

Salad Add-Ons



<u>Vegetables</u>

Cucumbers, Peppers, Celery, Asparagus, Carrots, Sweet Potato, Sprouts, Squash, Broccoli, Cauliflower, Beets, Snap Peas, Red Onion, Green Onion, Mushrooms, Radishes.

Protein-Packed Ingredients

Lentils, Beans, Edamame.

Cheese

Feta, Parmesan, Mozzarella, Bleu Cheese, Pimento Cheese.

Fresh & Dried Fruit

Strawberries, Blueberries, Grapes, Apple, Persimmon, Mango, Avocado, Mandarins, Grapefruit, Melons, Tomatoes, Dates, Raisins, Cranberries, Cherries, Apricots

Crunchy

Croutons, Crumbled Chips, Crackers, Crispy Noodles.

Fresh Herbs & Flowers

Cilantro, Parsley, Dill, Basil, Chives, Mint, Dandelion, Nasturtium, Viola, Rose Petals

Nuts and Seeds

Cashews, Pecans, Walnuts, Almonds, Hazelnuts ,Pistachios, Peanuts, Pepitas, Sunflower Seeds Raw

Pickled & Fermented

Classic Pickles (dill, sweet or spicy), Pickled Vegetables Sauerkraut, Olives.