. Tools for knowing yes or no on request with personal and client's questions.
- **Training 5** Observing and balancing energies outside of the aura. Learn how to clear karmic debt.
- **Training 6** Train on doing Long Distance healings. Learn how to help someone separate from a long term attachment with a separation healing.
- **Training 7** Train on running Kundalini energy on someone else. Read where there are blockages and learn how to help clear them.
- **Training 8** Reading other lifetimes on clients, reading core issues, aura blocks, etc. and clearing them. Clearing your own energies on whatever you want.
- When these classes are finished, the next level is CHIOS healing client classes.
- These last one weekend each (3). There is a written test and then you will be a CERTIFIED CHIOS HEALER. That means you can get paid for doing energy healings on clients.
- LOVE AND LIGHT, MICHELLE