



EXPRESSION OF INTEREST FORM

Empowerment Programme – ILM Level 2 Effective Team Member Skills

Why sign up?

This free programme builds mental resilience, confidence & team member skills by equipping individuals with the tools to lead independent fulfilling lives.

QUALIFIED

Individuals with relevant qualifications are much more likely to enter and remain in higher education and employment.

Every participant will gain an accredited qualification (ILM level 2).

RESILIENT

Individuals who have the skills to manage and improve their resilience perform up to 25% better, are more engaged and are able to effectively manage stress.

Every participant will complete a robust psychometric measure and will be mentored to complete a personal development plan.

EMPOWERED

Individuals who are qualified and resilient are much more likely to feel empowered to make informed choices and better decisions about their future.

Every participant will receive mentoring support and on-going guidance.

To find out more information, register or refer participants, contact:

Rhiannon:

Email: rhiannon@empower-bethechange.org

Phone: 01978 312556

Leave us your details:

Full name	
Date of birth	
Email and phone no.	
Place of residence	
Where did you hear about the programme?	