



Mint Iced Tea

Fill a jar or pitcher (any size) with fresh mint leaves, pour boiling water over leaves, cover and let steep till cool. Refrigerate and let steep for several hours or overnight for better infusion. Strain, sweeten to taste (I use honey) and serve over ice. Also a fabulous hot tea in winter. Just do the same thing. You can use any type of mint, but I love using my Chocolate Mint.

Best enjoyed in a comfy chair with a good book!