

Family Mental Fitness North East

Safeguarding Policy



Commitment:

Family Mental Fitness North East CIC is committed to safeguarding and promoting the welfare of children, young people, and vulnerable adults we work with, ensuring they are protected from harm.

Designated Safeguarding Lead:

Kay Pace – Director & DSL with Rob Watson – Advisory Panel as a DSO

Principles:

- Zero tolerance of abuse, neglect, or exploitation.
- All staff, volunteers, and contractors are DBS checked before starting work.
- Any disclosure or concern is recorded using the CIC's safeguarding report form and acted upon immediately.
- Follow the **Newcastle Safeguarding Children Partnership** and **Safeguarding Adults Board** procedures.
- Maintain confidentiality but never promise secrecy if safety is at risk.

Reporting:

- Child protection concerns: Contact Newcastle Children's Social Care (0191 277 2500).
- Adult safeguarding concerns: Contact Newcastle Adult Social Care (0191 278 8377).
- In an emergency: Call 999.

Date: July 2025

Revisions:

Review: Annually or after any safeguarding incident.

