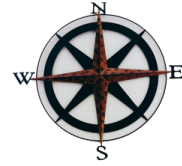


Child Anxiety CHECKLIST



IF YOU NOTICE SOME OF THE FOLLOWING
TRAITS IN YOUR CHILD, IT MAY BE A SIGN OF
ANXIETY:

- Pessimism and negative thinking patterns
- Constant worry
- Exaggerating the negatives
- Rigidity and inflexibility
- Anger and aggression
- Restlessness, irritability, and tantrums
- Opposition and defiance
- Excessive crying
- Physical complaints, such as stomachaches, headaches, and fatigue
- Avoidance behaviors
- Sleeping difficulties
- Excessive clinginess and separation anxiety
- Withdrawal from activities and family interactions

If your child is experiencing any of the following,
please don't hesitate to reach out to us. We're here to help.

compassoneconsultant.com 956-294-2299