



201 Melrose Ave
 Atlantic City NJ
 Phone: (609) 236-8800

Walk-In Hours
 Mon-Wed-Fri 11am - 5pm
 Tues & Thurs 11am - 7pm
 Some Saturdays 11am-1pm

Open to all
 and **ALWAYS FREE!**
oceansidefsc@gmail.com

Mon	Tues	Wed	Thurs	Fri	Sat
3  Labor Day	4 GED Preparation 2:30pm - 4:30pm <hr/> Spanish for Beginners 4:45pm-5:45pm	5	6 Family Cooking Class <i>"BBQ Glaze Chicken"</i> 5:30pm-6:30pm	7 Yarn Creations 11:30am-12:30pm	8 Tai-Chi 11:30am -12:30pm <hr/> Office Hours 11:00am-1:00pm
10 GED Preparation 2:30pm-4:30pm	11 GED Preparation 2:30pm - 4:30pm <hr/> W.E.O.W "Ladies Game Night" 5:30pm-6:30pm	12 Family Feud 3:00pm - 4:30pm	13 Active Parenting Class 3:30pm - 6:30pm	14  Staff Training	15 
17 GED Preparation 2:30pm-4:30pm	18 GED Preparation 2:30pm - 4:30pm <hr/> Spanish for Beginners 4:45pm-5:45pm	19 Create a Guitar 3:00pm- 4:30pm	20 Family Movie Night with Pizza! <i>"A Wrinkle in Time"</i> 4:30pm - 6:30pm	21 Yarn Creations 11:30am-12:30pm	22 Tai-Chi 11:30am -12:30pm <hr/> Office Hours 11:00am-1:00pm
24 GED Preparation 2:30pm-4:30pm	25 GED Preparation 2:30pm - 4:30pm	26 Family Game Night: Life Size Pac-Man 3:00pm-4:30pm	27 Public Speaking 101 5:00pm-7:00pm	28 Introduction to Computers 12:30pm-1:30pm	29 
 Join us on Facebook Oceanside Family Success Center Uptown					

Please call 609-236-8800 to register and reserve your spot for any workshop. Space is limited.



Center Highlights

Active Parenting Class:

A free parenting course for parents of children ages 0-17, with **FREE** dinner and materials included!

Public Speaking 101:

Interested in becoming more confident with public speaking? If so, this is the workshop for you! This workshop will assist you with tools and tips to improve your public speaking.

Life Size Pac Man:

Yes it's the original game of Pac-Man but this one is life size. Compete with your family to see who can collect the most dots.

Family Activities

Spanish for Beginners: This course will begin with important, fundamental knowledge in areas such as basic expressions, language, numbers, simple conversations and more.

Tai Chi: If you're looking for a way to reduce stress come to Tai Chi! Tai chi is a graceful form of exercise that's used for stress reduction and a variety of other health conditions. Often described as meditation in motion, Tai Chi promotes serenity through gentle flowing movements.

GED Preparation: These classes will emphasize on reading, math, science and social studies skills that are necessary to pass the GED/HSE examination. These classes will be led by a certified instructor and will require completion of a pre test.

Women Empowering Other Women:

This women's group will discuss a variety of different topics and will surround women with other women who will build you up and inspire you. When women support each other incredible things happen.

Introduction to Computers: This workshop has been designed to help you understand the basics and to help you feel more comfortable using computers.

Family Movie Night: Enjoy a popular movie and fresh pizza with your family. This month we will be featuring "A Wrinkle in Time".

Family Cooking Class: Join us for a fun and exciting cooking class with your family and get to know members of your community. This month we will be making "BBQ Glaze Chicken".

Yarn Creations: Do you love learning how to crochet new things? If so come and join us in creating a new accessory and learn a new technique or master an old one.

Family Feud: Join us in this exciting game!! Compete with each other to guess the most popular answers on different topics and see if your answers was picked by the 100 people that were surveyed.

Always Available

- **Resume/Job Search Assistance**
- **Volunteering Opportunities**
- **Computer Stations**
- **Kids Area**

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