

BLACK SAGE CHILDREN'S RATTLE KIT INSTRUCTIONS

INSTRUCTIONS

1. Soak Rawhide in container for 3 hrs or more.
2. Put your rawhide pieces together and line up the holes.
3. Take your needle and lace in your sinew through the needle hole.
4. Lace in from the one end of the rattle rawhide, pull through until each of the ends meet to the same length.
5. Tie 1 knot to hold in place then take your needle with one lace and needle through to the end and repeat with the other lace but lacing in the opposite entrance of the holes.
6. Tie the laces together with 4 knots for security...prevents slippage.
7. Take your stick handle and spread the end on your rattle and slide in the stick to spread the inner area.
8. Take some sand and pour into the opening of the rattle head that you made. This will take some patience.
9. When halfway of filling your rattle head, grab your stick to pack down the sand and keep packing until it spreads out the bag, then repeat by adding more sand till it's packed tight, and your bag is rounded out
10. Keep handle in at the end and tie using the sinew.
11. Let hang and dry overnight.
12. Remove the handle from the rattle.
13. Fill in about 2 inches of water in a cup or small container and soak the open end of the rattle and let stand for about hour.
14. Take rattle out of container.
15. Take some pebbles, beads, corn kernels or whatever you have to put inside of the dried rattle to make sound and spill into pouch of your rattle then stick in the handle with the notch end into your rattle about 1 1/2" in
16. Let dry and decorate the handle e.g., feathers, beads, etc.

MATERIALS INCLUDED

- 1 - 60 Inch (5ft.) Sinew
- 1 - Pair Hole Punched Rawhide
- 1 - 6" x 5/8" Stick with notch at end
- 1 - Plastic Needle

MATERIALS NEEDED

- Containers
- Scissors
- Corn Kernels or small pebbles
- Sand