

APRIL

2019

Walk-In Hours
 Mon-Wed-Fri 11am - 5pm
 Tues & Thurs 11am - 7pm
 Some Saturdays 11am-1pm

Open to all
 and **ALWAYS FREE!**
oceansidefsc@gmail.com

Mon	Tues	Wed	Thurs	Fri	Sat
1 Spanish for Beginners 3:00pm - 4:00pm	2 GED Preparation 5:00pm - 7:00pm	3 GED Preparation 2:00pm-4:00pm	4 Family Cooking Class "Turkey Meatball Sub" 5:40pm-6:30pm	5 Seaview Hotel & Golf Club Job Fair!! 12:00pm - 4:00pm	6 
8 Mom's Quit Connection 1:00pm - 4:00pm	9 GED Preparation 5:00pm - 7:00pm <hr/> W.E.O.W 5:30pm- 6:30pm	10  11:30am - 12:30pm <hr/> GED Preparation 2:00pm - 4:00pm 1:00pm - 4:00pm	11	12 	13 Office Hours 11:00am-1:00pm
15 Spanish for Beginners 3:00pm - 4:00pm	16 GED Preparation 5:00pm - 7:00pm <hr/> Beginners Sign Language 5:30pm- 6:30pm	17 GED Preparation 2:00pm - 4:00pm	18  1:30pm- 2:15pm	19 Mom's Quit Connection 1:00pm - 4:00pm	20 
22 Mom's Quit Connection 1:00pm - 4:00pm	23 GED Preparation 5:00pm- 7:00pm	24  11:30am - 12:30pm <hr/> GED Preparation 2:00pm - 4:00pm	25 Family Movie Night "Ralph Breaks the Internet" 4:30pm - 6:30pm	26 **New**  11:30am - 12:30pm	27 Office Hours 11:00am-1:00pm
29 Mom's Quit Connection 11:00am-2:00pm	30 GED Preparation 5:00pm - 7:00pm <hr/> Beginners Sign Language 5:30pm - 6:30pm				

Please call 609-236-8800 to register and reserve your spot for any workshop. Space is limited.



201 Melrose Ave, Atlantic City NJ
(609) 236-8800

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Center Highlights

Seaview Hotel & Golf Club Job Fair:

The Seaview will be hiring for seasonal positions starting this spring! If you are interested in working at this beautiful establishment come and interview with the Seaview!

Toddler Time:

Parents/caregivers you are invited to join us for Toddler Time. Come have some fun with your little ones!

Mom's Quit Connection:

Pop-in for a FREE, private, one-on-one counseling to quit smoking from our Certified Tobacco Treatment Specialist, Leann Brasch. Not ready to quit? No worries, come visit and learn more about us and how we can help you!

Seminars/Classes

Spanish for Beginners: This course will begin with important, fundamental knowledge in areas such as basic expressions, language, numbers, simple conversations and more.

Tai Chi: If you're looking for a way to reduce stress come to Tai Chi! Tai chi is a graceful form of exercise that's used for stress reduction and a variety of other health conditions. Often described as meditation in motion, Tai Chi promotes serenity through gentle flowing movements.

GED Preparation: These classes will emphasize on reading, math, science and social studies skills that are necessary to pass the GED/HSE examination. These classes will be led by a certified instructor and will require completion of a pre test.

Women Empowering Other Women (W.E.O.W): This women's group will discuss a variety of different topics and will surround women with other women who will build you up and inspire you. When women support each other incredible things happen.

Introduction to Computers: This workshop has been designed to help you understand the basics and to help you feel more comfortable using computers.

Family Activities

Family Movie Night: Enjoy a popular movie and fresh pizza with your family. This month we will be featuring "Ralph Breaks the Internet".

Family Cooking Class: Join us for a fun and exciting cooking class with your family and get to know members of your community. This month we will be creating "Turkey Meatball Subs"

Shamrock Shake & Games: It's St. Patty's time! Come out and create a shake and play some fun minute to win it games!

Beginners Sign Language: Did you know that babies can communicate their needs by signing long before they are ready to speak? Come and learn the gift of signing and see how fast you can pick up on it.

Always Available

- Resume/Job Search Assistance
- Volunteering Opportunities
- Computer Stations
- Kids Area

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