TROOP 52 NEWSLETTER July 20, 2025



The Lakeway Church | Bee Cave District | Capitol Area Council

Troop Meeting

July 21, 2025; 7PM

Kayaking MB Instruction

@ The Lakeway Church

Monthly Campout

July 26, 2025 - 7:30AM-2PM

Kayaking MB on Lake Travis PENDING SAFE CONDITIONS

@ Austin Paddleboard Kayaking

PLC Meeting

July 28, 2025

Patrol Leaders Conference (PLC)

Implementing Annual Plan

@ The Lakeway Church

Parent's Meeting

June 29, 2025; 7PM-9PM TBD

All Adults/Parent's Invited

Formerly known as the Committee Meeting

@ The Lakeway Church

Get Ready for the Kayaking Merit Badge



Hey Troop 52 Scouts! Are you ready to paddle into the exciting world of kayaking at our Monday night troop meeting? We're diving into the

Kayaking Merit Badge, a fantastic opportunity to learn the skills needed for this fast-growing paddlesport. Whether you're new to kayaking or looking to sharpen your skills, this presentation will give you a solid foundation. Here's a sneak peek at what to expect and how to prepare!

Why Kayaking?

Kayaking is one of the most popular paddlesports in the U.S., with millions hitting the water for fun, adventure, and exercise. The Kayaking Merit Badge focuses on recreational kayaking, teaching you the basics to safely navigate calm waters and preparing you for more advanced challenges like sea or whitewater kayaking. You'll learn essential skills, from paddle strokes to safety protocols, that will make you confident on the water.

Key Topics We'll Cover

During the presentation, we'll explore the core requirements of the Kayaking Merit Badge, including:

• **Safety First**: Learn about the hazards you might encounter, like weather changes, cold-water shock, or dehydration, and how to prevent and respond to them. We'll also review the

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Summer Camp Notes

TBD

SUMMER CAMPER 2026

Recruiting an adult to serve as Scouter In Charge and potential locations for next year's Summer Camp. Stay tuned!!!

TROOP MEETING LOCATION:

Lakeway Church Fellowship Hall



BSA **Safety Afloat** policy, which ensures every kayaking adventure is safe and supervised.

- **Gear Essentials**: Discover the importance of wearing a properly fitted U.S. Coast Guard-approved life jacket (Type III is ideal for kayaking) and other safety gear like throw bags, extra paddles, and bilge pumps.
- **Kayak Know-How**: Understand the differences between recreational, whitewater, and sea/touring kayaks, including how their design (length, width, stability, and rocker) impacts performance. You'll also learn how to care for and store a kayak.
- Paddling Skills: Get a preview of basic strokes like the forward stroke, reverse stroke, and sweep, plus maneuvers like pivoting, moving sideways, and navigating a figure-8 course. We'll talk about how to safely capsize, perform a wet exit, and reenter a kayak with help.



• **BSA Swimmer Test**: To complete many of the badge requirements, you'll need to pass the BSA Swimmer Test (jump into deep water, swim 75 yards with strong strokes, and 25 yards with a resting backstroke).

Fun Facts to Get You Pumped

- Kayaking's roots trace back to the Inuit people, who built kayaks from seal skins and driftwood for hunting. The word "kayak" means "hunter's boat" in Inuit!
- Over 9 million Americans kayak, with recreational kayaking leading the way at 6.2 million participants.
- Kayaking is easier to learn than canoeing because of the double-bladed paddle, which helps beginners paddle straight in just 30 minutes of practice!

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Gear Tips & Tricks: End of Summer & Fall Scouting

Dry Out Gear: After summer camps, fully dry tents and sleeping bags to prevent mildew. Store them loosely in a cool, dry place.

Waterproofing: Apply waterproof spray to tents and backpacks. Check seams for leaks and seal them for fall's wetter weather.

Sleeping Pad Upgrade: Consider a foam or inflatable sleeping pad for extra insulation against cold fall ground.

Headlamp Check: Test headlamps and replace batteries. Add a small backup flashlight for shorter fall days and longer nights.

Pack Rain Gear: Include a lightweight rain poncho or jacket. Fall showers are common, and staying dry is key.

Organize Your Pack: Use stuff sacks or color-coded bags to keep gear organized and easy to find in dim fall light.

Sharpen Knives: Ensure pocketknives are sharp and rust-free. A dull knife is unsafe and less useful for camp tasks.

Layered Clothing: Pack moisture-wicking base layers, fleece mid-layers, and a windproof outer layer for unpredictable fall weather.

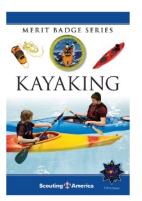
Tarp Trick: Bring a small tarp for extra shelter or ground cover. It's a lifesaver for wet campsites or gear protection.

Gear Repair Kit: Pack duct tape, needle, thread, and cordage for quick fixes to tents, packs, or clothing on fall trips.

Troop 52 Photo Albums:

If you need to check for the latest info, event photos or announcements, follow us on <u>Facebook</u> or on the <u>Troop 52 Website</u>

How to Prepare for the Meeting



1.Review the Requirements: Check out the Kayaking Merit Badge requirements at www.scouting.org/meritbadges to get familiar with what you'll need to do. Bring a notebook to jot down notes during the presentation.

2.Think Safety: Reflect on what hazards might come up on the water (e.g., sudden weather changes or cold water) and how you'd handle them. Be ready to discuss!

- **3. Gear Up Mentally**: Think about why life jackets and safety equipment are non-negotiable. If you've kayaked before, bring your experiences to share.
- 4. Get Excited for Hands-On Fun: While Monday's meeting is a primer, we have a scheduled outing, on Saturday July 26, to practice skills like paddling a figure-8 course or performing a kayak-over-kayak rescue. Start practicing your upper-body strength for those paddle strokes! We will continue to monitor the water conditions at Lake Travis.

Why This Matters

Earning the Kayaking Merit Badge isn't just about checking off requirements—it's about building confidence, teamwork, and respect for nature. Whether you're gliding through calm lakes or dreaming of tackling whitewater rapids someday, this badge is your first step to mastering the water. Plus, kayaking is a blast, and you'll have a great time learning with your Troop 52 buddies!

Join Us Monday Night!

Come to the troop meeting prepared to explore the world of kayaking.

See you on the water, Troop 52!

