

EVERYTHING IS
FREE & OPEN TO ALL!



201 Melrose Ave - Unit 3
Atlantic City, New Jersey
Phone: 609-236-8800

Monday 11:00am-5:00pm	Tuesday 11:00am-5:00pm	Wednesday 11:00am-5:00pm	Thursday 10:00am-6:00pm	Friday 11:00am-5:00pm	Saturday Hours Vary
Like us on Oceanside Family Success Center Uptown		Attendance for Eat, Play, Live on Monday is required for kids to participate in "Field Trip Friday's" We encourage consistent attendance!		 One Stop for Employment & Training 12:00pm-3:00pm	CLOSED
4 Every Monday EAT PLAY LIVE 11:30am-2:30pm	5 Fishing in the Inlet 1:00pm - 3:00pm Health Insurance Enrollment 1:30pm-4:00pm	6 Qigong (Tai Chi) *In Person & Virtual* 2:00pm-3:00pm	7 Her Art in Motion "Paint Pouring" 3:00pm-4:00pm	8 Eat, Play, Live 12:00pm-3:00pm	9 SJFMC National Health Center Week *OFFSITE* 12:00pm- 3:00pm
11 EAT PLAY LIVE 11:30am-2:30pm	12 Fishing in the Inlet 1:00pm - 3:00pm	13 Food Distribution with JFS 1:00pm-2:00pm Own Your Flow 3:00pm- 4:00pm	14 Family Cooking Class "Teriyaki Chicken Rice Bowl" 4:30pm- 5:30pm	15 Eat, Play, Live "Dolphin Watch Cruise" One Stop for Employment & Training 12:00pm-3:00pm	16 CLOSED
18 EAT PLAY LIVE 11:30am-2:30pm	19 Back to School Bash! *OFFSITE* *Pennsylvania Ave School* 12:00pm-2:00pm	20 Mixed Media with Noyes Arts Garage 3:30pm-4:30pm	21 Water Balloon Games & FOM 3:45pm-4:45pm	22 Eat, Play, Live "North Beach Mini Golf" 12:00pm- 2:00pm	23 Offsite Event 12:00pm- 2:00pm
25 EAT PLAY LIVE 11:30am-2:30pm	26	27 HAPPY BIRTHDAY OCEANSIDE! Details TBA	28 BINGO GO 4:45pm-5:45pm	29 Eat, Play, Live 12:00pm- 2:00pm	30 CLOSED

Registration is Required for ALL Giveaways & Workshops!!

EVERYTHING IS
ALWAYS FREE!!



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WHAT'S HAPPENING THIS MONTH?

EAT, LIVE + PLAY

This program is for children ages K-6 and their families. Families will have fun, be active!

BACK TO SCHOOL BASH

It's Back to School Time!! Join us for FREE school supplies, resources, games, snacks & much MORE!!!

OFFSITE

Pennsylvania Ave School in Atlantic City

WATER BALLOON GAMES + FOM

Bring your towel! It's about to get wet! Water balloons, Foam and fun Games! Let's have some family water fun!

QIGONG (TAI-CHI)

Learn breathing techniques, stretches and gentle flowing movements to learn to keep the Qi (life force) All fitness levels welcome

FOOD DISTRIBUTION WITH JFS

Come and get a FREE bag of produce and other items from JFS!!

HAPPY 10TH BIRTHDAY OCEANSIDE!

Learn how to create a mini greenhouse so that you can enjoy an extended growing season!

ONE STOP FOR EMPLOYMENT/TRAINING

Atlantic County Workforce Development Office will be on site to provide job assistance, training, resume and job interviewing support.

MIXED MEDIA WITH NOYES ARTS

Join Noyes Arts Garage and combine different materials or techniques to create a beautiful piece of art.

HER ART IN MOTION (PAINT POURING)

Unleash your inner artist in this fun and vibrant workshop designed just for women! Paint Pouring for Ladies is a relaxing, no-pressure creative experience where you'll explore the magic of fluid art.

OWN YOUR FLOW

Join us for a safe, supportive, and empowering session around menstruation.

This workshop is open to women, girls, and menstruators of all ages. Educators are also welcome to attend!

FREE GIVEAWAYS

EAT PLAY LIVE (TRIP)

After Monday's "Eat, Play, Live" session each week families will enjoy a FREE & FUN field trip every Friday! These trips are a highlight of the summer and give children the chance to explore, learn, and make lasting memories with families and friends. Students that are not present on Monday will not be permitted to attend the Friday trip that week.

FAMILY COOKING CLASS

Bring the whole family and join us for a fun and exciting cooking class where we will be making a variety of healthy foods with Chef Ecstasy!

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