

## Canoe Trip handout things:

### Buddy System:

Scouts should choose buddies. These buddies will be canoe mates and tent mates

Where possible, buddies with canoe experience should choose a buddy without experience.

Two unexperienced scouts should not buddy together.

If you are kayaking, you still need a buddy.

### Buddy Boats:

Canoeists should buddy with another canoe

Each Kayaker should buddy with another kayaker

### Kayaks:

There will be a limited number of kayaks; we will have at least 8. We're still trying to arrange to have more.

We will distribute kayaks based on rank and merit badges (canoe & kayak MB's).

Choose a buddy; you will be buddies whether you are in a canoe or a kayak.

Those with the canoe or kayak merit badges are expected to help those who lack those skills. This is especially true for those in kayaks; we need your leadership and mentorship on this trip.

### If you bring your own canoe or kayak:

You must be a first-class scout or above

You must have a canoe or kayak merit badge

You must provide your own PFD & paddle(s)

You must have a buddy & buddy boat

### Packing:

Pack light. We're only staying one night, and it won't be cold.

Everything has to go into your canoe.

Remember, whatever you pack WILL GET WET. If you don't want it to get wet, pack it in a dry bag. ziplok bags will work for snacks and your lunch.

Get with your buddy and bring only one tent between the two of you.

If you have a jet boil, bring it.

If you have a water purifier, bring it.

### Clothing:

It will be sunny, so bring a wide-brimmed hat and plenty of sunscreen. Sun will come off the water as well as from above.

Light long-sleeve shirts or long pants are OK. Zip-off pants are ideal.

YOU WILL GET WET. Wear quick-dry clothing if possible, including underwear.

Wear water shoes in the canoe. Bring other shoes/boots to wear on the island.

Bring light clothing for bed - do not go to bed wet.

**Meals:**

We're expecting Scouts to have already eaten breakfast before arriving at launch point.

Scouts should bring plenty of water with them. Two water bottles already filled is a good idea.

Bring light snacks (trail mix, granola bars, etc.) for eating on the water.

Bring a small lunch to eat. We will stop briefly to eat on Saturday.

**Dinner:**

We will make camp in the afternoon and eat early evening on Freeze Island.

Dinner will be freeze-dried MRE-style meals.

We will share purified water and jet boils to heat the water for the MRE's.

The troop will provide the MRE's

The troop will provide granola bars, etc. to eat before we shove off Sunday morning.

**Conditions:**

Water in the Colorado right now is low, slow and clear.

Average depth is 3-4 feet.

Water is moving at only 3-4 mph, so we will have some paddling to do.

**Agenda Overview:****Saturday (8 miles):****8am:**

Meet at 969 bridge at 8 am

Distribute canoes/kayaks, Paddles, PFD's

**9am:**

Review buddy system

Shove off

**12noon:**

Lunch on the water or island

replenish water as needed

**1pm:**

Review buddy system

Shove off

**3pm:**

arrive Freeze Trip Island

secure boats

make camp

swim/play

work on canoe merit badges (swamping canoes, etc.)

dinner/"campfire"

**10pm:**

Taps

**Sunday ( 6 miles):**

**7am:**

- Revelie
- breakfast
- pack & prepare boats

**9am:**

- Review buddy system
- Shove off

**12noon:**

- arrive Fisherman's Park
- unload boats
- return boats/PFD's/paddles
- pack up and return to vehicles (if necessary)

|  | <b>Suggested Packing List</b>                                       |
|--|---|
|  | <b>For on the river:</b>  |
|  | Hat (wide brim)   |
|  | Shirt (long sleeve or short, quickdry recommended)                  |
|  | shorts/pants (quickdry recommended; zip-off pantlegs ideal)         |
|  | Swim shoes  |
|  | socks (optional; wool or synthetic)                                 |
|  | River underwear (synthetic/ quickdry recommended)                   |
|  | First Aid Kit   |
|  | PFD/Livevest (optional; required if bringing your own canoe/ kayak) |
|  | paddle (optional; required if bringing your own canoe/kayak)        |
|  | Sunscreen   |
|  | Sunglasses (optional; with strap)                                   |
|  | Insect repellent (optional)   |
|  | lip balm (optional)   |
|  | Lunch (in ziplok bag)   |
|  | Snacks (in ziplok bag)  |
|  | Water bottle (bring 2 if you can; collapsable bottles pack well)    |
|  | carabiners (optional; for attaching things to the canoe)            |
|  |   |

|  | <b>Suggested Packing List</b>  |
|--|--|
|  | <b>For the campsite:</b>   |
|  | swim trunks (optional)   |
|  | shirt  |
|  | shorts/pants   |
|  | light shoes/boots  |
|  | socks  |
|  | underwear  |
|  | sleep clothes  |
|  | sleeping bag (in dry bag)  |
|  | sleeping pad (optional)  |
|  | tent (share one tent with your buddy)  |
|  | mess kit/utensils/cup  |
|  | flashlight/headlamp  |
|  | knife (optional; with totin' chip)   |
|  | camp towel (quickdry is ideal)   |
|  | toiletry kit   |
|  | toilet paper   |
|  | small shovel   |
|  | large garbage bags & gallon ziplok bags (optional; for those items you forgot needed to be kept dry) |
|  | Jet Boil (optional; bring one to share if you have one)  |
|  | water purifier (optional; bring one to share if you have one)  |