

## **What is Youth Town?**

Youth Town of Tennessee offers faith-based professional residential treatment services for co-occurring (substance abuse and mental health) disorders for adolescents 13-17 years of age.

## **How do I make a referral?**

You can make a referral by calling our office at 731-988-5251 or sending an email to [emathews@youthtown.net](mailto:emathews@youthtown.net).

## **What are the steps of the admission process?**

After a referral is made, your information will be sent to insurance billing to verify your insurance. You will then be contacted to schedule a time for an assessment. Once the assessment is complete, we will contact the insurance company for authorization. Upon insurance approval, you will be notified and asked to get a Covid-19 test. A negative result is required for admission to Youth Town of Tennessee.

## **How long will the assessment last?**

Due to Covid-19 protocols, assessments are done via Zoom and can last from one hour to an hour and a half.

## **What insurances does Youth Town accept?**

We take TN Care and most private insurance. However, there are a few exceptions. We will discuss your options if that is the case.

## **How long is a residential stay at Youth Town?**

The average stay for a resident at Youth Town is 120 days (about 4 months).

## **Are you associated with any church denomination?**

While we are a faith-based program, we do not affiliate with any denomination. Our employees come from various backgrounds as well as our residents. We are thoroughly Christ-centered in our teaching and counseling.

## **Does Youth Town offer any other services besides residential treatment?**

Yes. We have outpatient counseling that is done via Zoom due to Covid-19 protocols. You can call 731-988-5251 for more information.