

Sophia the Bear

AND THE

MEDDLING MAYHEM

Inspired by Proverbs 26:17



GABRIEL ALVAREZ
Illustrated by Bea Chan

WHAT IS INCLUDED IN THIS RESOURCE:

Intended Audience: Ages 4-8

- SEL Components:
- Teaching to the WHOLE child and not just focusing on academics is so critical. There are life lessons, character traits, and important social-emotional learning virtues woven within picture books.. The SEL concepts within this book are knowing when and how to be involved in a quarrel, the Golden Rule, and treating others with kindness and respect.
- Standards-Based:
- No matter what state you teach in, the activities and lessons in this resource are standards-based. Just SOME of the standards that are covered are:

Predicting

Story Concepts:

Main Characters

Setting

Problem/Solution

Summarizing

Theme

Text Connections

Creative Writing

Writing Prompts

Character Traits

Quote Analysis

Open-ended Questioning

Self-Reflection

Vocabulary

Character Analysis

• Depending on the resource, there could be other standards covered as well. For example, grammar lessons, figurative language, math concepts, science concepts, research, etc.

PREDICTING

What do you predict Sophia the Bear and the Meddling Mayhem
is going to be about?



What is the theme or message of the story?



THEME / MESSAGE

A large, empty rectangular area with a decorative, scalloped border, intended for writing the theme or message of the story.

STORY CONCEPTS



CHARACTERS:

SETTING:

PROBLEM:

SOLUTION:

FAVORITE PART:

You can draw or write about your favorite part of the book below:



SUMMARIZING

Write a couple of sentences from the story's beginning, middle, and end. Put it all together, and you will have the summary of the story.

Beginning:

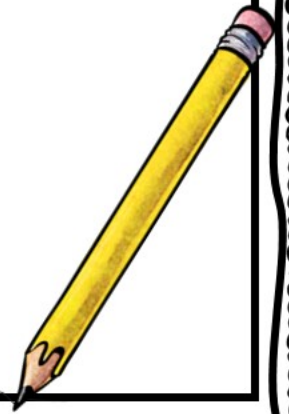
B

Middle:

