

Mon	Tues	Wed	Thurs	Fri	Sat
GED Preparation 2:30pm-4:30pm	1 GED Preparation 2:30pm - 4:30pm <hr/> Spanish for Beginners 4:30pm-5:30pm	2 Heart to Sole Walking Club 12:00pm-1:00pm	3 Family Cooking Class "Chicken Fajitas" 5:30pm-6:30pm	4 Yarn Creations 11:30am-12:30pm <hr/> Cinco De Mayo! "Design Mini Maracas" 3:30pm-4:30pm	5 Tai-Chi 11:30am -12:30pm <hr/> Office Hours 11:00am-1:00pm
7 GED Preparation 2:30pm-4:30pm	8 GED Preparation 2:30pm - 4:30pm	9 Unleash Your Vision 3:00pm-4:30pm	10 Mother's Day Extravaganza 5:30pm-6:30pm	11  Staff Training	12 
14 GED Preparation 2:30pm-4:30pm	15 GED Preparation 2:30pm - 4:30pm <hr/> Spanish for Beginners 4:30pm-5:30pm	16 Heart to Sole Walking Club 12:00pm-1:00pm	17 Women Empowering Other Women 5:30pm - 6:30pm	18 Yarn Creations 11:30am-12:30pm	19 Tai-Chi 11:30am -12:30pm <hr/> Office Hours 11:00am-1:00pm
21 GED Preparation 2:30pm-4:30pm	22 GED Preparation 2:30pm - 4:30pm	23	24 Family Movie Night with Pizza! "Wonder" 4:30pm-6:30pm	25 Create a Tornado Tube 3:30pm- 4:30pm	26 
28 	29 GED Preparation 2:30pm - 4:30pm	30 Heart to Sole Walking Club 12:00pm-1:00pm	31 Women's Self Defense 5:30pm - 7:00pm	 Oceanside Family Success Center Uptown	



201 Melrose Ave, Atlantic City NJ
(609) 236-8800



Walk-In Hours
Mon-Wed-Fri 11am - 5pm
Tues & Thurs 11am - 7pm

Open to all
and ALWAYS FREE!
oceansidefsc@gmail.com

Center Highlights

Mother's Day Extravaganza:

Mom, sometimes kids never thank you enough for all that you do, but for Mother's Day we want to help them try. Come and join us for some food and watch the kids create a special gift just for you!

Create a Tornado Tube:

Come and have fun and learn how to create a tornado in a bottle using some very simple products and ingredients.

Heart to Sole Walking Club:

Do you need motivation to exercise and want to improve your health? If so join our Heart to Sole Walking Club and let's walk together and talk together and get moving!

Women's Self Defense:

Ladies come and learn how to defend yourself! A certified instructor will be coming out to show you the best self-defense & safety techniques!

Family Activities

Spanish for Beginners: This course will begin with important, fundamental knowledge in areas such as basic expressions, language, numbers, simple conversations and more.

Tai Chi: If you're looking for a way to reduce stress come to Tai Chi! Tai chi is a graceful form of exercise that's used for stress reduction and a variety of other health conditions. Often described as meditation in motion, Tai Chi promotes serenity through gentle flowing movements.

GED Preparation: These classes will emphasize on reading, math, science and social studies skills that are necessary to pass the GED/HSE examination. These classes will be led by a certified instructor and will require completion of a pre test.

Women Empowering Other Women:

This women's group will discuss a variety of different topics and will surround women with other women who will build you up and inspire you. When women support each other incredible things happen.

Family Movie Night: Enjoy a popular movie and fresh pizza with your family. This month we will be featuring "Wonder".

Family Cooking Class: Join us for a fun and exciting cooking class with your family and get to know members of your community. This month we will be making "Chicken Fajita's".

Yarn Creations: Do you love learning how to crochet new things? If so come and join us in creating a new accessory and learn a new technique or master an old one.

Cinco De Mayo! "Design Mini Maraca's":

Let's CELEBRATE Cinco De Mayo and design some shakable maraca's! Refreshments will be served!

Always Available

- **Resume/Job Search Assistance**
- **Volunteering Opportunities**
- **Computer Stations**
- **Kids Area**