


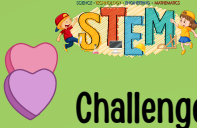






EVERYTHING IS  
FREE & OPEN TO ALL!

# February 2026

201 Melrose Ave - Unit 3  
Atlantic City, New Jersey  
Phone: 609-236-8800

**NEWS  
ALERT**

**NEW Hours!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:30am-5:00pm	11:30am-5:00pm	11:30am-4:30pm	12:00pm-6:00pm	10:00am-3:00pm	Hours Vary
<b>2</b> <b>Qigong (Tai Chi)</b> <i>*In person only*</i> 	<b>3</b> <b>Create a Mini Greenhouse with C.R.O.P.S</b>	<b>4</b> <b>Candy Heart Tower</b> 	<b>5</b> <b>Parent Café</b> <b>"Self Love"</b>	<b>6</b> <b>One Stop for Employment &amp; Training</b>	<b>7</b> <b>OFFICE HOURS</b> <i>*By Appointment Only*</i>
11:30am-12:30pm	3:30pm- 4:30pm	3:30pm- 4:30pm	3:30pm- 4:30pm	12:00pm-3:00pm	11:00am-12:00pm
<b>9</b>  <b>Picture Perfect: Daddy Daughter Edition</b>  3:30pm- 4:30pm	<b>10</b>	<b>11</b> <b>Food Distribution with JFS</b> 1:00pm - 2:00pm	<b>12</b> <b>Valentine Cards with NJ4S</b> 3:30pm- 4:30pm	<b>13</b> <b>Coffee &amp; Chat with a Counselor</b> 11:00am-1:00pm	<b>14</b> <b>OFFICE HOURS</b> <i>*By Appointment Only*</i>
<b>16</b>	<b>17</b> <b>Learn, Create &amp; Celebrate Black History</b> 3:30pm - 4:30pm	<b>18</b> <b>Health Ins Enrollment &amp; Assistance</b> 1:00pm - 4:00pm	<b>19</b> <b>Hakeemu's Drum Class</b> 4:30pm- 5:30pm	<b>20</b> <b>One Stop for Employment &amp; Training</b> 12:00pm-3:00pm	<b>21</b> 
<b>23</b> <b>Be Heart Smart</b>  1:30pm- 2:30pm	<b>24</b>	<b>25</b>	<b>26</b>  4:30pm - 5:30pm	<b>27</b>	<b>28</b> 

*Celebrate*  
**Black**  
HISTORY  
*month*

**Happy  
Valentines  
Day**

Like us on...



Oceanside Family  
Success Center Uptown

*\*Registration is Required for Workshops & Giveaways\**

**EVERYTHING IS  
ALWAYS FREE!!**

# February



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## WHAT'S HAPPENING THIS MONTH?

### ONE STOP FOR EMPLOYMENT/TRAINING

Atlantic County Workforce Development Office will be on site to provide job assistance, training, resume and job interviewing support.

### COFFEE + CHAT WITH A COUNSELOR

Enjoy a relaxed conversation over coffee where you can ask questions, discuss everyday challenges, explore helpful resources, or simply be heard. This is a safe and supportive space designed just for you to share, reflect, and unwind.

### PARENT CAFE

A Parent Café is a warm, safe environment for families to enjoy parent-to-parent conversation, refreshments, and opportunities to explore family strengths!

### FAMILY COOKING CLASS

Bring the whole family and join us for a fun and exciting cooking class where we will be making a delicious Vegan dish!

### LEARN, CREATE + CELEBRATE BLACK HISTORY

fun, family-friendly workshop where families explore Black history through hands-on learning, creative crafts, and cultural food. Join us as we celebrate heritage, creativity, and community together.

### BLACK HISTORY BINGO!

Bring the family out for some educational fun! Join us for this bingo session "Who am I?" and see how much you know about black history!

### VALENTINE CRAFT + CARD MAKING

Get ready to have some valentine fun with some Arts & crafts that you can make and give to a love one!  
\*Sponsored by NJ4S\*

### BE HEART SMART

February is American Heart Month a time when everyone is encouraged to focus on their heart health! Join us to learn more about warning signs, symptoms and more!

### HAKEMU'S DRUM CLASS

Join Montez & Gerald and learn the technique, art and education of African and traditional drumming.

### QIGONG (TAI-CHI)

Learn breathing techniques, stretches & gentle flowing movements to learn to keep the Qi (life force) All fitness levels welcomed.

### CANDY HEART TOWER CHALLENGE

Join Mr. Kendrin from Rutgers Cooperative Extension and see who can create the tallest Candy Heart Tower!

### FOOD DISTRIBUTION WITH JFS

Come and get a FREE bag of produce and other items from Jewish Family Services!!

### PICTURE PERFECT: DADDY DAUGHTER EDITION

is a special Daddy-Daughter Date Night filled with creativity, laughter, and love. Dads and daughters will paint portraits of each other—no art experience needed! This fun and interactive evening is all about bonding, making memories, and celebrating the unique connection between dads and their girls. All supplies and food provided!

**Black  
History  
Month**

**HAPPY  
VALENTINE'S  
DAY**

**\*Registration is Required for PC appointments, Giveaways & Workshops!!\***