M

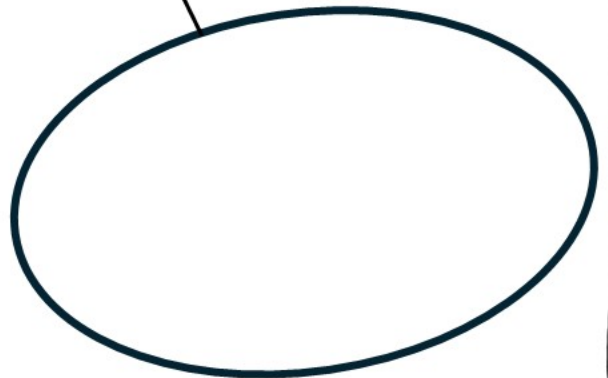
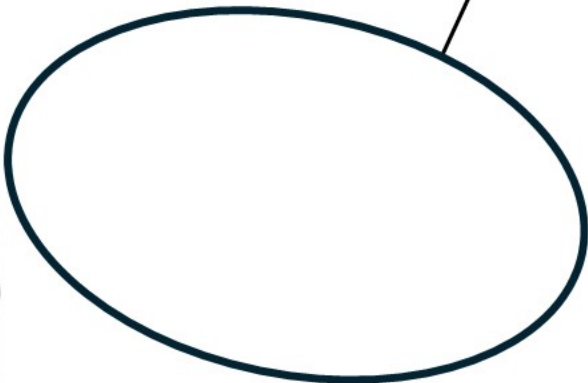
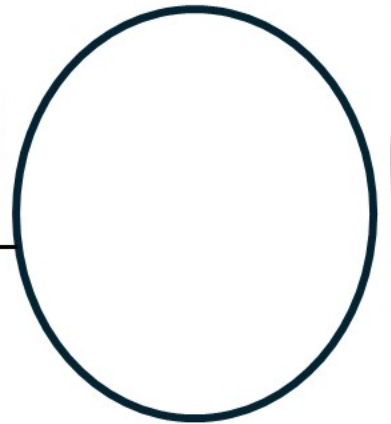
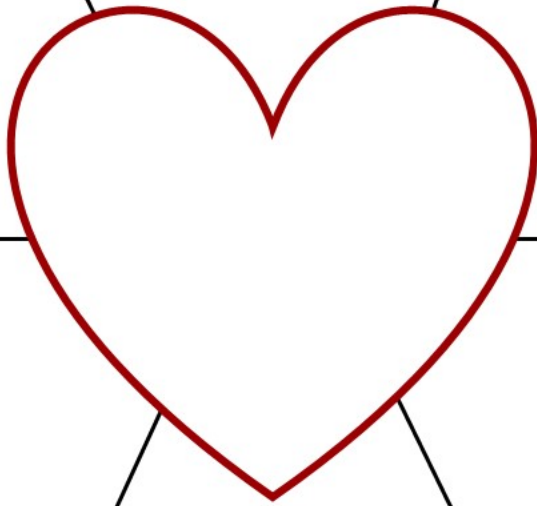
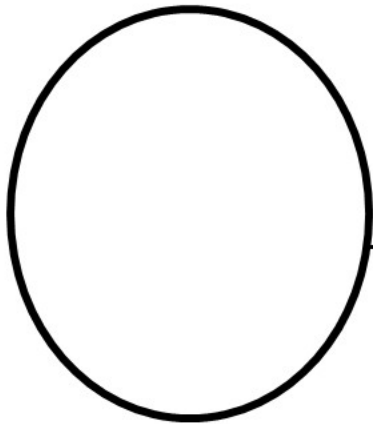
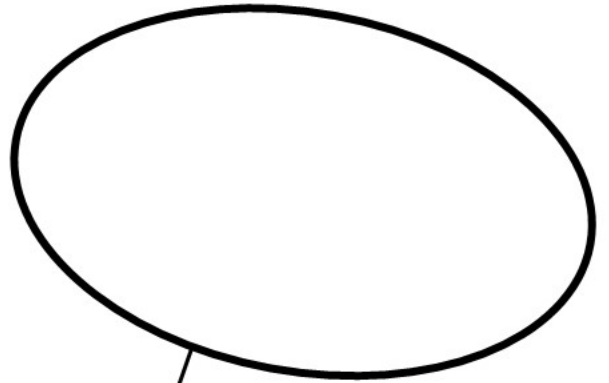
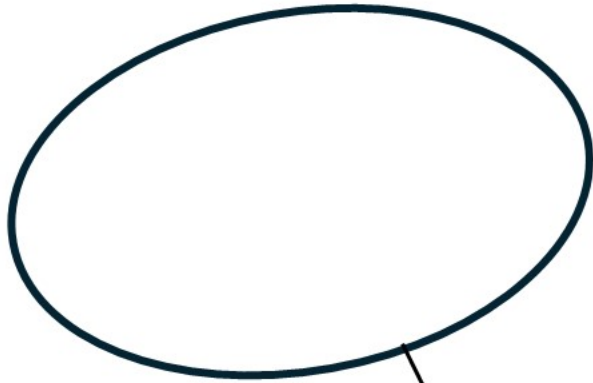
End:

E



CHARACTER TRAITS

What are the character traits of a Godly friend?
List them in the spaces below.



DISCUSSION QUESTIONS

When is it okay to help friends who are arguing?

When does helping turn into meddling?

What can be some consequences of meddling?

When should you give your friends some space to solve their problems?



TEXT-TO-SELF CONNECTIONS

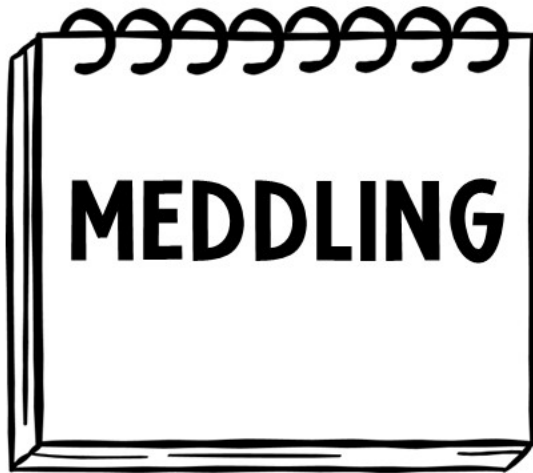
Describe a time you got into an argument with a friend.
What was the argument about? Explain.



How would you feel if someone came along and decided to meddle in the argument when it didn't involve them?

Do you think that meddling in an argument is a good or bad choice? Explain.

DEFINITION OF MEDDLING: Getting involved in someone else's business when you aren't supposed to.



Have you ever **meddled** in someone else's business? Explain.

DEFINITION OF MAYHEM: A lot of messy or crazy trouble where things feel out of control.

Have you ever felt that you were in **mayhem** before? Explain.



Being a peacemaker is a Godly characteristic:

The Bible says that peacemakers are blessed and will be called children of God.
- Matthew 5:9

How do you think it feels to apologize when you are in the wrong trying to be the peacemaker in a situation?

Have you ever had to apologize to someone, or has anyone apologized to you?
Describe the situation.

How did you feel BEFORE you apologized? How did you feel AFTER you apologized?
Did you feel the same or different? Explain.



