# EVERYTHING IS FREE & OPEN TO ALL!





OCEANSIDE I

201 Melrose Ave - Unit 3 Atlantic City, New Jersey Phone: 609-236-8800

## 2025

	THECHAY	LIEDAIECDAY	THIRCHAY	FRIDAY	
		WEDNESDAY		FRIDAY	SATURDAY
11:00am-5:00pm	11:00am- 5:00pm	11:00am-5:00pm	11:00am-6:00pm	10:00am-3:00pm	Hours Vary
~		1	<sup>2</sup> Parent	3 JOB	4
**			Café	302	OFFICE HOURS
			V V	One Stop for	<u>*By Appointment</u>
			"Pumpkin Spice	Employment &	<u> </u>
***			Parenting Advice"	<u>Training</u>	11:00am-
			3:30pm- 5:30pm	12:00pm-3:00pm	12:00pm
6	<b>7</b> Pink Day	8	9	10	11
Qigong (Tai-Chi)	Breast Cancer	Food	Oracta Opacku	Trunk a Treat	
for Seniors	Luncheon!	Distribution	Create Spooky	*ACCC	CLOSED
*Absecon		with JFS	Treats	Atlantic City	010010
Lighthouse*	X			Campus*	
11:00am - 12:00pm	1:30pm-2:30pm	1:00pm- 2:00pm	4:30pm - 5:30pm	3:30pm- 4:30pm	
	14			17	18
		ATTENTION	G	JOB	OFFICE HOURS
Real Talk		1	BNO	One Stop for	
Cafe 🔨		Closing		Employment and	*By Appointment
#Relationships		at		Training	<u>0nly*</u>
0.00 11.00		1pm	4:30pm - 5:30pm	12:00pm-3:00pm	11:00am-
3:00pm-4:00pm <b>20</b> Energy	21	22	4:30pm - 5:30pm 23	24	12:00pm <b>25</b>
21101 99	Journey		Pumpkin Patch		
Assistance Day!	to	Health Insurance	Festival	CLOSED	
11:00am - 2:00pm	Healing with	Enrollment	*Absecon	Staff	CLOSED
Intro to	Beautiful Minds		Lighthouse*	Professional	A DECEMBER
Photography				Development Day	
3:30pm- 4:30pm		1:30pm-4:00pm	3:30pm-5:30pm	Mark June	
27	28	Multicultural	30	31	LIKE US ON
Paper Mache		Festival		A	
Pumpkin with			HALLOWEEN	Trick or Treat	f
C.R.O.P.S		*ACCC Atlantic City	PARADE	Troot	The second second
		Campus*		areut*	OCEANSIDE FAMILY SUCCESS CENTER
3:30pm-4:30pm		11:30am-2:00pm	4:00pm-5:00pm		UPTOWN
3.50pm 1.50pm		11.30a111-2.00p111	1.00pin J.00pin		

EVERYTHING IS ALWAYS FREE!!





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# WHAT'S HAPPENING THIS MONTH?

#### ONE STOP FOR

#### EMPLOYMENT/TRAINING

Atlantic County Workforce Development Office will be on site to provide job assistance, training, resume and job interviewing support.

#### REAL TALK CAFE #RELATIONSHIPS

A safe space for girls to talk, learn, and share about healthy relationships. We'll cover red flags, self-worth, and where to get help.

## QIGONG (TAI-CHI)

Learn breathing techniques, stretches and gentle flowing movements to learn to keep the Qi (life force All fitness levels welcome! This class will be held at Absecon Lighthouse & lunch will be served!

#### JOURNEY TO HEALING WITH BEAUTIFUL MINDS

Through guided activities, open conversations, and creative expression, families will learn healthy ways to cope with grief, support one another, and begin healing side by side.

#### INTO TO PHOTOGRAPHY

Join Noyes Arts Garage and learn the basics of photography—tips on lighting, angles, and capturing great shots. Perfect for beginners who want to snap like a pro!

#### FOOD DISTRIBUTION WITH JFS

Come and get a FREE bag of produce and other items from Jewish Family Services!!

### HALLOWEEN PARADE

Join us for a spook-tacular Halloween parade! Show off your costume, enjoy candy, play games, and win prizes.

Fun and treats for the whole family!

# BREAST CANCER EVENT

Learn more about Breast Cancer signs and symptoms and enjoy a beautiful flower bouquet project you can make for a loved one.

#### PAPER MACHE PUMPKIN WITH CROPS

Get creative with a Paper Mache Pumpkin workshop with C.R.O.P.S

#### PUMPKIN PATCH FESTIVAL!

Join us for some fun and paint your very own pumpkin, enjoy some games, get resources and more!

#### ENERGY ASSISTANCE DAY

Hosted by AC Electric & South Jersey Gas and other community partners to assist with the need of utility bills.

#### HEALTH INSURANCE ENROLLMENT

Come enroll in health insurance with help from Planned Parenthood! Sam, will guide you through the process, answer questions, and help you find a plan that fits your needs and budget.

### MULTICULTURAL FESTIVAL

Join us for a vibrant celebration of cultures from around the world! Experience the sights, sounds, and flavors from different communities. Let's have some fun, food and the part of the celebration!

#### SPOOKY CRISPY TREATS

Families let's have some fun and create some spooooky treats!

\*Registration is Required for ALL Giveaways & Workshops!!\*