

EVERYTHING IS  
FREE & OPEN TO ALL!



















**NEWS  
ALERT**

**NEW Hours!**

# February 2025

**FAMILY  
SUCCESS CENTER**  
OCEANSIDE I

201 Melrose Ave - Unit 3  
Atlantic City, New Jersey  
Phone: 609-236-8800

Monday 11:00am-5:00pm	Tuesday 11:00am-5:00pm	Wednesday 11:00am-5:00pm	Thursday 11:00am-6:00pm	Friday 10:00am-3:00pm	Saturday Hours Vary
		Like us on  Oceanside Family Success Center Uptown			1 
3	4 Be Heart Smart  1:30pm- 2:30pm	5  Staff Professional Development Day	6 Create Valentine Cards with NJ4S 3:30pm- 4:30pm	7  One Stop for Employment & Training 12:00pm-3:00pm	8 
10 Parent Café "Self Love" 3:30pm- 4:30pm	11 Daddy Daughter Valentine Craft & Dinner  3:30pm- 4:30pm	12 Candy Heart Tower  Challenge 3:30pm- 4:30pm	13 Family Cooking Class "Ice Cream Pops" 4:30pm - 5:30pm	14 Safe Space 2:00pm - 3:00pm	15  Qigong (Tai Chi) *Hybrid* 11:30am-12:30pm
17	18 Polymer Clay Creation with Noyes Arts Garage 3:30pm- 4:45pm	19	20  4:30pm - 5:30pm	21  One Stop for Employment & Training 12:00pm-3:00pm	22 
24  Black History Eat & Discover with Mr. Dunn! 3:30pm- 4:30pm	25 Sewing with Seamz "Pot Holders"  12:00pm-2:00pm	26 Health Ins Enrollment & Assistance 1:30pm - 3:30pm	27  Black History Family Feud Game  4:30pm- 5:30pm	28 Safe Space 2:00pm - 3:00pm	

\*Registration is Required for Workshops & Giveaways\*

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ALWAYS FREE!!**

# February

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## WHAT'S HAPPENING THIS MONTH?

### ONE STOP FOR EMPLOYMENT/TRAINING

Atlantic County Workforce Development Office will be on site to provide job assistance, training, resume and job interviewing support.

### SEWING WITH SEAMZ

Learn some tips and techniques on creating boundaries which can help you strengthen relationships and avoid unhealthy connections.

### PARENT CAFE

A Parent Café is a warm, safe environment for families to enjoy parent-to-parent conversation, refreshments, and opportunities to explore family strengths!

### FAMILY COOKING CLASS

Bring the whole family and join us for a fun and exciting cooking class where we will be making a delicious Vegan dish!

### BLACK HISTORY - EAT + DISCOVER!

We wouldn't have many foods and products if it were not for African American food innovators and figureheads. Join us for this workshop and taste & discover some history!!

### BLACK HISTORY BINGO!

Bring the family out for some educational fun! Join us for this bingo session "Who am I?" and see how much you know about black history!

### VALENTINE CRAFT + CARD MAKING

Get ready to have some valentine fun with some Arts & crafts that you can make and give to a love one!  
\*Sponsored by NJ4S\*

### BE HEART SMART

February is American Heart Month a time when everyone is encouraged to focus on their heart health! Join us to learn more about warning signs, symptoms and more!

### BLACK HISTORY FAMILY FEUD GAME

Come and show off your game show skills and enjoy this special version of Family Feud!!

### QIGONG (TAI-CHI)

Learn breathing techniques, stretches & gentle flowing movements to learn to keep the Qi (life force) All fitness levels welcomed.

### CANDY HEART TOWER CHALLENGE

Join Mr. Kendrin from Rutgers Cooperative Extension and see who can create the tallest Candy Heart Tower!

### SAFE SPACE

Join us in fostering an environment of trust, empathy, and non-judgmental support to assist with enhancing your quality of life.

### DADDY DAUGHTER VALENTINE CRAFT + DINNER

Dad's/Father Figures come join us with your daughter/s for a fun craft and a dinner!

**Black  
History  
Month**

**HAPPY  
VALENTINE'S  
DAY**

**\*Registration is Required for PC appointments, Giveaways & Workshops!!\***