CHARACTER CHANGE

How did Sophia change from the beginning of the story
to the end of the story?

Beginning:

End:



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QUOTE ANALYSIS



Principal Owl tells Sophia, "It's obvious to me you are a caring young bear whose heart was in the right place."

In your opinion, what does your heart being in the right place mean?

After speaking with Benny and Lila, Principal Owl finally turned to Sophia with compassion and said, "Sophia, it's obvious to me you are a caring young bear whose heart was in the right place."

Sophia nodded, her pink bow drooping slightly. She felt sorry for her actions and promised to learn from her mistake.

Write about a time where you learned from a mistake you made. What did you learn? Did you feel better afterwards?

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LEARNING FROM MISTAKES

In this book, each of the following characters made a mistake or a bad choice.
Under each character, write what he or she learned in the story.



Empty rounded rectangular box for writing.

Empty rounded rectangular box for writing.

Empty rounded rectangular box for writing.

Now it's time for **YOU** to write 1-2 sentences about what **YOU** learned in the story...

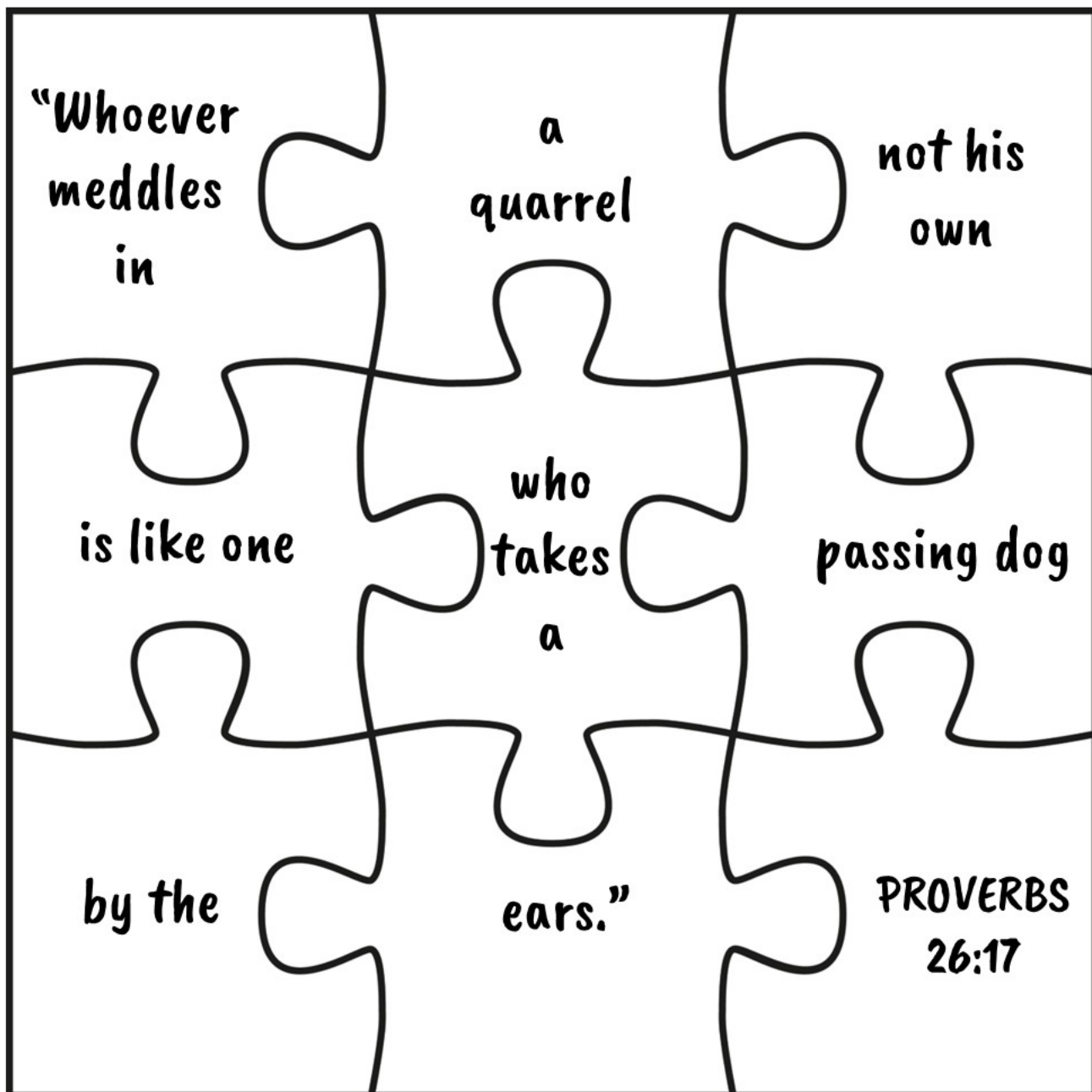
Large empty rounded rectangular box for writing.

