

WHERE TO STORE FRUITS & VEGETABLES



Pantry

Onions and Shallots
Garlic
Pomegranates
Potatoes and Sweet Potatoes
Winter Squash



Countertop

Avocados
Bananas
Melons
Oranges and Grapefruit
Pears
Stone Fruit (peaches, nectarines, plums, apricots)
Pears
Cucumbers
Aubergine
Mangoes
Kiwis
Pineapples
Cherimoyas
Persimmons
Tomatoes



Fridge — Shelves

Cherries
Mushrooms
Peppers
Fresh Herbs (parsley, coriander, dill, tarragon, mint)
Berries (strawberries, blueberries, raspberries, blackberries)

Fridge — High-Humidity

Crisper Drawer

Asparagus	Carrots
Beets	Fennel
Turnips	Celery
Radishes	Artichokes
Brussel Sprouts	
Courgettes	
Summer Squash	
Broccoli and Cauliflower	
Leafy Greens (kale, cabbages, chard, dandelion greens, lettuces, watercress, endive, escarole, radicchio, and spinach)	
Hard Herbs (rosemary, thyme, chives, sage, oregano)	
Green Onions and Spring Onions	

