EVERYTHING IS FREE & OPEN TO ALL!





201 Melrose Ave - Unit 3 Atlantic City, New Jersey Phone: 609-236-8800

					Phone Phone	e: 609-236-8800
	Monday	Tuesday 11:00am-5:00pm	Wednesday	Thursday 10:00am-6:00pm	<i>Friday</i> 11:00am-5:00pm	Saturday Hours Vary
	April fools		Both Workshops Every Wednesday GED 11am-1pm Sewing with Seamz 3pm-5pm	4 Autism Day! Paint & Bubbles! 3:30pm- 4:30pm	Every Friday 11am-1pm One Stop for Employment and Training 12:00pm-3:00pm	6 -Closed
	8 Parent (Afé	Family Paint	10	SLIME CREATION	After School Tutoring Time!	-Closed
	3:30pm- 4:30pm 15 Coping with Stress & Selfcare <u>1:30pm-2:30pm</u>	3:30piii- 4:30piii/	17	3:30pm-4:45pm 18 Family Cooking Class	3:45pm-4:45pm 19 One Stop for	20 Qigong (Tai Chi)
	Aunty's House Autism Support Group 3:30pm-5:00pm	Financial Planning for Success Part 2 of 3		"Bean BLT Burgers" 4:30pm-5:30pm	Employment and Training	* Hybrid * 11:30am - 12:30pm
ŀ	22	23	24	25	26	27
	Computer Class "Internet & Email 101"	Safe, Strong & Free with NJCAP		Bingor	After School Tutoring Time!	-Closed
١	1:00pm- 2:00pm	 11:00pm- 12:00pm		4:30pm - 5:30pm	3:45pm-4:45pm	100
	Aunty's House Autism Support Group	30 Diabetes Prevention 3:30pm- 4:30pm Volunteer Appreciation Lunch! THANK 900 3:30pm- 4:30pm			Like Oceansid	Center
	Registration is Required for ALL Giveaways & Workshops!!					





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WHAT'S HAPPENING THIS MONTH?

ONE STOP FOR EMPLOYMENT/TRAINING

Atlantic County Workforce Development Office will be on site to provide job assistance, training, resume and job interviewing support.

GED CLASS

We have partnered with Atlantic Cape Community College & One Stop for GED classes to help you pass the state exam!

We know you can do it and we are here to support you!

AUTISM DAY PAINT + BUBBLES

Autism friendly painting class! Come and enjoy some family fun with painting and bubbles.

FAMILY PAINT

Families get ready to have fun and join us for a paint session with the Noyes Arts Garage!

FAMILY COOKING CLASS

Bring the whole family and join us for a fun and exciting cooking class where we will be making "Meatless Burgers"!

AFTER SCHOOL TUTORING TIME

Students in grades K-6
join us for tutoring with a certified teacher!
Registration is required and space is limited

CFBNJ SNAP ENROLLMENT

Bring the family out for some educational fun!

Join us for this bingo session "Who am I?" and see how much
you know about black history!

SLIME CREATION

Are you ready to create something fun and exciting? If so don't miss out on this workshop with Mr. Kendrin and create your very own SLIME!

COPING WITH STRESS + SELF-CARE

Learn some helpful techniques on stress management and self-care with Jean Rose!

DIABETES PREVENTION

Southern Jersey Family Medical Center will facilitate Diabetes Prevention in-person group where you can learn the best ways to prevent or manage your diabetes.

BINGO

Families join us for a FUN time and let's play some BINGO!

PARENT CAFE

Parents join NJ4S for a safe environment for families to enjoy parent-to-parent conversation, refreshments, and opportunities to explore family strengths!

VOLUNTEER APPRECIATION LUNCH

We are so grateful for all of our amazing volunteers! We could not be the Oceanside I, FSC we are, without you! This one is just for you!

<u> QIGONG (TAI-CHI)</u>

Learn breathing techniques, stretches & gentle flowing movements to learn to keep the Qi (life force All fitness levels welcomed.

FINANCIAL PLANNING FOR SUCCESS

Join Ocean First bank for these three sessions that will cover budgeting, crediting, personal finance and more. Families that attend ALL 3 sessions will receive a stipend of \$125.00 **MUST COMPLETE ALL SESSIONS**

SEWING WITH SEAMZ

Are you ready to create? Want to learn how to sew? Come on down, learn basic sewing, and create an amazing sewing project with Ms. Rachel.

BASIC COMPUTERS: EMAIL + INTERNET 101

Get comfortable with the using the internet and your email with this computer session.

SAFE, STRONG + FREE NJCAP SESSION

Join us in person or virtually and learn how to recognize and prevent child abuse with New Jersey Child Abuse Prevention (NJCAP) & County Council for Young Children (CCYC).

Registration is Required for PC appointments, Giveaways & Workshops!!