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Directions: Cut the puzzle a part and mix up the pieces.

Practice memorizing the memory verse by putting the puzzle back together again.



Proverbs 26:17

"Whoever meddles in a quarrel
not his own is like one who takes a
passing dog by the ears." ESV

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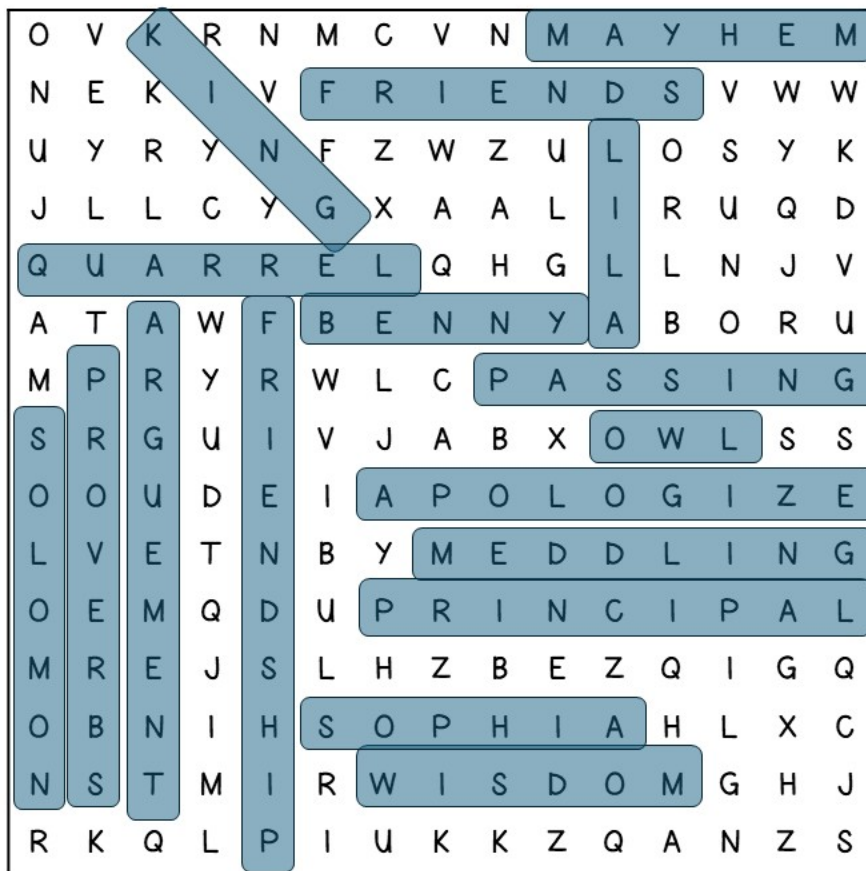


FRIENDSHIP	SOLOMON	PASSING
APOLOGIZE	KING	LILA
ARGUMENT	PRINCIPAL	MEDDLING
WISDOM	OWL	BENNY
QUARREL	MAYHEM	SOPHIA
PROVERBS	FRIENDS	

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ANSWER KEY



FRIENDSHIP	SOLOMON	PASSING
APOLOGIZE	KING	LILA
ARGUMENT	PRINCIPAL	MEDDLING
WISDOM	OWL	BENNY
QUARREL	MAYHEM	SOPHIA
PROVERBS	FRIENDS	



Dear Customer,

I am the passionate owner of [The Bright Cookie](#), where I create professional week-long comprehensive lesson plans, classroom activities, and customized resources for educators and authors alike.

My experience is diverse and extensive, spanning 21 years of teaching in Title I and affluent schools. This breadth of experience has equipped me with a deep understanding of the unique needs of students across the educational spectrum. I am ESL and GT certified, hold a bachelor's degree in Elementary Education, and have undergone numerous digital and curriculum training sessions.

My priority focuses on the WHOLE child and targeting state curriculum frameworks and standards to help empower teachers to have creativity, fun, and diversity in their classrooms.

All resources are designed to be engaging and fun, incorporating cross-curricular components, SEL (social-emotional learning) aspects, creative writing, academic concepts, creative/art opportunities, and more!

Also, there is an option to include digital integration through Google Classroom or other platforms to each resource. This enables teachers to combine digital components into their lessons, including an exciting new game option, Blooket, to accompany the themes, vocabulary, story development, characters, etc.

Learning can be engaging, fun, and memorable for all students. I believe that the more engaged students are in lessons, the more they will retain the message or concepts taught.



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