## **INFORMED CONSENT**

I am being evaluated for a physician's recommendation for medical use of marijuana. The physician will

make this recommendation based, in part, on the medical information I have provided. I have not misrepresented my medical condition in order to obtain this recommendation and it is my intent to use it only as needed for treatment of my medical condition, not for recreational or non medical purpose. I understand that it is my responsibility to be informed regarding state and federal laws regarding the possession, use, sale/purchase and/or distribution of marijuana. I have been informed of and understand the following [please initial each item]. 1.\_\_\_\_\_ The federal government has classified marijuana as a Schedule 1 controlled substance. Schedule 1 substances are defined, in part, as having (1) a high potential for abuse (2) no currently accepted medical use in treatment in the United States; (3) a lack of accepted safety for use under medical supervision. Federal law prohibits the manufacture, distribution and possession of marijuana even in states, such as California, which have modified their state laws to treat marijuana as a medicine. Marijuana has not been approved by the Food and Drug Administration for marketing as a drug. Therefore the "manufacture" of marijuana for medical use is not subject to any standards, quality control, or other oversight. Marijuana may contain unknown quantities of active ingredients (i.e, can vary in potency) impurities, contaminants, and substances in addition to THC, which is the primary psychoactive chemical component of marijuana. 3.\_\_\_\_\_ The use of marijuana can affect coordination, motor skills and cognition, i.e., the ability to think, judge and reason. While using marijuana, I should not drive, operate heavy machinery or engage in any activities that require me to be alert and/or respond quickly. I understand that if I drive while under the influence of marijuana, I can be arrested for "driving under the influence." 4. Potential side effects from the use of marijuana include, but are not limited to, the following: dizziness, anxiety, confusion, sedation, low blood pressure, impairment of short term memory, euphoria, difficulty in completing complex tasks, suppression of the body's immune system, inability to concentrate, impaired motor skins, paranoia, psychotic symptoms, general apathy, depression and/or restlessness. Marijuana may exacerbate schizophrenia in persons predisposed to that disorder. In addition, the use of marijuana may cause me to talk or eat in excess, alter my perception of time and space and impair my judgment. Many medical authorities claim that use of cannabis, especially by persons younger than 25, can result in long term problems with attention, memory, learning, a tendency to drug abuse, and schizophrenia. Dr Cher Aymond recommends cannabis use for the relief of serious symptoms, and not for habitual use. 5.\_\_\_\_\_ I understand that using marijuana while under the influence of alcohol is not recommended. Additional side effects may become present when using both alcohol and marijuana. Cannabis should be treated as an open container of alcohol. It should not be within reach in the car, and should not be extinguished in the vehicles ash tray. I am not permitted to smoke within 1,000 feet of any daycare or school. If I reside near those institutions, I must use my medicine within the privacy of my own home. 6.\_\_\_\_\_ I agree to contact Dr Cher Aymond from 8 to 5 during the week if I experience any of side effects listed above, or if I go to the ER, if I become depressed or psychotic, have suicidal thoughts, or

experience crying spells. I will also contact Dr Cher Aymond if I experience respiratory problems, change

| in my normal sleep patterns, extreme fatigue, increased irritability, or begin to withdraw from my family and/or friends.   |
|---|
| 7 Smoking marijuana may cause respiratory problems and harm, including bronchitis, emphysema and laryngitis. In the opinion of many researches, marijuana smoke contains know carcinogens (chemical that can cause cancer) and smoking marijuana may increase the risk of respiratory diseases and cancer in the lung, mouth and tongue. In additions, marijuana smoke contains harmful chemical known as tars. If I begin to experience respiratory problems when using marijuana, I will stop using it and report my symptoms to my physicians. |
| 8 The risk, benefits and drug interactions of marijuana are not fully understand. If I am taking medication or undergoing treatment for any medical condition, I understand that I should consult with my treating physician(s) before using marijuana and that I should not discontinue any medication or treatment previously prescribed unless advised to do so by the treating physician(s).  |
| 9Individuals may develop a tolerance to, and/or dependence on, marijuana. I understand that if I require increasingly higher doses to achieve the same benefit or if I think that I may be developing a dependency, I should contact Dr Cher Aymond. It is recommended for patients to have an intermission with marijuana for at least 3 to 4 weeks every 3 to 4 months.   |
| 10 Signs of withdrawal can include: feelings of depression, sadness, irritability, insomnia, restlessness, agitation, loss of appetite, trouble concentrating, sleep disturbance and unusual tiredness.   |
| 11Symptoms of marijuana overdose include, but not limited to, nausea, vomiting, hacking cough, disturbances in heart rhythms, numbness in the hands, feet, arms, or legs, anxiety attacks and incapacitation. If I experience these symptoms, I agree to contact Cher Aymond MD immediately or go to the nearest emergency room.  |
| 12 If Cher Aymond MD subsequently learns that the information I have furnished is false or misleading, the recommendation for marijuana may no longer be valid. I agree to promptly meet with Cher Aymond MD and/or provide additional information in the event of any inaccuracies or misstatements in the information I have provided.  |
| 13 I have the opportunity to discuss these matters with the physician and to ask questions regarding anything I may not understand or that I believe needed to be clarified. I acknowledge that Cher Aymond MD has informed me to the nature of a recommended treatment, including but not limited to, any recommendation regarding medical marijuana.  |
| 14 I agree that if I am a female patient that I will contact Cher Aymond MD if I become or are thinking about becoming pregnant. I acknowledge the the use of medical marijuana creates pass-through problems to a fetus during pregnancy and to a baby during breastfeeding.   |