Basic Pharmacology for Opticians, distilled from gmch.gov.in

Delivery Methods for Pharmaceuticals

- Intraocular injection into eye
 - o Intravitreal Injection into vitreous
 - o Intracameral Injection into anterior chamber
- Systemic whole body or system
 - o Oral (as in pill)
 - o Intramuscular Injection into tissue (like that shot in the butt)
 - o Intravenous Injected into a blood vessel (the IV tube at the hospital)
- Periocular area surrounding the eye
 - Subconjunctival (Conjunctiva is a thin tissue that covers the sclera and inside of eyelids) – Injection can allow drug to bypass the epithelium
 - Sub tenon space between sclera and the capsule injections can be placed there
 - Retrobulbar area behind the eyeball, an injection of anesthesia can be made there prior to surgery
 - o Peribulbar injection typically area above or below orbit of eye
- Topical
 - o Eye drops or gels place on the eye
 - o Ointments placed on or near eye
 - o Bandage contact lens lenses infused with medication

Typical Drugs or Medications

- Antibiotics/Antibacterial treat infections caused by bacteria
 - Penicillin, Cephalosporins, Sulfonamides, Tetracyclines, Chloramphenicol,
 Aminoglycosides, Fluoroquinolones, Vancomycin, Macrolides
- Antivirals inhibits ability of virus to multiply
 - o Acyclovir
 - o Trifluridine
 - o Ganciclovir

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- Antifungals
 - o Polyenes
 - Amphotericin B
 - Natamycin
 - Nystatin
 - o Imidazoles
 - Miconazole
 - Ketoconazole
 - Fluconazole
 - Flucytocine
- Mydriatics/Cycloplegics to dilate pupil and/or paralyze the ciliary muscle
 - o Tropicamide 4 to 6-hour effect
 - o Homatropine 24-hour effect
 - Atropine 2-week effect
- Antiglaucoma typically to reduce aqueous production or increase outflow
 - Beta-blockers
 - Betaxolol
 - Timolol
 - o Carbonic Anhydrase Inhibitors
 - Acetazamide (Systemic)
 - Dorzolamide (Topical)
 - Brinzolamide (Topical)
 - Prostaglandins
 - Latanoprost
 - Bimatoprost
 - Travoprost
- Anti-inflammatories
 - o Corticosteroids (never used if infection present)
 - Short duration
 - Hydrocortisone, Prednisolone, Cortisone
 - Intermediate duration

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- Triamcinolone, Fluprednisolone
- Long duration
 - Dexamethasone, Betamethasone
- o NSAIDS Topicals
 - Flurbiprofen, Indomethacine, Ketorolac
- Lubricants
 - o Refresh Tears
 - o Tears Naturale II
 - o Tear Plus
 - o Moisol
 - o Dudrop
- Anti-allergics
 - o Antihistamine
 - Pyrilamine maleate, Pheniramine maleate, Antazoline phosphate
 - o Vasoconstrictors
 - Phenylephine
- Diagnostics
 - Fluorescein dye drops or strips
 - o Rose Bengal stain
- Anesthetics, local
 - o Topical
 - Propacaine, Tetracaine
 - o Orbital
 - Lidocaine, Bupivacaine